

Freedom of Information Request
Number: 1196
Applicant: Jamie Smith (whatdotheyknow.com)
Request Date: 02/04/2014
Due Date: 01/05/2014

Request:

I am writing to request the following information for the calendar year between 1st January 2013 and 1st January 2014:

The total number of outpatients diagnosed with the following conditions:

- Mild to moderate depression
- General anxiety disorder
- Stress

Furthermore, I would like receive information for:

The total number of the above for each condition who were prescribed, issued or recommended the following as a result of their condition:

- Referral to a specific individual or group therapy programme such as cognitive behavioural therapy
- Prescription drugs (see below)
- Referral to a specific individual or group exercise programme such as 12-week GP referral schemes
- Information and advice about getting active for mental wellbeing

Where the option to refer to one of the above was not available (for example, if a specific exercise programme does not exist for each condition's pathway in the local area, please include this acknowledgement).

Where more than one option was offered, please include '1' entry for each pathway offered (for example, where a patient demonstrating anxiety disorder was offered both prescription drugs and active lifestyle advice please include '1' entry for each).

Where prescription drugs were offered, please specify which drug was offered for each patient from the list below:

- Benzodiazepines
- Pregabalin

· Serotonin and noradrenaline reuptake inhibitors · Selective serotonin reuptake inhibitors · Valium · Other antidepressants · Other medication

I would appreciate if the information was set out in the following format. For example:

· Number of outpatient appointments with the following conditions:

o Mild to moderate depression – 75 outpatients o General anxiety disorder – 68 outpatients o Stress – 92 outpatients

· Number of outpatients for each condition referred to a specific individual or group therapy programme such as cognitive behavioural therapy –

o Mild to moderate depression – 35 outpatients o General anxiety disorder – 22 outpatients o Stress – 38 outpatients

· Number outpatients for each condition offered the following prescription drugs:

o Mild to moderate depression

§ Benzodiazepines – 2 outpatients

§ Pregabalin – 4 outpatients

§ Serotonin and noradrenaline reuptake inhibitors – 3 outpatients § Selective serotonin reuptake inhibitors - 0 outpatients § Valium – 14 outpatients § Other antidepressants - 8 outpatients § Other medication - 5 outpatients

o General anxiety disorder

§ Benzodiazepines – 0 outpatients

§ Pregabalin – 2 outpatients

§ Serotonin and noradrenaline reuptake inhibitors – 1 outpatients § Selective serotonin reuptake inhibitors - 0 outpatients § Valium – 9 outpatients § Other antidepressants - 7 outpatients § Other medication - 3 outpatients

o Stress

§ Benzodiazepines – 6 outpatients

§ Pregabalin – 7 outpatients

§ Serotonin and noradrenaline reuptake inhibitors – 10 outpatients § Selective serotonin reuptake inhibitors - 15 outpatients § Valium – 7 outpatients § Other antidepressants - 8 outpatients § Other medication - 5 outpatients

· Number of outpatients referred to a specific individual or group exercise programme such as 12-week GP referral schemes

o Mild to moderate depression – 12 outpatients o General anxiety disorder – 5 outpatients o Stress – 7 outpatients

· Number of outpatients offered information and advice about getting active for mental wellbeing

o Mild to moderate depression – 34 outpatients o General anxiety disorder – 28 outpatients o Stress – 37 outpatients

Response:

We regret that we are not able to provide the requested information regarding medication prescribed, group therapy programmes, and advice offered to individual patients about exercise programmes and getting active for mental wellbeing as this data is not routinely extracted centrally.

To locate and extract the requested data would involve accessing thousands of individual patient records and it is not possible to do this within the appropriate limit.

Under Section 12 of the Freedom of Information Act 2000 a public authority is not obliged to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit.

The appropriate limit for the NHS is £450 (based on £25 per person per hour to locate and extract the requested data).

The Trust is, therefore, unable to comply with this part of the request .

However, the attached list gives a breakdown of the number of outpatients diagnosed with mild to moderate depression, general anxiety and stress disorder.

