

Llais Penglais





October 2016

Dear Parents and Guardians

Welcome to our first newsletter of the academic year. We are extremely proud of everything we have to offer at Penglais and hope you find the articles informative and interesting.

I have been at Penglais for fifteen years and know the pupils and staff extremely well. My previous posts have included Deputy Head teacher, Assistant Head teacher, SENCO and Assistant Head of Sixth Form. I have taken on the role as head teacher for the next twelve months, and with the assistance of an excellent team of senior leaders look forward to taking the school from strength to strength.

There will be a letter arriving with you shortly regarding attendance to school. I cannot stress how important it is for pupils to attend school regularly. Pupils should only take time off if absolutely necessary and we will be introducing an increased number of rewards for those pupils whose attendance is excellent.

I would like to take the opportunity to thank you all for the effort you have taken over uniform but would also like to remind you of our high expectations. Please read the uniform policy inside this newsletter.

There will be questionnaires sent to both pupils and parents in the forthcoming weeks as we would like to evaluate our current uniform and see if there is any demand for change.

All of our pupils are now aware of our new SIMS systems and how we are recording effort and behaviour in lessons. All pupils should be receiving merits during every lesson and this will be communicated with you at home in due course. All pupils should be putting in maximum effort in every lesson and their books should reflect this. Can you support us in school by checking your child's exercise books regularly and encourage them to keep them neat, well presented and ensure every piece of work is of the highest standard.

We want to provide the best possible education for all of our pupils at school and celebrate their achievements wherever possible. Our staff are a very committed team who work tirelessly to ensure success in all areas of school life.

I look forward to working with you in partnership to secure every success for our pupils.

Should you wish to discuss anything relating to our newsletter please do not hesitate to get in touch.

Mrs H.G.Griffiths
Acting Headteacher

Uniform Policy and Consultation

We are currently running a consultation with regard to School Uniform. We are considering updating the uniform and would like your opinion. All parents will have received a questionnaire. We will also be asking the opinions of pupils and staff.

There are several reasons for considering changing our uniform. The first of these is that we want to have an updated uniform which helps us build a pride in the school and create a stronger community identity. We also wanted to move to a uniform from which it is easier to exclude some of the fashion items that persistently turn up in school and often cause friction between home and school, students and staff.

The results of this consultation process will be made available to you as will any decision taken.

In the meantime, it is very important that pupils conform to our expectations with regard to uniform and we thank you for your support in this matter. A quick guide is printed below:

PUPILS ARE ALLOWED TO WEAR

- Trousers that are entirely black.(Not faded, not leggings, not jeggings)
- ✓ Shorts that are entirely black (not sports shorts or combat shorts)
- Skirts that are on the knee (not mini skirts)
- ✓ Shoes that are entirely black (these may include Docs, Vans etc provided they are UNDER the trouser)
- ✓ Hair must be of a natural colour.
- ✓ Facial piercings are NOT allowed.



Japanese Exchange

written by Meg Evans

In July, 10 pupils from Years 10-13 spent an unforgettable 10 days in Osaka, Japan; experiencing school life at Otemae High School and visiting exciting attractions in Osaka, Kyoto and Nara with our host families. We experienced a very different way of life in near constant 35°C heat (80% humidity) in a city of 8 million people.

The staff, pupils and parents at Otemae were very welcoming and had planned a whirlwind of activities for us, including visits to the markets, trips to Awaji Island to walk a bridge suspended over Japan's biggest whirlpool and to Nara to visit temples and to see one of the biggest Buddhas in the world; an overnight stay in a Zen temple and plenty of time to enjoy eating lots of sushi, takoyaki and okonomiyaki.

One of the most memorable experiences was visiting the museum built on the sight of the devastating 1995 Great Hanshin Earthquake, built in remembrance of the victims. We were immersed in Japanese culture, having experienced calligraphy, the Japanese language and Japanese Koto classes. Many students were lucky enough to go to Universal Studios Japan, some more than once!

At the end of our stay, we were invited to a farewell party where we dressed in yukata (summer kimonos made of cotton) and gave a thank you presentation on Welsh art and music to the Japanese Alumni Association.

We are currently looking for volunteers to host students from Otemae in July 2017, with the opportunity to go to Osaka, Japan in 2018. Your role will be to look after them after school and over the weekend as well as show them as much of Aberystwyth and the Welsh culture as you can. It's a truly fantastic experience in which you learn a lot about an infatuating culture and make life-long friends from half-way around the globe. For more information, please see Mrs Wells or Mrs Porter.

