

## **Freedom of Information Request M218-12**

### **What services do you currently provide for PTSD?**

NHS Manchester does not provide services but we do commission high intensity interventions (IAPT standard) for those affected by PTSD from Manchester Mental Health and Social Care Trust.

### **What Neuro-linguistic programming (NLP) services do you currently provide?**

None

### **Have you evaluated the availability of NLP for patients with PTSD, anxiety, depression and stress?**

No. This question should be directed to providers.

### **Are you allocating personal health budgets?**

Yes. NHS Manchester is a trailblazer site for PHBs and has a specific programme and team for this purpose.

### **Do you provide any services for ex military personnel? If so, any in relation to PTSD?**

Yes. We refer to the Military Veteran Mental Health Service based in Bury, and we provide specialist spot placements (residential settings) for military veterans who have complex and critical mental health problems