

Shared Care Pathway for Management of Foot Ulceration for Patients under the Care of Podiatry and Community Nursing Services

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Version Control Sheet

This must be completed and form part of the document appendices each time the document is updated and approved

Date dd/mm/yy	Version	Author	Reason for changes
06/11/20	1	Yasmin Mulhall – Clinical Care Coordinator – Central Neighbourhood Joanne Fear – Team Leader – Central	New document

Version Control Sheet			
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Consultation / Acknowledgements with Stakeholders			
Name Designation		Date Response Received	
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James Earle	Team Leader	5/8/2020	
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1 Introduction / Purpose

1.1 Purpose

The purpose of this standard operating procedure is to create a pathway for shared care between podiatry services and community nursing for patients with foot ulceration. This will help patients to receive appropriate care in a timely manner, and ensure that foot wounds are managed effectively and there are no delays in treatment.

1.2 Introduction

It was identified that there was a need to standardise practice across disciplines of Nursing and Podiatry, to improve patient outcomes.

Nurses have specialist knowledge in the management of patients with ulcers and this combined with the specialist knowledge of sharp debridement skills and off-loading techniques by Podiatrists means a natural combined approach would greatly benefit patient care resulting in improved quality of life and improved outcomes for patients.

Current government legislation promotes multidisciplinary integrated working as it is known that this will promote improved patient outcomes (1).

A review group was formulated consisting of Podiatrists and Community Nurses from the Blackpool Fylde and Wyre localities. Current practice was identified including variances in practice between localities and it was identified that there was no current pathway in place. The pathway is designed to streamline care for patients with foot ulceration or pressure ulceration (foot or heel), peripheral vascular disease and high risk diabetic patients.

2 General Principles / Target Audience

The pathway will be used by all community nursing teams and podiatrists involved in the care of patients with foot ulcers.

3 Responsibilities (Ownership and Accountability)

3.1 All Health Care Professionals involved in wound management

In order to implement this pathway in clinical practice all Health Care Professionals involved in wound management will:

- Identify learning needs in relation to wound management as part of their development requirements.
- Access training as outlined in section 5.0 in order to maintain their competence and safe practice.
- Liaise with other members of the multi-disciplinary team in order to plan and coordinate appropriate wound management for patients.
- Undertake a holistic assessment of the patient to identify potential factors that may affect wound healing and wherever possible take action to maximise potential for healing.

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Accurate documentation must be completed at initial presentation and each visit thereafter should deterioration occur and must include the following:

- Location of wound (on body / foot map)
- Date of onset (to be documented at initial visit and on the front of each consecutive wound chart)
- Length
- Width
- Depth
- Undermining area
- Wound bed descriptors / tissue type
 (e.g. Granulation, slough, necrosis, tendon, bone etc.)
- Exudate (type and amount)
- Presence or absence of clinical signs of infection (including details of wound swab culture and sensitivity)
- Pain Score
- Wound photography as per Medical Photography Policy (CORP/PROC/002) (2).
 Clinicians who have been issued with a Trust-encrypted mobile phone that has been enabled for use with the 'WABA MIM' must ensure that the appropriate level of consent has been obtained prior to the taking of photographs and that this has been documented. The deleting of images once the images have been uploaded from the Trust device to the WABA MIM / EMIS will be automatic
- Plan of care / treatment aims

All health care professionals have a duty to ensure appropriate actions are taken following reassessment. Where any concern is identified or if a wound is failing to heal the healthcare professional should seek advice from a senior within the team and if appropriate escalate a referral to the Tissue Viability Service.