We would like to thank our hosts in Otemae School for such a well organised and memorable trip. Our students were fantastic ambassadors for Penglais School and we all had a wonderful time.

"I loved my experience in Japan because it was so different to being in Ceredigion. The weather was so hot and humid - reaching 35°C most days. The city we stayed in called Osaka was so much busier than anywhere else I've been in the UK, including London. The people were so friendly and polite. Before going to Japan the only thing I knew about their food was sushi. They do eat a lot of rice and a lot of fish but in different ways. They drank a lot of tea so it was the typical drink with a meal. I had two host families. The first one was the family of the person I hosted last year when they came to Aberystwyth. We went to a temple and had a Japanese tea ceremony. We also went to Universal Studios Japan which was really fun. With my second host family I went to the city of Kyoto and visited the Golden Temple and we made sushi together. I hope my second host will come to Wales next summer".

Isobel Garcon, Year 12

"Ever since I was young I have wanted to go to Japan and getting the chance to visit was one of the best experiences of my life! Everyone was kind and welcoming and I learnt so much about the culture. I met so many memorable people and it is an experience that I would recommend that everyone tries, you won't regret it one bit!"

Alexander Walls, Year 13

Beijing











As part of the ongoing Mandarin GCSE programme, a group of year 11 pupils went on a study trip to Beijing Union University at the invitation of Hanban, the Chinese Ministry of Education. The trip included language lessons in the morning, workshops in the afternoon, and sightseeing and theatre trips in the evenings and weekends.

The weekday was divided into morning language tuition, and afternoon workshops which included calligraphy, papercutting, dumpling making, kungfu, Chinese knot making and two lectures on Chinese culture and history. The workshops were given in Mandarin with some interpretation. An excellent way of continuing with the mornings' language tuition. The pupils asked lots of questions about aspects of life in China, Chinese culture and politics. Outings were organized to the Forbidden City and Tiananmen, the Great Wall and Olympic Park, the Lamma Temple, Hutongs, Temple of Heaven, Pearl Market, Wangfujing and Beijing Zoo to see the pandas. There were also outings to see acrobatics.

"There were so many highlights for me, such as the classes, the Summer Palaces and dumplings" (Cath).

"I found the trip to Beijing eye opening and lots of fun. The Chinese were very friendly and took very good care of us. My favourite part was people watching, and shopping at the market" (Joe)

"Everything was good, the food in particular, as there was so much for every meal. Seeing the panda at the zoo was great". (Nathan).

BITS AND DIECES

Young Carers



Caring for Carers in Wales Project Lead Susan Court attended Penglais School in Aberystwyth to share the 'I Care...Do You?' board game with Year 8 pupils. The game is designed to make young people aware of the issues young carers face in their everyday lives. This session was supported by Action for Children and Hywel Dda University Health Board.

SEN / ALN Department Inclement Weather

Mrs Karina Shaw is the SENCo for Penglais School for the 2016/17 academic year. Mrs Annabelle Lowe will be the Deputy SENCo. Both will be assisted by Mrs Donna Lewis.

The SEN/ALN department are very keen to gather feedback on the provision that is in place for your child/children. We will be sending out pupil and parent questionnaires over the academic year and we welcome your feedback and suggestions.

If you have any questions or concerns, at any time over the next academic year, regarding the additional learning needs provision for your child, please feel free to phone us on 01970 621126 or you may wish to book an appointment at one of our new weekly SENCo surgeries. The SENCo will be available at the surgeries to answer any questions or queries you may have. They are held every Wednesday, term time between 3.30-4.30pm. To book an appointment for the surgery please contact

Mrs Donna Lewis on 01970 621126.

The opening of **Y Bont**



This term has seen the opening of new inclusion unit 'Y Bont' on site at Penglais School. The unit is run by Mrs Karina Shaw, Miss Lowri Fleming (left) and Miss Angharad Russell Evans (right).

Y Bont has been developed to provide an alternative to learning environment to the mainstream classroom for pupils who are finding the mainstream setting challenging for a variety of reasons. Y Bont provides a varied curriculum with a more individualised timetable for each pupil. 12 pupils are currently accessing Y Bont and we look forward to seeing how they progress over the year.

