

Freedom of Information Team

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Reference Number: FOI 42380

Thursday 03 April 2014

Emailed to: *request-205205-e0a212f6@whatdotheyknow.com*

Dear Mr Smith

FREEDOM OF INFORMATION ACT 2000

We have received your request for information as detailed below:

· Number of outpatient appointments with the following conditions:

- o Mild to moderate depression –*
- o General anxiety disorder –*
- o Stress –*

· Number of outpatients for each condition referred to a specific individual or group therapy programme such as cognitive behavioural therapy –

- o Mild to moderate depression –*
- o General anxiety disorder –*
- o Stress –*

· Number outpatients for each condition offered the following prescription drugs:

o Mild to moderate depression

- § Benzodiazepines –*
- § Pregabalin –*
- § Serotonin and noradrenaline reuptake inhibitors –*
- § Selective serotonin reuptake inhibitors -*
- § Valium –*
- § Other antidepressants -*
- § Other medication -*

o General anxiety disorder

§ Benzodiazepines –

§ Pregabalin –

§ Serotonin and noradrenaline reuptake inhibitors –

§ Selective serotonin reuptake inhibitors -

§ Valium –

§ Other antidepressants -

§ Other medication -

o Stress

§ Benzodiazepines –

§ Pregabalin –

§ Serotonin and noradrenaline reuptake inhibitors –

§ Selective serotonin reuptake inhibitors -

§ Valium –

§ Other antidepressants -

§ Other medication -

· Number of outpatients referred to a specific individual or group exercise programme such as 12-week GP referral schemes

o Mild to moderate depression –

o General anxiety disorder –

o Stress –

· Number of outpatients offered information and advice about getting active for mental wellbeing

o Mild to moderate depression –

o General anxiety disorder –

o Stress –

Your request was received on Wednesday, 02 April 2014 and the Trust is managing it under the requirements of the Freedom of Information Act 2000. I am in the process of collating this information and hope to be in a position to respond to you shortly.

In some circumstances a fee may be payable and if that is the case you will be advised and a fees notice issued. You will be required to submit your remittance before the Trust is able to proceed with your request.

If you have any queries about this request, please do not hesitate to contact us.

Yours sincerely

Freedom of Information Act Officer