3.2 Community Nurses / Treatment Room Nurses

Community Nurses and Treatment Room Nurses will:

- Undertake holistic assessment of the patient with foot ulceration to include assessment of vascular status using ankle-brachial pressure index (ABPI) or Toebrachial pressure index (TBPI), unless already completed by vascular or podiatry) and
- Waterlow risk assessment to be completed and updated as per trust policy (3)
- Ensure Care Plan is implemented
- Patient / carer information (4) will be provided around Pressure Ulcer Prevention and Management Guidelines

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- Skin assessment to be completed to include all potentially vulnerable areas
- Support surfaces to be assessed (and provision of equipment arranged if required)
- Advise Patient Keep moving if patient is nursed in bed a repositioning regime to be established personalised to the patient and pressure relieving advice to be given
- Incontinence is assessed and appropriate management plan is implemented
- Nutrition and Hydration assessment (MUST) completed and appropriate action plan implemented and referral on to dietitian is initiated if required.
- A wound assessment tool is completed and an appropriate wound management care plan is implemented to include:
 - (a) Skin care including care of the foot and emollients prescribed
 - (b) Dressing choice and rationale for treatment
 - (c) Frequency of dressing change
 - (d) Evaluation of wound management and wound progression.
- Refer all patients with foot ulceration to podiatry for further assessment of the foot as per the following Shared Care Pathway for Foot Ulceration (Section 4.0).
- Complete an untoward incident report (5) for all patients with pressure ulceration to the heel or foot and follow relevant guidelines to ensure that the patient receives appropriate assessment and management.
- Documentation of Consultant involvement where applicable (e.g. Vascular, Diabetic MDT, Renal etc.)

3.3 Podiatrists

Podiatrists will:

- Complete holistic assessment of the patient with foot ulceration to include assessment of vascular status and neurological assessment where appropriate unless already completed by another service (e.g. Vascular Service, Community nursing)
- Refer the patient to appropriate Community Nursing Team for ongoing care as per the Shared Care Pathway For the management of Foot Ulceration. Shared care may also be appropriate for some patients following nail surgery.
- Where minor cuts are caused in the process of trimming nails, the podiatrist should assess appropriateness of self-care by the patient (where appropriate). If the patient is unable to self-manage, then the podiatrist should maintain their duty of care to the patient and continue treatment until healed.
- Assess the patient's suitability for sharp debridement, off-loading, bio-mechanics and discuss frequency of podiatry input required with appropriate nursing staff who will devise and implement the plan of care.
- Ensure that patients who have plantar surface ulceration have adequate off-loading prior to referral to Ambulatory Services in order to prevent potential for deterioration.

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•	Complete an untoward incident report (5) for all patients with pressure ulce the heel or foot (unless already completed by another service) and follow reguldelines to ensure that the patient receives appropriate assessment and management.	elevant

4 The Care Pathway

New Referrals are received by appropriate services
Initial assessment undertaken by the service receiving the referral
Initial presentation of foot ulcer (below the malleolus) consider joint working
pathway below

Assessment of vascular status to include ABPI / TBPI

Urgent

Absent foot pulses

Ischaemic rest pain Loss of function

Hot/swollen foot

Patient unwell:

pyrexia or flu like symptoms

Take photographic evidence

Discuss with Advanced Podiatrist for advice

Liaise with on call vascular services

<u>Urgent</u>

Nurse / Podiatrist seeing the patient takes immediate appropriate action e.g. admit to hospital (999) or contact GP / GP on-call for advice / contact Vascular Nurse Specialist for admission / advice

Non Urgent:

Holistic assessment and prescribe treatment plan, consider:

All foot ulcers:

Follow clinical wound management guidelines, reassess at every visit for evidence of infection, complete wound assessment documentation every week

Plan of care to include: debridement (if applicable and dependent upon normal ABPI), wound management, off-loading or footwear, skin care, management of factors which may delay healing

Special Risks:

Diabetic? – urgent referral to diabetic MDT & Advanced podiatrist for advice

Pressure Ulcer? –UIR to be completed at initial presentation by Podiatrist / Nurse Photograph and complete wound assessment documentation

Increased risk of infection? Rheumatoid / Diabetes / Immunosuppressants / Peripheral Vascular Disease

A new or deteriorating ulcer below the malleolus consider joint visit nursing/podiatry or consultation to provide a shared plan of care

Coordinator for shared care should be community nurse unless explicitly agreed otherwise.

Negotiated plan of care to focus on the needs/benefits to the patient.

Community Nurse undertakes ongoing wound assessment and management including responsibility for prescribing.

