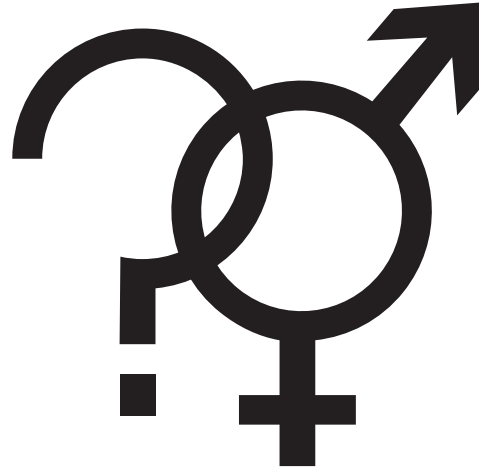


Folate, Cholesterol, Triglycerides, Fasting Blood Sugar, TFT's, SHBG, FSH, LH, Prolactin, Testosterone and Oestradiol. In addition to the physical examination a examination of the sexual characteristics would be highly desirable

- b) From the local Sector Psychiatry Team; this is to provide diagnosis, rule out any acute Mental illness and support the referral. If the client is referred from outside the local area the Gender Identity Service would always recommend that the sector psychiatry team remain involved throughout their involvement in the service to provide local, accessible support.
- c) A letter is also required from the local Primary Care Trust confirming funding for treatment (Only required for referrals from outside Yorkshire & Humber)

If you require any further information please request to see our Service Operational system.



## Leeds Gender Identity Service

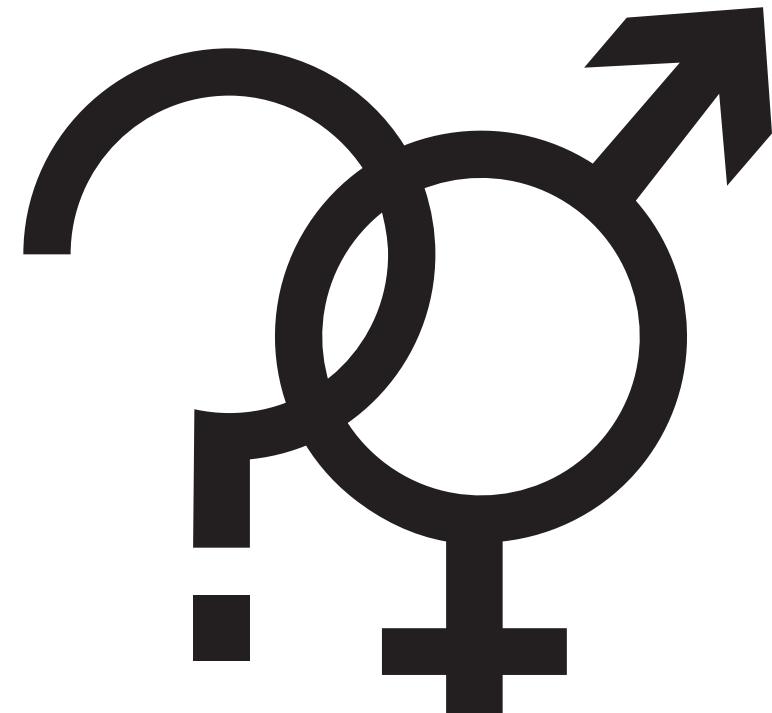
# Information for Referrers

### Contact Address:

Leeds Gender Identity Service,  
Management Suite,  
Newsam Centre,  
Seacroft Hospital  
York Road,  
Leeds LS14 6UH

### Information for Referrers Telephone & Ansaphone:

**T:** (0113) 3056346  
**F:** (0113) 3056483  
**E:** [shirleyfleming@nhs.net](mailto:shirleyfleming@nhs.net)



## What is the Leeds Gender Identity Service?

The Leeds Gender Identity Service is primarily a service for those clients within the Yorkshire & Humber area with additional 'Out of Area' Service Level Agreements.

The Service is a specialised tertiary service for adults 18 years of age and over, managed within the Specialist Services Directorate, Leeds Partnerships NHS Foundation Trust.

### It includes:

The Core Team: comprising of a Clinical Team Manager, a Consultant Psychiatrist who is the Clinical Lead within the service, four Clinical Nurse Specialists, One Occupational Therapist, a Doctor with special interest in Endocrinology who runs the hormone reassignment clinic, a Pharmacist who also has a prescribing role and a Team Administrator.

### Surgical Team

The main surgical team used by the LGIDS is based in the south of England however other specialist surgeons can be used as appropriate

### What services are available from the CoreTeam?

The service provides a time-limited Pathway of Care for the maximum of three-year duration. However individual treatment is reviewed regularly

- 1 Detailed assessment over a three-six month period.
- 2 One-to-one support for gender transition including psychological counselling, psychosocial interventions, voice coaching, education, advocacy, information, and work with other agencies.
- 3 Regular multidisciplinary team reviews.
- 4 Monitored and supported hormone reassignment.
- 5 Referral to specialist surgeons for physical gender reassignment as appropriate.
- 6 Post-operative support and education which is usually provided over a one year period.
- 7 Referral to other agencies, if required.
- 8 The provision of Second Opinions to other Specialist Gender Identity Services regards suitability for surgical reassignment.
- 9 Shared care arrangements with General Practitioners for hormone reassignment therapy.
- 10 Educational attachments for those practitioners with a special interest in gender issues in transsexuality.
- 11 "One off" Consultations in relation to Gender Dysphoria.
- 12 For those clients who have already begun their journey of transition and can provide evidence to support this as per standards of care used within the service, a more condensed care pathway can be agreed.

### Services that are not available through the Gender Identity Service

- 1 Referrals for facial surgery

### Do Service Users have any input?

**Yes.** We have a group of ex-Service Users who contribute to the development of the Service. We actively seek the views of current Service Users and have developed a satisfaction questionnaire to help collect these views.

### How is the service accessed?

The service will need to receive two referrals before a client can be placed on the waiting list. These would include:

- a) a General Practitioner letter; this is to support a referral into the service and show commitment to shared care arrangements for hormonal treatment. We require GP surgeries to administer injections. The service prescribing team will be responsible for prescribing, monitoring and providing the prescriptions, however administrating the treatment will need to take place locally.

The client will be discharged from the prescribing clinic back to their GP once a client is stable on hormone treatment or is discharged from the Gender Identity service.

The GP would need to provide an up to date physical examination report and blood test results. The blood tests required are: FBC, U&E's, Gamma GT, Serum, Calcium, B12 &