

## Services for women experiencing multiple disadvantages

### SPECIALIST NETWORK response

<p>1)What services are you currently commissioned to deliver specifically for women affected by:</p> <p>substance use problems mental health problems homelessness involvement in offending</p>	<p>Secure Services at Guild Lodge are gender sensitive and underpinned by principles of empowerment, respect and dignity. Women's secure services reflect the essential differences in women's social and offending profiles; their mental distress and complex patterns of behaviour; and their care and treatment needs.</p> <p>Our Women's secure services have:</p> <ul style="list-style-type: none"> <li>• Single sex living environment.</li> <li>• Access to a range of single sex therapeutic opportunities.</li> <li>• Our policies and procedures meet the specific needs of women.</li> </ul> <p>We are commissioned to provide care to women reflecting a recovery and outcome based whole care pathway approach based on the 8 My Shared Pathway outcome areas for secure services. Included in these 8 outcome areas is Recovery from Drug and Alcohol problems (which would cover substance use problems); My mental Health Recovery (which would cover mental health problems); and Stopping Problem Behaviours (which would cover involvement in offending). We are not directly commissioned to offer a service to homeless women.</p> <p>We offer assessment, treatment and management (including self-management) of risk of harm to others. Treatment is based on NICE and other national guidance and evidence based practice and may include medication, psychological therapy and social interventions. This will include Specialist offence related treatment programmes delivered either individually or within groups by appropriately qualified and experienced staff trained in their use. Offence analysis and formulation will underpin interventions to address risk and offending behaviour. Types of intervention may include: Cognitive Behavioural Therapy, Dialectical Behaviour Therapy, schema therapy, positive behavioural support, mentalisation. Intervention may include:</p> <ul style="list-style-type: none"> <li>• sex offender treatment</li> <li>• fire setting interventions,</li> <li>• substance misuse programmes,</li> <li>• thinking skills and problem solving,</li> <li>• anger management,</li> <li>• violent offender management programmes.</li> <li>• Use of Section17 (S17) leave for rehabilitation and assessment.</li> </ul>
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2) For each type of service commissioned:	
Who is the service manager and what are their contact details?	Sarah Heys, Acting Assistant Network Director <a href="mailto:sarah.heids@lancashirecare.nhs.uk">sarah.heids@lancashirecare.nhs.uk</a>
How many women can they support at any one time?	We have 9 medium secure beds, 8 low secure beds, 8 forensic step down beds.
When does the current contract end?	The contract is on a rolling 2 year programme and is due for renewal on the 31 <sup>st</sup> March 2017

#### **ADULT COMMUNITY NETWORK response**

What services are you currently commissioned to deliver specifically for women affected by: substance use problems; mental health problems; homelessness; involvement in offending **None at present, so this is a null response from the Adult Community network**

#### **MENTAL HEALTH NETWORK response**

1)What services are you currently commissioned to deliver specifically for women affected by:  substance use problems mental health problems homelessness involvement in offending	The Mental Health Network in Lancashire Care NHS Foundation Trust (LCFT) is not commissioned to provide services specifically for women. The services provided by LCFT which are accessed by women with Mental Health problems are:  Mindsmatter Community Mental Health Services Rehab and Restart Services Crisis and Home Treatment Specialist Triage, Assessment, Referral and Treatment Traumatic Stress Service Clinical Treatment team Personality Disorder Management
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	<p>ADHD Service Inpatient services Mental Health Response Service</p> <p>LCFT does provide Perinatal services which is to provide women with the opportunity to have their mental health needs identified and assessed and be offered effective support, advice and treatment during the perinatal period.</p>
<p>2) For each type of service commissioned:</p> <p>Who is the service manager and what are their contact details?</p> <p>How many women can they support at any one time?</p> <p>When does the current contract end?</p>	<p>As there is no specific service dedicated to women this information is not available.</p> <p>LCFT is not commissioned to provide services on specific caseloads. Within inpatient services there are 109 dedicated female acute beds for and 14 dedicated female Psychiatric Intensive Care Unit (PICU) beds. Additionally, there are 42 specialist Older Adult Beds for females.</p> <p>The contract is a rolling 3 year block contract to deliver Mental Health Services, not specifically for females.</p>