Podiatrist provides specialist sharp debridement off-loading strategies as required – frequency negotiated between Nurse/ Podiatrist and this must be documented in plan of care

The treatment plan should be followed until the prescribing professional has been consulted and prescription changed.

Changes to foot ulceration:

Urgent / Acute

follow pathway as above

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5 Training

All staff involved in wound management on the feet should attend the following educational training where required. Sessions are advertised through the clinical improvement team patient safety training booklet and OLM via One HR.

- Tissue Viability as part of trust induction
- Doppler and Lower Limb Assessment and procedure for measuring ABPI and TBPI
- Pressure Ulcer Prevention and Management Workbook

Advanced podiatrists and community nursing link nurses also offer in house training sessions on request and this can be booked by contacting them direct.

5.1 Monitoring (Including Standards)

Standard	Time frame / format	How	Whom
Patients with a new wound identified below the malleolus to have vascular assessment (and ABPI) undertaken within 2 weeks of first assessment and repeated as per Doppler policy	Annual	Records audit through 1-1 supervision and peer review Documentation on EMIS	Team leader / Clinical Lead
Patients identified as showing signs of deterioration in foot ulceration a joint visit / consultation by podiatrist and nurse has been instigated	Annual	Records audit through 1-1 supervision Documentation on EMIS	Team leader / Clinical Lead
For patients with foot ulceration photographs are available to show initial presentation	Annual	Records audit through 1-1 supervision Documentation on EMIS	Team leader / Clinical Lead

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7 Definitions and Abbreviations

ABPI Ankle Brachial Pressure Index - A method of assessing the arterial blood

supply to the lower limbs

Abscess A pus-filled cavity resulting from inflammation and usually caused by

bacterial infection

Acute A disease/disorder that is brief with sudden onset

Aetiology The cause of – disease/disorder

Arterial Involving or contained in the arteries

Aseptic Free of disease-causing microorganisms

Bacteraemia The presence of bacteria in the blood

Cellulitis Inflammation of any of the tissues of the body, characterized by fever,

pain, swelling, and redness of the affected area

Chronic An illness or medical condition that lasts over a long period and

sometimes causes a long-term change in the body

Colonised The presence of bacteria on the body surface without causing disease in

the person

Conservative Relieve symptoms or preserve health with minimum simple intervention

Culture and sensitivity

A test to define the type of bacteria and to determine which antibiotics can

successfully fight the infection

Debridement Removal of dead, devitalized, contaminated tissue or foreign matter from a

wound

Doppler A test that measures the blood pressures in the legs to make sure there is

normal blood flow

Dressing A therapeutic or protective material applied to a wound

Emollient An agent that hydrates, softens or soothes the skin

Erythema Redness of the skin caused by dilatation and congestion of the capillaries,

often a sign of inflammation or infection

Excoriated Wearing or abrasion of the skin

Foot ulcer Wound present below the malleolus

Granulation Small, fleshy, beadlike nodules, consisting of outgrowths of new

capillaries, on the surface of a wound that is healing

Haemorrhage Bleeding from ruptured blood vessels

Holistic Relating to the consideration of the complete person

Infection Invasion and multiplication of microorganisms in body tissue

Inflammation Swelling, redness, heat, and pain produced in an area of the body as a

reaction to injury or infection

Macerated White softened tissue caused by prolonged exposure to moisture

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Malleolus The ankle bone

Malnutrition A lack of healthy foods in the diet, or an excessive intake of unhealthy

foods, leading to physical harm

Malodour A distinctive odour that is offensively unpleasant

Microbiology The scientific study of microscopic organisms and their effects

Microcirculation The flow of blood or lymph through the smallest vessels of the body

Necrotic The death of cells in tissue caused by disease or injury.

