

## **Questions**

Please can you provide the following details in regards to Healthy Lifestyle Services -

- Stop Smoking services
- NHS Health Checks
- Weight Management
- Physical Activity
- Health Trainers (or similar model)

Are any/all of these services outsourced or delivered in-house?

Are they integrated into one service or are they outsourced separately?

If they are outsourced, please provide the following information:

Contract value

Current provider

Contract length

Renewal date

If they are currently delivered separately, are you planning on integrating these services and commissioning under one contract?

## **Answers**

### **Stop Smoking Services**

Are any/all of these services outsourced or delivered in-house?

**Outsourced**

Are they integrated into one service or are they outsourced separately?

**Outsourced separately**

Contract value: **£400k annually**

Current provider: **NELFT**

Contract length: **3 years. Currently extended for an additional year 2017/18**

Renewal date: **March 2018**

If they are currently delivered separately, are you planning on integrating these services and commissioning under one contract?

**We are currently reviewing the current model of smoking cessation support available to residents.**

## **NHS Health Checks**

Are any/all of these services outsourced or delivered in-house?

**Outsourced to 44 GP Practices in Redbridge.**

Are they integrated into one service or are they outsourced separately?

**Separately outsourced.**

If they are outsourced, please provide the following information:

Contract value - **£1.2 million over contract length**

Current provider - **44 GP Practices in Redbridge**

Contract length – **3 +1 +1 (5 years)**

Renewal date - **01 April 2018**

If they are currently delivered separately, are you planning on integrating these services and commissioning under one contract?

**Contracts will currently remain with individual GP practices.**

## **Weight Management and Physical Activity**

Are any/all of these services outsourced or delivered in-house?

**Physical activity and weight management services are all outsourced.**

Are they integrated into one service or are they outsourced separately?

**Outsourced separately.**

If they are outsourced, please provide the following information:

**The information below refers to two services: Fit for Fun and Exercise on Referral.**

### **Exercise on Referral:**

Contract value - **Initial Contract Value £508,488 (2yr extensions £338,992)**

Current provider - **Vision Redbridge leisure and culture**

Contract length - **3 years with possibility of extension up to two years**

Renewal date - **March 2018**

### **Fit for Fun:**

Contract value - **Initial Contract Value £242,970 (2yr extensions £161,980)**

Current provider - **RCVS**

Contract length - **3 years with possibility of extension up to two years**

Renewal date - **March 2018**

If they are currently delivered separately, are you planning on integrating these services and commissioning under one contract?

**No current plan.**

## **Health Trainers**

**Not applicable – do not have health trainers.**