

Dereiss Gordon

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Our Ref: FOI-FC-1721-24.01.19

Dear Dereiss Gordon

14 February 2019

Re: your application under the Freedom of Information Act for information regarding waiting lists for mental health

I am writing in respect of your recent enquiry for information held by Barnet, Enfield and Haringey Mental Health Trust under the provisions of the Freedom of Information Act 2000 received on 24 January 2019.

You requested the following information:

- 1) What is the average waiting time for someone with a mental health illness involving depression, hearing voices, self-harm, suicidal etc to be tended to by a specialist, from first making contact with their local GP or hospital? (If the average isn't worked out, I will accept statistics so I can work it out myself).
- 2) How many patients were treated for depression in the years, 2016, 2017 & 2018? (Individual information).
- 3) How many patients got referred to the Mental Health Trust from another health institute. This includes organisations such as the local Hospital, a local GP and so on, in the years 2016, 2017 & 2018? (Individual information).
- 4) How long would the wait be for a new patient to get access to dialectical behavioural therapy, interpersonal therapy or cognitive behavioural therapy?
- 5) How many patients are on the current waiting list for the need of IAPT?
By this I mean how many people are on the waiting list for assessment and how long that wait is. As well as that, how many people are on the waiting list for treatment and how long do they have to wait from the assessment date until treatment.
I would like the information split into four categories; males aged 25 & under and males aged 26 & over. Also, women aged 25 & under and woman aged 26 and over.

We have dealt with your request under section 1(1) of the Freedom of Information Act which entitles you to be provided with any information held by a public authority, unless an appropriate exemption applies.

Please find below our response:

1. GP referral to first appointment

Year	Average Days Wait
2016-2017	32.90
2017-2018	41.14
2018-2019	44.43
Grand Total	39.20

2. This is using diagnosis description with 'Depression'.

Year	No of Clients
2016	883
2017	859
2018	736
Grand Total	2478

3.

Year	No of Referrals
2016	47755
2017	51571
2018	49954
Grand Total	149280

4. Information not held.

5. **BARNET IAPT** : Total number of eligible / accepted referrals waiting for an assessment are **750** and waiting time up to 5weeks.

Barnet Step2 w/l			
By Gender	25 & Under	26 & Over	Grand Total
Female	67	229	296
Male	23	118	141
Grand Total	90	347	437

Current waiting time for Barnet Step2 treatment: up to 6 months

Barnet Step3 CBT			
By Gender	25 & Under	26 & Over	Grand Total
Female	111	281	392
Male	39	155	194
non Binary	1		1
Grand Total	151	436	587

Current waiting time for Barnet Step3 CBT treatment: up to 6 ½ months

Barnet Step3 Counselling			
Gender	25 & Under	26 & Over	Grand Total
Female	14	48	62
Male		20	20
Grand Total	14	68	82

Current waiting time for Barnet Step3 Counselling treatment: up to 3 ½ months

ENFIELD IAPT : Total number of eligible / accepted referrals waiting for an assessment are **266** and waiting time up to 7weeks.

Enfield Step 2 w/I			
By Gender	25 & under	26 & over	Grand Total
Female	16	71	87
Male	9	38	47
Grand Total	25	109	134

Current waiting time for Enfield Step2 treatment: up to 4 months

Enfield Step 3 CBT (CBT,EMDR,IPT,Couple)			
By Gender	25 & under	26 & over	Grand Total
Female	105	337	442
Male	40	170	210
Transgender		1	1
Grand Total	145	508	653

Current waiting time for Enfield Step3 CBT treatment: up to 11 months

Enfield Step3 counselling (DIT)			
By Gender	25 & Under	26 & Over	Grand Total
Female	23	137	160
Male	5	49	54
Grand Total	28	186	214

Current waiting time for Enfield Step3 Counselling treatment : upto 8 months

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Yours sincerely



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Assistant Trust Board Secretary