

**DIRECTED ENHANCED SERVICE (DES)**  
**LEARNING DISABILITIES HEALTH CHECK SCHEME SPECIFICATION**

<b>Part 1: Activity and Resources</b>
---------------------------------------

**1.1 INTRODUCTION**

The purpose of this scheme is to deliver annual health checks to registered patients aged 18 or over with learning disabilities.

**1.2 SERVICE SPECIFICATION**

**1.2.1** The Contractor is required to set up and agree with the PCT a **Health Check Learning Disabilities Register**. The purpose of the register is to identify those registered patients with learning disabilities who should be invited for an annual health check under these arrangements.

**1.2.2** The Contractor needs to establish which of their registered patients need to be included on the **Health Check Learning Disabilities Register**. Two sources of information should be used by the Contractor to formulate the **Health Check Learning Disabilities Register**:

- Patients on the Local Authority Social Services List, and
- Patients on the Quality and Outcome Framework (QOF) Learning Disability Register

**1.2.3** The Local Authority learning disability information will be shared with the Contractor to comply with Data Protection and Caldicott requirements. The PCT will facilitate data transfer.

**1.2.4** A requirement that the Contractor takes reasonable steps to check the **Health Check Learning Disabilities Register** is kept up-to-date throughout the period of the arrangement by removing and adding registered patients as appropriate. The Contractor must notify the Strategic Health Facilitators in writing of the patient's name and its reason for including (e.g. new patient) or removing (e.g. patient moved from area).

**1.2.5** In line with Clause 1.2.4 the Contractor should contact the Strategic Health Facilitators at the following address:

**Manfield Court, Manfield Hospital, Kettering Road, Northampton NN3 6NP**

**1.2.6** No patients may be added to the **Health Check Learning Disabilities Register** in March 2012 once the Register has been agreed with the PCT.

**1.2.7** The Contractor will offer an annual health check to each of its patients on its **Health Check Learning Disabilities Register**.

The following Read Codes are recommended:

	<b>Read v2</b>	<b>Read CTV3</b>	<b>Snomed CT</b>
Learning disability health examination	69DB.	XaPx2	381201000000100

**1.2.8** Where a patient consents, the health check provided to that person under these arrangements will involve any carer, support worker or other person considered appropriate by either the patient or the Contractor.

**1.2.9** The health check should include as a minimum:

- A review of physical and mental health that includes:
  - Relevant health promotion advice
  - a chronic illness and systems enquiry
  - a physical examination
  - a consideration of whether the patient suffers from epilepsy
  - a consideration of whether the patient suffers from dysphagia
  - a consideration of the patient's behaviour and mental health
  - a specific syndrome check
- A check on the appropriateness of any prescribed medicines
- A review of co-ordination arrangements with secondary care
- Where appropriate a review of any transition arrangements of the patient attaining the age of 18

**1.2.10** The Contractor will use in carrying out any health check either:

- the local PCT agreed health check protocol (available on the Intranet)
- the Cardiff health check protocol through the Royal College of Practitioners website, or

**1.2.11** The training session must include instruction upon overcoming any attitudinal and barriers of the staff with a view to improving communications with patients with learning disabilities.

**1.2.12** Health checks should result in the production of a **health action plan** recorded in the patient's personal medical record. Where possible, and with the consent of the patient a copy of this annual health check and

health action plan should be sent to the **Health Check Reviewer** on SAFE HAVEN FAX Number : This is part of the **Health Check Reviewer project** as agreed with the LMC and Nene Commissioning. A copy can also be provided to the patient. The Contractor should record any refusal by a patient to take up the offer of a health check.

**1.2.13** Contractors should liaise with relevant local support services such as Social Services and education support services in addition to learning disability health professionals.

**1.2.14** Strategic Health Facilitators are available to discuss the format of the health check and any aspects of this scheme. Contact details are as follows:

Kathryn Joseph  
 Manfield Health Campus  
 Manfield Hospital  
 Kettering Road  
 Northampton  
 NN3 6NP  
 Tel: 01604 678135 & 678137  
 Email: [Kathryn.Joseph@northants.nhs.uk](mailto:Kathryn.Joseph@northants.nhs.uk)

**1.2.15** The recommended Read Codes (in line with those used for the QOF learning disabilities register) to be used when establishing a health check learning disabilities register are as follows:

	Read v2	Read CTV3	Snomed CT3
Mental retardation	E3...%	E3...%	91138005 86765009% 61152003% 31216003% 40700009% 401201000000109 410331000000103% 192157003 192154005%
[X]Mental retardation	Eu7..%	Included in E3...%	Included in 91138005%
[X]Developmental disorder of scholastic skills, unspecified	Eu81z	Eu81z	192577001
[X]Mild learning disability	Eu816	XaREt	526331000000104
[X]Moderate learning disability	Eu814	XaQZ3	508191000000109

[X]Severe learning disability	Eu815	XaQZ4	508171000000105
[X]Profound learning disability	Eu817	XaREu	526341000000108
On learning disability register	918e.	XaKYb	416075005

### 1.3 RESOURCES

Clinical system templates are available on the PCT Intranet and further guidance can be found on <http://www.gptom.com>

## Part 2: Payment Mechanism

**2.1** Payment is dependent upon the PCT receiving the numbers of registered patients on the **Health Check Learning Disabilities Register** who have received a health check under this contract arrangement ending on **31<sup>st</sup> March 2012 by the 28th April 2012.**

**2.2** Payment:

<b>£102.16</b> per health check – only one health check per patient can be claimed in each year	Report into the PCT by <b>28<sup>th</sup> April 2012</b>	Payment will be made following receipt of report.
---	--	---

**2.3** See payment criteria below:

- **Late** submissions (**after 28th April 2012**) will result in **nil** payment
- **No** submission will result in **nil** payment

**2.4** Payment will be made following verification of any report in each year.

**2.5** The Contractor will not be paid for reports that are incomplete or do not fulfil the requirements of 2.1.

## Part 3: Performance Management

**3.1** The Contractor must agree the Health Check Learning Disabilities Register with the Strategic Health Facilitator.

**3.2** The Health Check Learning Disabilities Register will have been formulated from the Practice List of Learning Disability patients and the Local Authority List to arrive at a definitive list.

**3.3** Patients may be added or removed from the List in accordance with the specification as outlined in Part 1.

- 3.4** The Contractor will produce an annual report by **28<sup>th</sup> April 2012** which records the number of patients who have received an annual health check. The reports must be submitted to the PCT via the ESCLAIMS mailbox: [ESCLAIMS@northants.nhs.uk](mailto:ESCLAIMS@northants.nhs.uk)