Oedema A build-up of excess serous fluid between tissue cells

Pathogenic organism Bacteria that produce illness

Pressure Ulcer A pressure ulcer is localised injury to the skin and/or underlying tissue

usually over a bony prominence, as a result of pressure, or pressure in

combination with shear and/or friction

Purulent Relating to containing or consisting of pus

Pus The yellowish or greenish fluid that forms at sites of infection, consisting of

dead white blood cells, dead tissue, bacteria, and blood serum

Pyrexia High temperature or fever

Sanguinous Relating to blood; bloody

Scab A hard crust of dried blood, serum, or pus that forms over a wound during

healing

Sepsis The condition or syndrome caused by the presence of microorganisms or

their toxins in the tissue or the bloodstream

Septicaemia Toxic microorganisms in the bloodstream

Serosanguinous Consisting of clear serum and blood

Slough Dead tissue, usually cream or yellow in colour present on a wound bed

Strike-through Leakage of wound exudate onto the outside of a dressing/bandage

TBPI Toe Brachial Pressure Index - A method of assessing the arterial blood

supply to the lower limbs using the toes

UIR Untoward Incident Report

Ulcer Wound on the skin that does not heal and results in the destruction of

tissue

Undermining Areas of tissue loss underneath intact skin or a hollow between the skin

surface and a wound bed

Vascular insufficiency

Inadequate peripheral blood flow, caused by disease, obstruction or

blockage

Venous Relating to or involving the veins

Venous return Blood in the veins, which is returning to the heart

Wound Injury to the skin, cause by trauma or disease

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Appendix 1: Equality Impact Assessment Form					
Department	Clinical Quality & Effectiveness	Service or Policy	ALTC/SOP/017	Date Completed:	January 2018

GROUPS TO BE CONSIDERED

Deprived communities, homeless, substance misusers, people who have a disability, learning disability, older people, children and families, young people, Lesbian Gay Bi-sexual or Transgender, minority ethnic communities, Gypsy/Roma/Travellers, women/men, parents, carers, staff, wider community, offenders.

EQUALITY PROTECTED CHARACTERISTICS TO BE CONSIDERED

Age, gender, disability, race, sexual orientation, gender identity (or reassignment), religion and belief, carers, Human Rights and social economic / deprivation.

deprivation.			1	
QUESTION	RESPONSE	IMPACT		
	Issue	Action	Positive	Negative
What is the service, leaflet or policy	To guide the use of conservative sharp			
development?	debridement for wound management by			
What are its aims, who are the target	the Tissue Viability Team			
audience?	N.			
Does the service, leaflet or policy/	No			
development impact on community safety Crime				

Community cohesion Is there any evidence that groups who	No			
should benefit do not? i.e. equal	NO			
opportunity monitoring of service users				
and/or staff. If none/insufficient local or				
national data available consider what				
information you need.				
Does the service, leaflet or development/	No			
policy have a negative impact on any				
geographical or sub group of the				
population?				
How does the service, leaflet or policy/	No			
development promote equality and				
diversity?				
Does the service, leaflet or policy/	No			
development explicitly include a				
commitment to equality and diversity and				
meeting needs? How does it demonstrate				
its impact?	N.			
Does the Organisation or service	No			
workforce reflect the local population? Do				
we employ people from disadvantaged groups				
Will the service, leaflet or policy/	No			
development	140			
i. Improve economic social conditions				
in				
deprived areas				
ii. Use brown field sites				
iii. Improve public spaces including				
creation of green spaces?				
Does the service, leaflet or policy/	No			
development promote equity of lifelong				
learning?	No			
Does the service, leaflet or policy/ development encourage healthy lifestyles	No			
and reduce risks to health?				
Does the service, leaflet or policy/	No			
development impact on transport?	110			
What are the implications of this?				
Does the service, leaflet or	No			
policy/development impact on housing,	_			
housing needs, homelessness, or a				
person's ability to remain at home?				
Are there any groups for whom this	No			
policy/ service/leaflet would have an				
impact? Is it an adverse/negative impact?				
Does it or could it (or is the perception				
that it could exclude disadvantaged or				
marginalised groups?				

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Does the policy/development promote access to services and facilities for any	No				
group in particular?					
Does the service, leaflet or policy/development impact on the environment	No				
During development					
At implementation?					
	ACTION	:			
Please identify if you are now required to carry out a Full Equality Yes No (Please delete as appropriate)					
Name of Author: Signature of Author:			Date Sig	ned:	
Name of Lead Person: Signature of Lead Person:			Date Sig	ned:	
Name of Manager: Signature of Manager			Date Sig	ned:	

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