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Our Ref: 1241

***When calling, please ask for Llinos Bradley***

21 May 2012

[request-115766-49709e65@whatdotheyknow.com](mailto:request-115766-49709e65@whatdotheyknow.com)

Dear Mr Singh

Thank you for your request for information dated 6 May 2012 which was received on 7 May 2012, requesting information about post operative patient information for inguinal hernia, varicose vein and haemorrhoidectomy procedure

In accordance with S.1(1)(a) of the Freedom of Information Act 2000 (FOIA), I can confirm that we do hold the information relevant to your request.

I will answer each of your questions in turn.

1. Do you have a leaflet with instructions for patients? If yes could you please send by email?

Yes

2. When can patients return to work after inguinal hernia surgery?

Trust recommends 4-6 weeks. GP will advise patients about returning to work dependant upon progress after the operation

3. When can patients return to driving after inguinal hernia surgery?

Trust recommends 7-10 days. GP will advise patients about returning to driving dependant upon progress after the operation

4. When can patients return to work after varicose vein surgery?

Trust recommends 3-4 weeks. GP will advise patients about returning to work dependant upon progress after the operation

5. When can patients return to driving after varicose vein surgery?

Trust recommends at least 10 days. GP will advise patients about returning to driving dependant upon progress after the operation

6. When can patients return to work after haemorrhoidectomy surgery?

Most people need a few days off work but this varies from patient to patient.

7. When can patients return to driving after haemorrhoidectomy surgery?

The Trust does not recommend a specific timescale to refrain from driving as this varies from patient to patient. However if patients need to take pain killers this can make patients drowsy and therefore driving or operating machinery should be avoided.

Yours sincerely



**Llinos Bradley**  
**Freedom of Information Officer**

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Freedom of Information Officer  
Kettering General Hospital NHS Foundation Trust  
Rothwell Road  
Kettering  
Northants  
NN16 8UZ

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Information Commissioner  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire,  
SK95 5AF

<http://www.ico.gov.uk>

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