National Teaching Assistants' Day

On 16th September we celebrated the National Teaching Assistants' Day. This day was created to recognise the valuable contribution Teaching Assistants make to the education and support of school children across the UK. On National Teaching Assistants' Day we celebrated the hard work of our TAs, at Penglais, by holding a celebratory coffee morning. Staff also thanked the TAs for their hard work and dedication by sending thank you cards with words of appreciation. Thank you to everyone involved.



As winter approaches here is a reminder of the procedure for inclement weather.

Although closures are rare, parents and guardians do need to be aware of the following information:

- Penglais will put a message on Radio Ceredigion (103.3 FM)
- The Penglais answering machine will contain an information message if the school is going to close or is definitely known to be closing the next day.
- All pupils MUST have left a valid contact number on school records so that we can keep parents informed.
- Please make sure that your son/daughter knows what to do in the event of an early closure.

Important Dates for your Diary:

- Thurs 20th October
 Open Evening
- Mon 24th to Fri 28th October Half Term Holiday
- Fri 18th November Inset Day
- Tues 22nd November
 Year 13 Parents Evening
- Wed 14th December Certificates Evening
- Mon 19th Dec Mon 2nd Jan Christmas Holiday
- Fri 27th January Inset Day

New staff

Mrs E. M Jones Deputy Headteacher

I have thoroughly enjoyed my first few weeks at Ysgol Penglais, getting to know pupils, staff and my way around the school. One of my main responsibilities at the school this year is supporting pupil achievement. Each month the senior team study the books of groups of pupils to make sure that they are making good progress. In the books we studied in September many pupils had made a good start to the school year, producing their very best work in every lesson. We were impressed with the effort that these pupils were making and have written to parents to ask them to join us in congratulating our pupils for their efforts, which will in turn lead to good progress. I look forward to congratulating many more pupils and their families for their hard work over the year, and to see pupils enjoying the success that this leads to.

We have a new reporting system at the school this year and I will send further information to parents about the ways in which we will be tracking and supporting pupil progress over the coming months. The system is being developed so that any pupil who may not be making the progress we expect can be identified and supported efficiently and effectively. I will be speaking to pupils, staff and parents about the system as it develops so that the information used to plan pupil progress is clear for pupils, families and school staff.

I will be working closely with year 11 over the course of this year to ensure that they gain the qualifications they need to take the next steps in their education, training or employment and I would like to wish all year 11 pupils who have November examinations the very best of luck.

Mr A. Barlow Assistant Headteacher



"I have worked in Pembrokeshire for ERW Consortia and I started working in Penglais at the start of the new term. I am an Assistant Headteacher and in charge specifically for Behaviour. My hobbies include Rugby Coaching and I have coached teams including the Wales Rugby League, Lithuania, Hungary, Natal Sharks (SA) and of course Aberystwyth".

Dr D.M LewisTeacher of Chemistry



"I am a new member of the Science Department. I teach Key Stage 3 Science along with KS4 Chemistry. I was previously a member of staff at Llandrindod High School where I taught sciences for 16 years. I was involved in a number of extracurricular activities including delivering the Duke of Edinburgh Award. I have previous connections with Penglais school as both my daughters were pupils a number of years ago. Outside of school I am a keen runner, mountain walker and photographer. I recently took part in my 11th Across Wales Walk".

Mr D. Johnson Subject Leader for Geography



"I am originally from Wales, but I recently moved back to Aberystwyth after spending two years teaching in Jersey, Channel Islands. I enjoy triathlon and recently ran my second marathon, in Reykjavik".

Mrs R. Bohra
Teacher of Mathematics



"I am a Maths teacher originally from India, I moved to Aberystwyth 9 years ago and started working as a part time Maths teacher at Penglais in April 2016, since the new term I have been working as a full time member of the teaching staff".



The aim of Penglais is a school which has a culture of rewarding its pupils. September saw a new policy to reward pupils whose behaviour is conducive to learning and to focus pupil and staff attention on the positive behaviours in school and thus marginalising inappropriate and negative behaviour.

This new policy was in some part down to the feedback received by parents from the parent/carer questionnaire sent out at the end of the summer term. We believe that good behaviour is important to the smooth running of Penglais School and it is our duty to provide a safe and stimulating environment for pupils to learn. Below is a brief summary of the rewards and sanctions that are now consistently applied within your child's lessons;

REWARDS

- Your child will receive Merits for achieving targets set by teachers during each lesson.
- Your child will be rewarded with Goods by staff should they go above and beyond expected classroom behaviour (excellent piece of work/helping others).
- The Tocyn Da/school disco/ cinema night system is our method of rewarding the most deserving.

