# Job description for: Band 5 Community Psychiatric Nurse

As a member of the specialist Community Mental Health Team as Band 5 Community Psychiatric Nurse, you will be expected to deliver the highest standard of care, through maintaining the quality of own work by developing own skills and knowledge, making changes to practice and contributing to the development of others within the team. Contribution to service improvement is a necessity of the role, through participation in implementation of improvements and changes to practice.

# **Duties and Responsibilities**

- To provide clinical leadership for the team within a designated locality.
- Develop a high degree of professional autonomy responsibility and clinical leadership skills while remaining I within the overall clinical governance framework.
- To manage a caseload of complex cases and to prioritise and effectively manage resources efficiently.
- To undertake specialist assessment, care planning, implementation and review of service to people referred to the team both individually and with colleagues from other disciplines according to CPA process for complex mental health service users.
- To deliver a range of treatment programmes and/or interventions to support recovery, to include clinical duties and interventions. Such as facilitate Depot clinic, Clozaril clinic, Structured Clinical Management.
- To provide structured therapeutic interventions with potentially complex clients in one-to-one session or group settings as appropriate.
- Be facilitator on weekly basis, for all income duty calls on the day. To use effective judgement and interventions in emergency clinical situations.
- To liaise with other professionals and agencies in the planning and delivery of care programmes for service users ensuring that a quality service is provided within the locality.
- To promote peoples equality, diversity and rights in-line with Trust Equality and Diversity Policy.
- To develop and maintain projective working relationships with your team, managers and other colleagues.
- To promote joint working with a variety of partnership agencies liaising with and providing relevant information in formats both formal and informal either verbally or electronically or as written reports.
- To record accurate records and statistics, both written and electronic in-line with relevant professional standards and Trust Policy.
- To organised and constructively participate within clinical or managerial meetings and team briefing as required.
- To undertake the assessor/mentor role with students on placement within the service and assist with the teaching of students or junior staff.
- To be responsible for and be able to effectively manage own day-to-day workload including travel, utilising job planning format.

- To organise and actively participate in team/professional meetings, including peer and 1:1 supervision.
- To participate in IPDR sessions and undertake identified training/development requirements, in-line with Trust Policy.
- Ensure that all students receive supervision during their placement.
- Promote choice, well-being and the protection of all service users and maintain positive promotion of the specialist community mental health teams and mental health.
- To participate in audits carried out within the service to enable service improvement/development.
- To work flexibly across the county of Northamptonshire, this may include weekend and evening work.
- To provide such other services as may be required from time to time in relation to the post

# Confidentiality

All staff are required to respect the confidentiality of all Trust business and the business of the Trust's staff, residents, patients and general public which they may learn in the execution of their duties.

#### **Data Protection**

All staff are expected to adhere to the regulations regarding the Data Protection Act 1984 as laid down by Northamptonshire Healthcare NHS Foundation Trust.

#### Infection Control

The prevention and control of healthcare associated infections in service users, staff and visitors is taken seriously by the Trust. All staff employed by Northamptonshire Healthcare NHS Foundation Trust are required to adhere to the Trust infection control policies and procedures. Employees must be aware of the importance of protecting themselves, service users and visitors and of maintaining a clean safe environment. Any breach in infection control practice, which places service users, other staff or visitor at risk, may result in disciplinary actions.

Each staff member is responsible for ensuring they identify together with their manager, their infection control training needs in their PDP.

# **Health and Safety**

To carry out the duties placed on employees by the Health and Safety at Work Act 1974 i.e.

- I. To take reasonable care for the Health and Safety of themselves and of other persons who may be affected by their acts or omissions at work.
- II. To co-operate with their employer as far as is necessary to meet the requirements of the legislation.
- III. Not to intentionally or recklessly interfere with or misuse anything provided in the interest of health, safety or welfare in the pursuance of any relevant statuary provision.

#### No Smoking

In order to protect the health of employees, patients and visitors, Northamptonshire Healthcare NHS Foundation Trust operates a No Smoking Policy. Therefore smoking is prohibited in all of the Trust's buildings, grounds and all Trust-owned or leased vehicles. **Equality and Diversity** 

To ensure that all duties are carried out to the highest possible standard, and in accordance with current quality initiatives within the area of work and the Trust Managing Diversity and Equal Opportunities in Employment Policy.

# **Risk Management**

To have a commitment to identifying and minimising risk, report all incidents and report to manager any risks, which need to be assessed.

# **Professional Registration**

All qualified / professional staff are required to adhere to the relevant Code of Practice (and other guidance issued by them). It is the responsibility of the individual concerned to keep professionally registered and updated in accordance with the requirements of the relevant Code of Practice and to follow guidance issues by the professional body.

# **Policies and Procedures**

The post holder is expected to comply with all relevant Trust policies, procedures and guidelines. Any contravention of the Trust Policies or managerial instruction may result in disciplinary action being initiated.

This post is subject to the terms and conditions of employment of Northamptonshire Healthcare NHS Foundation Trust

# **Review of Job Description/Person Specification**

This is not an exhaustive list of duties and responsibilities, but indicates the key responsibilities of the post. The post holder may be required to undertake other duties as may reasonably be required of you commensurate with your grade and/or hours of work at your initial place of work or at any other of the Trust's establishments.

NOTE: This is a description of the job as it is at present constituted. It is the practice of this Trust regularly to examine employee's job descriptions and to up-date them to ensure that they relate to the job as then being performed, or to incorporate whatever changes are being proposed. Each manager and those working directly to him or her will jointly conduct this procedure. You will, therefore, be expected to participate fully in such discussions and, in connection to them, to re-write your job description to bring it up-to-date if this is considered necessary or desirable. It is the Trust's aim to reach agreement on reasonable changes, but if agreement is not possible the Trust reserves the right to effect changes to your job description after consultation with you. Appropriate notice of such changes will be given.

### **Working Conditions**

We are a countywide service delivering services in localities to local populations. This post will be countywide and as part of this evening and weekend working may be required to facilitate the development of flexible service.

The post holder will undertake daily collection of blood and urine samples.

The post holder will be required to deal with potential verbal aggression from clients and have daily contact with clients who may be unkempt, intoxicated or present with challenging behaviour.

PERSON SPECIFICATION ESSENTIAL ATTRIBUTES QUALIFICATIONS TRAINING AND EXPERIENCE

#### **DESIRABLE ATTRIBUTES**

**CONTRA-INDICATION** 

Mental Health Degree Registered Nurse with at least 2 years' experience at Band 5

community.
Presentation skills
Staff management
experience.

Experience working in the

No nursing qualification or proven experience

Qualification at Diploma or equivalent experience Mentorship qualification Phlebotomy training

Knowledge of the principles of clinical governance and its application

# COMMUNICATION AND RELATIONSHIP SKILLS

Experience of clinical leadership and management skills
Well-developed high level of communication skills. The ability to communicate at all levels, information that may be contentious or highly emotive
To be able to communicate where there may be barriers to understanding
Non-judgmental, flexible attitude

Judgmental and inflexible