

Trans Inclusion in Grassroots Sport and Physical Activity



‘Trans Inclusion in Grassroots Sport and Physical Activity’ is an entry-level session that introduces the key information people need to know to support and work with trans people in grassroots sport and physical activity settings.

This full-day session begins with general trans awareness and understanding, then builds on these foundations with issues specific to grassroots sport and physical activity including changing facilities, single gender activities and teams, safety and competition.

We will explore trans people’s experiences, the barriers trans people may face, and practical ways to enable participation and deliver good customer service for all.

At the end of the session, delegates will have:

- An appreciation of how sex, gender and sexual orientation interact
- Improved understanding of diverse trans identities and experiences
- Increased confidence around language
- A basic grounding in the key laws relating to trans people
- Knowledge of practical ways to be trans inclusive in sport and physical activity settings
- Greater confidence in working with trans people, both adults and young people
- Information about helpful resources

This session is focussed on grassroots participation / inclusion; it does not address elite sport.

Who Can Attend?

These sessions are funded by Sport England for NGBs, Active Partnerships and a small number of selected other sports / physical activity bodies. Places on the sessions are available by **invitation only**. Each invited organisation can send **one** delegate. There is no charge to attend.

Each session is for a maximum of 15 people to enable an interactive learning environment

More sessions are planned later in 2019 to which organisations will be able to send further delegates.

BOOKING IS ESSENTIAL

Time: All sessions are 09:15 arrival for a prompt 09:30 start – 16:30

Dates: **Central London:** Tuesday 6th August, Thursday 8th August, Tuesday 27th August
Loughborough: Friday 16th August, Thursday 22nd August, Thursday 29th August
Manchester: Monday 19th August

Venues: The London venue is Sport England, 21 Bloomsbury Street, London, WC1B 3HF
The Loughborough venue is SportPark, 3 Oakwood Dr, Loughborough, LE11 3QF
The Manchester Venue is National Cycling Centre, Stuart St, Manchester M11 4DQ

Booking: **To book your place**, please complete the [short online form here](#), specifying which date you would like to attend. If you have any trouble completing the booking form please email [REDACTED] at training@genderedintelligence.co.uk

In house sessions will also be available on a chargeable basis. Contact [REDACTED] for prices and availability.

Detailed Session Outline:

Trans Inclusion in Grassroots Sport and Physical Activity



Delivered by **Gendered Intelligence:**
“Everyone can be more intelligent about gender”

The session is based around interactive exercises, encouraging participants to get involved in thinking through what trans means and ways to achieve equality, inclusivity and participation in practice.

Introduction and Expectations

The Wider Context

- Sex, gender and sexual orientation – how do they interact?

Language, Terminology and the Diversity of Trans Lives

- What does ‘trans’ mean?
- The diversity of trans lives
- Straightforward guidance on managing language; key terms

The Law and Trans People

- The Equalities Act (2010); The Gender Recognition Act (2004)
- Sport and the law

Becoming Trans Aware and Trans Inclusive

- The real experiences of trans people in sport and physical activity
- Exploring barriers and access to participation
- Considering facilities, single gender activities / teams, safety, competition and more

Reflections and Next Steps

- Identifying action points
- Final questions

Resources

- Other organisations, free online resources and reports

Summary, Evaluation and Close