SANCTIONS

 Pupils who do not follow the rules will receive either a "B" for bad behaviour, a "OT" for being off-task or a "D" for being disorganised for the lesson.

The system will work in the following way: -

- B1 B1 warning given and recorded
- **B2** B2 warning given and recorded
- **B3** Your child will be removed from lesson at the teacher's discretion and taken to the subject leader or faculty leader. If either is unavailable, then they will be placed in a room with the nearest subject leader. If behaviour deteriorates further, then SLT are to be called to collect pupil who will be taken to **Remove**.

A B3 sanction awarded will result in a departmental B3 being recorded and a lunch time detention set. Failure to attend this lunchtime detention will result in a further detention being set and refusal to attend will result an after school detention.

- REMOVE Pupils taken to remove will have their parents contacted immediately and an appointment set with a HOY/ Senior leader.
- During a B3 detention it is hoped that some restorative questioning can take place with students in order to ascertain the reasoning for such poor behaviour.

Off Task Behaviour Sanctions

Pupils that are deemed as being off task and clearly not engaging with the task/lesson set by the teacher will be warned twice before being given an 'Off Task' detention.

- OT 1 off task warning 1 recorded
- OT 2 off task warning 2 recorded
- OT 3 OT 3's given will result in a break/lunch time detention and recorded. (Pupils stay in class)
- During an OT 3 detention it is hoped that whilst the student completes any work missed an informal discussion can occur in order to ascertain the reasoning for such behaviours.

Disorganised Sanctions

- D Disorganised for lesson (no pens, books, no homework, no kit). Recorded.
- Continued and repeated disorganisation for lesson will result in a lunchtime detention, parental contact and a report being sent.

It is our responsibility at Penglais to manage pupil behaviour, not just in the classroom, but throughout the school at all times. Disruptive or dangerous behaviour outside the classroom makes it difficult for pupils to adopt the correct behaviour for learning when they arrive at a lesson.

I ask for your support in helping us implement this policy and believe that together we can create an ethos and school environment that supports learning.

Mr A Barlow

Assistant Headteacher Pennaeth Cynorthwyol



During activities week in July the History Department took pupils from Year 10 on their annual visit to the battlefields. After an early start from Penglais the group arrived in Portsmouth and spent the day viewing some of the famous warships that are kept there, including HMS Warrior and Nelson's famous flagship, HMS Victory. The students were treated to guided tours of the two ships and explored what it was like to work and fight aboard these great ships.

During the following two days the trip focused on the key battles of the First World War, by visiting the Somme, Vimy Ridge and Ypres.

Whilst in Ypres, the group attended the emotional last post ceremony under the Menin Gate, which commemorates those who died fighting to keep this small part of Belgium free. They also visited some of the British and German trenches, which included the best preserved British position complete with trenches and underground tunnels. Here the pupils were provided with an authentic WWI experience in the flooded, pitch black tunnels and there was even a sighting of rats to add to the atmosphere!

The students were able to visit Tyne Cot, the largest British and Commonwealth cemetery in the world, where they came to appreciate the human cost of war.

On the fourth day the group headed to Paris and spent a really fun day at Disneyland Paris. After being shaken up by Space Mountain and the Indiana Jones ride the students and teachers then headed north to Dunkirk, where they visited the Dunkirk beaches and museum before making their way back home.

The staff involved in the trip would like to take this opportunity to thank the pupils; they were very well behaved and a pleasure to take away. This trip will run again in July 2017 for the present Year 10.





Netball, Hockey and Rugby







On Wednesday, 14th September Penglais played their first games of the season away against Newcastle Emlyn.

The Year 8 netball team won 9-6. The senior hockey team won 2-0, with goals from Rebecca Glasser and Katy John. The Year 9 hockey team won 3-0. The Year 8 rugby team won 57-7 and the Year 10 rugby team lost 21-20, which was a very close game.

The second games were on the 21st September away at Penweddig. The Year 9 hockey team won 4-0 and the senior hockey team lost 5-0. The Year 8 rugby team won 53-0, the Year 10 rugby tea, lost 89-0 and the senior rugby team lost 27-0. The Year 8 netball team lost 13-11, which was a close match. The Year 10 netball team drew 7-7.

