

Information Governance

Medical Directorate
NHS Grampian
Rosehill House
Foresterhill Site
Cornhill Road
Aberdeen
AB25 2ZG



BY EMAIL
Oliver Caswell
[request-950071-
a002d615@whatdotheyknow.com](mailto:request-950071-a002d615@whatdotheyknow.com)

Date 24 March 2023
Our Ref FOI/2023/167
Enquiries to Information Governance Team
Extension 51319
Direct Line 01224 551319
Email gram.foi@nhs.scot

Dear Mr Caswell

Freedom of Information (Scotland) Act 2002

I refer to your e-mail dated 15 February 2023, requesting:

I would be grateful if you could please answer the following questions with regards to both tier 3 and tier 4 weight management services within your Health Board.

Please answer as many questions as you can - If a question is not relevant, please state N/A.

Tier 3

- 1. Does your Health Board offer a tier 3 weight management service (or equivalent specialist weight management service)? Is it self-commissioned? If commissioned elsewhere, where (which health board/ social care trust)?*
- 2. For how many patients is your Health Board's tier 3 weight management service (or equivalent specialist weight management service) commissioned for?*
- 3. How many patients have been referred from your Health Board to a tier 3 weight management service (or equivalent specialist weight management service) in the past 12 months?*
- 4. What is the average waiting time to access your Tier 3 weight management service (or equivalent specialist weight management service) in the past 12 months?*

Tier 4

5. Does your Health Board have access to a tier 4 weight management service? If so, who Commissions it?

6. How many patients have been referred to your Health Board's tier 4 weight management service (or equivalent specialist weight management service) in the past 12 months?

7. What is the current number of patients on a waiting list for Tier 4 weight management services in your Health Board?

8. What is the average waiting time to access the Tier 4 weight management service?

OTHER

9. How many patients were referred through the 'local enhanced service for referrals' to weight management services in your Health Board?

I can now respond as follows:

Tier 3

1. Does your Health Board offer a tier 3 weight management service (or equivalent specialist weight management service)? Is it self-commissioned? If commissioned elsewhere, where (which health board/ social care trust)?

NHS Grampian does not offer a tier 3 Adult Weight Management Service.

2. For how many patients is your Health Board's tier 3 weight management service (or equivalent specialist weight management service) commissioned for?

Not applicable.

3. How many patients have been referred from your Health Board to a tier 3 weight management service (or equivalent specialist weight management service) in the past 12 months?

Not applicable.

4. What is the average waiting time to access your Tier 3 weight management service (or equivalent specialist weight management service) in the past 12 months?

Not applicable.

Tier 4

5. Does your Health Board have access to a tier 4 weight management service? If so, who Commissions it?

NHS Grampian provides a Tier 4 adult weight management service.

6. How many patients have been referred to your Health Board's tier 4 weight management service (or equivalent specialist weight management service) in the past 12 months?

161 referrals received between 1.3.22 and 28.2.23.

7. What is the current number of patients on a waiting list for Tier 4 weight management services in your Health Board?

Waiting for 1st appointment in service: 0

Waiting to start psychology/dietetic assessment: 58

Waiting for return clinic appointment: 28

On Surgical inpatient waiting list: 19

8. What is the average waiting time to access the Tier 4 weight management service?

Waiting for 1st appointment in service: 0 months

Ave length of time to start psych/diet assessment: 10 months

Average length of time waiting for return appointment: 4 months

Ave length of time for current patients on Surgical inpatient waiting list: 11 months

OTHER

9. How many patients were referred through the 'local enhanced service for referrals' to weight management services in your Health Board?

Not applicable.


Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Grampian has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commissioner.

A request for review must be made within 40 working days and should, in the first instance, be in writing to: Directorate of Corporate Communications, Foresterhill House, Foresterhill, Aberdeen, AB25 2ZB or by email to gram.foi@nhs.scot

Requests for appeal can be made by using the Scottish Information Commissioner's online service at www.itspublicknowledge.info/Appeal or should be made in writing to: Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS Telephone: 01334 464610, Fax: 01334 464611.

If you remain dissatisfied following an appeal to the Scottish Information Commissioner your recourse is to the Court of Session on a point of law.

Yours sincerely



Roohi Bains
Information Governance Manager & Deputy DPO
NHS Grampian