Data:

Summary: There will be multiple entries for clients who have been referred to different teams.

Team	Mild to Moderate Depression	General and Anxiety Disorder	Stress Disorder	Total
Cassel outpatients	1	0	0	1
Ealing Adult Early Intervention Service	7	0	0	13
Ealing Adult OT INPATIENT	32	9	0	77
Ealing Art Therapy Service	12	5	15	32
Ealing Assessment Team	126	23	125	274
Ealing CAMHS Adolescent CommunityService	4	4	12	20
Ealing Eating Disorders	10	0	0	10
Ealing Music Therapy	11	2	15	28
Ealing Psychotherapy	32	10	18	60
Ealing Recovery Team East	109	16	68	193
Ealing Recovery Team West	75	16	54	145
Ealing STEP	1	0	1	2
Forensic Outreach Service	3	0	5	8
Gender Identity Clinic	2	1	2	5
H&F Assessment Services Outpatient	24	4	33	61
H&F Early Intervention Service	1	0	0	1
H&F Recovery Service South	3	1	4	8
HF Recovery Service North	2	0	1	3
Hounslow AOT	1	0	0	1
Hounslow Assessment Team	237	50	132	419
Hounslow Early Intervention Service	2	1	5	8
Hounslow Psychotherapy	29	7	15	51
Hounslow Recovery Team East	69	16	53	138
Hounslow Recovery Team West	75	17	59	151
Ealing Home Treatment Red Team	70	10	62	142
H&F Assessment Crisis Service	101	17	150	268
Ealing Cognitive Impairment Dementia CID	22	4	9	35
ECRHT Liaison	84	10	87	181
H&F Crisis Resolution - South	22	2	51	75
Ealing Home Treatment Blue Team	47	8	72	127
Hounslow Home Treatment Team	175	27	217	419
Hounslow Eating Disorders	4	0	4	8
HF Treatment and Recovery Team	94	18	94	206
ECT Team	0	1	0	1
H&F Crisis Resolution - North	32	6	55	93
H&F Vocational Team	14	2	13	29
H&F Assessment Service	56	10	67	133
OPS H&FDay Hospital	1	1	1	3

H&F Psychotherapy	7	3	8	18
HF Art Therapy	8	0	5	13
HF Cognitive Impairment Dementia CID	9	2	4	15
Hounslow Camhs Adolescent Team	6	3	25	34
Hounslow Cognitive Impairment Dementia	20	3	12	35
Ealing CAMHS Acton SAFE 0 12	0	1	0	1
H&F Camhs Outpatients	20	7	37	64
H&F Camhs PMHW	2	0	5	7
Hounslow Music Therapy	1	0	1	2
Cassel Outreach Service	2	0	2	4
Ealing CAMHS Neurodevelopment Service	2	0	0	2
Hounslow Camhs NDT Outpatients	0	0	2	2
Hounslow Camhs looked After Children	0	0	1	1
Hounslow Camhs EIT	0	1	2	3
Ealing CAMHS Hanwell & Southall 0 18 SAFE	0	1	0	1
Ealing Camhs Southall SAFE 0 12	0	0	1	1
Hounslow Camhs Children & Family Team	2	2	16	20
Ealing CAMHS Acton & Ealing 018 SAFE	1	1	2	4
HF Personality Disorder Service	2	0	4	6
Ealing Camhs Adolescent SAFE 12 18	1	0	0	1
Ealing CAMHS FYPS	8	4	15	27
Ealing CAMHS Paed'tric Liaison Service	1	1	3	5
H&F Camhs Psychology	1	2	0	3
H&F Camhs Youth Offending Team	0	0	1	1
Hounslow CAMHS SISP	0	0	1	1
H&F Camhs looked After Children	0	0	1	1
Ealing Camhs Northolt Safe 0 12	0	1	0	1
Ealing CAMHS Youth Offending Service	0	0	1	1
Grand Total	1683	330	1690	3703