Swimming



Leanna and Selena Williams in Year 8 both did very well in a competition that was held in Swansea 'Swim Wales Legends' on the 16th-18th September.

Selena's times in the following races: 100m butterfly – "1.35"; 50m butterfly – "40"; 50m backstroke – "41"; 100m backstroke "1.32"; 50m breaststroke "47"; 100m breaststroke "1.45"; 50m freestyle "35"; 200m backstroke "3.10"; 200m individual medley "3.16".

Leanna's times were as follows: 100m butterfly – "1.25" and came 3rd; 50m butterfly "37" and came 3rd; 50m backstroke – "40"; 200m backstroke "1.28"; 50m breaststroke – "49"; 100m breaststroke – "1.49"; 50m freestyle –

"36"; 200m backstroke "3.03" and came 5th; 200m individual medley – "3.11".

James Payne also did very well with the following results: 100m breaststroke – "1.24" and came Second; 200m freestyle – "2.15" and came 1st; 100m backstroke – "1.12" and came 1st; 400m freestyle – "4.56" and came 1st; 200m individual medley – "2.39" and came first.

Girls Rugby and Sports Council Updates



As a school, we completed the National School Sports Survey run by Sport Wales in July 2015. On receiving our results in November 2015 we responded by setting up a school sports council as a way of strengthening our pupil voice in school. Pupils had to submit a written application to be considered for a role within the council, and in July we formed the School Sports Council (picture below).



The School Sports Council role will be to:

- Be a main point of contact for liaising between pupils and the PE department
- Listening to pupils suggestions about PE and Sports clubs (including PE kit)

- Help the PE department run events such as the 24hr run and Sports day
- Being positive role models for PE and wellbeing

The Sports Council will meet every half term to discuss any issues raised and organise upcoming events.

In January, the 5x60 Officer set up a girls' rugby club as part of the Us Girls timetable. Sessions were well attended and girls showed great commitment in training every week. As their skills and understanding of the game developed the girls played two friendly games vs Penweddig, with both games being a close contest. In July, the girls entered their first competitive tournament by competing in the National URDD Touch Rugby competition. They played well, scoring 6 tries and conceding only 2 and finished 2nd in their group.



Penglais Sports Crew



Pupils who were Bronze Sports
Ambassadors in their Primary schools
have the opportunity to continue on
the sports leadership pathway by
joining the Penglais Sports Crew. They
complete monthly tasks, help with
school sports events and promote 5x60
clubs. To put their skills into practice,
the Sports Crew run annual sports
sessions for local Primary schools and
this year they delivered sessions for
Plascrug Primary school.



The Sports Crew planned the session, organised the equipment needed and worked in small groups to decide on the best way to deliver the activities. On their visit to Plascrug school, they ran team building and ball skills activity stations for 60 pupils in Year 5, and made sure it was inclusive and that everyone was able to take part. It was a valuable coaching experience for the pupils, who are only in Years 7+8.

'Us Girls' project



n January, we launched the Us Girls project in school. The aim of the project was Ito encourage more girls to take part in physical activity by offering a timetable of fitness classes for girls only. From January to June the project offered 5 different classes: Girls rugby, Zumba, Disco Spinning, Bench ball and fitness boot camp. All classes were well attended, with over 190 girls taking part in at least one class. In particular, the girls' rugby was a success; with the girls entering the URDD touch

rugby tournament and finishing 2nd in their group. The Disco Spinning class was also very popular, with 34 girls signing up to spin with the music!

At the end of the term all attendances were tallied up and prizes awarded to the Top 10 attendees, all of which received Us Girls merchandise. Well done girls! And keep an eye out for the new timetable of classes which will be introduced in September.

German Exchange



In June a group of enthusiastic German Exchange pupils from Penglais and Penweddig joined the Penglais music group to travel to Aberystwyth's twin town of Kronberg in Germany. On arrival they were met by their host families and exchange partners. The exchange partners had visited Aber in March and had a great time sampling school, coastal walks and boat trips.

The Aber group enjoyed wonderful hospitality during their visit. They went to school with their partners and sampled life with the families. Highlights were a boat trip on the Rhine and a barbecue on the last evening.



Anyone who is interested in learning German is welcome to join groups after school. See Mrs Huws if you are interested in joining the class.

Anyone showing an interest in learning German is welcome to join us on our next exchange visit to Germany this year (date not yet finalised).

e mail cmd@penglais.org.uk for more information.

News and Events

from other department

Music

The music department are in full swing with the new term rehearsals with choir every Tuesday instructed by Elinor Powell, there is also Wind Band and Brass group on Wednesday lunchtime, for more information please see Mrs. Morgan in D1.

Auditions are also finally underway for the new school musical, the infamous Sweeney Todd, which is to be performed at the beginning of March, after the success and attention drawn by West Side Story, excitement is high.

And finally, KS4 and KS5 music classes are yet again fortunate to be involved with the Young Composer of Dyfed Scheme and having visited Aberaeron on the 22nd September are looking forward to composing for Violin and percussion.

Maths

TTRock Stars, an online Maths game was launched last year and Mr Perch would like to congratulate all pupils that have taken part, with some students completing over 25,000 correct answers in less than a month.

Special credit to

- Sam Truman, 27,038 Correct Answers (Year 10)
- Ella Edwards, 16,557 Correct Answers (Year 9)
- Aria Kaveh, 16,024 Correct Answers (Year 10)
- Lewis Yabsley, 10,119 Correct Answers (Year 8)

Also, to, Ciaran Davies, Dylan Tapp, Tom Jones, and John Freestone, William Edwards and Jac Lansely-Lewis

who all managed over 2,500 correct answers in a month.

The game is relaunching this year, with prizes, and leader boards and can be found at www.ttrockstars.com for more information and to take part, come and see Mr. Perch in B8.

The top prize, nationally, is a helicopter ride around Cardiff, and the rockstar treatment for a day!

Biology

In June, Penglais Biology students had the chance to participate in the RSPB's saltmarsh reversion project at our local Ynyshir reserve.



The RSPB are recreating important salt marsh habitats by allowing vacant grazing fields alongside the Dyfi to flood. This multiagency project has advisory support from Natural Resource Wales and funding from the Environment Agency. Natural saltmarsh habitats and the flora and fauna they support are in decline due to land reclamation for agriculture and building over the last century. This project is useful in two ways – it provides new habitat for species adapted to living on saltmarsh, so increasing local biodiversity, while also hopefully reducing the risk of sporadic and inconvenient flooding elsewhere along the river.

Pupils were asked to survey the plants growing in various areas and record the results. It is the aim of Dyfi Biosphere's Citizen Observation Web project to involve members of the public in wildlife surveys. For the pupils, it was an opportunity to experience real research and analysis techniques. The fieldwork showcased parts of topics covered in Year 13 and will be very beneficial to their studies. For example, looking at invertebrates in woodlands ponds showed real life examples of invertebrate anatomy, lifecycles and adaptations.

Thank you to Monica and Jenny at the RSPB for training and showing the pupils around and for making it a very enjoyable day out on the reserve for all.

MORK EXPERENCE

At the end of last term, the Workskills classes participated in work experience at a variety of different placements. They gained valuable insight into the world of work and experience that is used to complete the course.







We would like to thank the businesses that welcomed our pupils and cared for them during the week. Thank you everyone.

Beverley's Hair
Halfords
Huw Lewis Tyres
Pollys
Pets at Home
West Coast Software
Plascrug Leisure Centre
Animalarium

Capel Bangor Golf Club
Marine Hotel
Penglais School
Vale of Rheidol Railway
Little Angels
Lloyds Pharmacy
Llwyn Yr Eos Junior School
McDonalds

Ystwyth Vets
Plascrug Junior School
Rheidol Riding Centre
Anthony Motors
Aberystwyth Museum
Plas Cwm Cynfelin Nursing Home

Autumn Word Search

F R S B V P E N G L A I S N Z
Y C E C O L D N E A P X W U N
D P U P Z E I K V G K Z O B Q
K B K F M L R O W U N P L S R
S Y T A J U H A O P M K L S A
E N A H H Y J E I C U O E T K
A J J N A X Q U M N T L M D E
S R T A R K H X L R U O L U W
O L A O V B B L P T A E B I M
N U O P E M L N I P A O W E S
I M C C S U A F J V T I K O R
P Z N E T P N E E W O L L A H
Z N I L R Z K S P G S G N J P
T S A P B W E Q K C N J G E U
K L R A T H T S R E K N O C Y

PENGLAIS
OCTOBER
AUTUMN
LEAVES
COLD
RAIN
CONKERS
HALLOWEEN
HARVEST
SEASON
RAKE
RAINCOAT
JUMPER
BLANKET
MELLOW