

Please ask for: Communications Dept
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Our Ref: FOI/137/2012

25 May 2012

Mr P Singh
whatdotheyknow.com

Dear Mr Singh

Re: Request under the Freedom of Information Act 2000

Thank you for your request for information detailed below:

Regarding post-operative instructions for day surgery patients:

1. Do you have a leaflet with instructions for patients? If yes could you please send by email?
2. When can patients return to work after inguinal hernia surgery?
3. When can patients return to driving after inguinal hernia surgery?
4. When can patients return to work after varicose vein surgery?
5. When can patients return to driving after varicose vein surgery?
6. When can patients return to work after haemorrhoidectomy surgery?
7. When can patients return to driving after haemorrhoidectomy surgery?

Please find the Trust's response below:

1. We are currently reviewing our patient information leaflets re post-operative instructions. It is our intention to amend these further depending on patient feedback, therefore we are unable to provide the leaflets under exemption 22 - Information intended for future publications.

Issues such as driving, strenuous exercise and returning to work post-operatively whatever the surgery, are discussed with patients at their pre-operation assessment, and again on discharge, so there may be a variety of actual advice given. The patient information leaflets are for general information.

2. Patients can return to work 10 to 14 days post-operative, in a non-strenuous job. Strenuous work and athletic activity should be avoided for 4-6 weeks.

3. As per the answer to question 2.

4. Patients can return to work 2 to 4 weeks post-operative, depending on their particular job.

5. Driving after varicose vein surgery is not mentioned specifically, but would be discussed at some time, under work and other activities.

6. Advice is to have a few days off. A delay in returning to work all depends on the type of work undertaken and discomfort experienced post-operative.

7. Driving after haemorrhoidectomy is not mentioned specifically, but would be discussed at some time, under work and other activities.

The Communications Department facilitates the FOI process on behalf of the Trust, however

the source data itself (the Trust's response) is obtained from many internal Trust departments and resources. If there is anything you need further clarification on, or if you have any issues with the Trust's response, then please direct your questions through the Communications Office in the first instance. Thank you.

Yours sincerely

Heather Akroyd
Fol Co-ordinator

Complaints

If you are dissatisfied with our response, you do have the right to complain and to ask for an internal review. The complaint has to be addressed to the Trust in the first instance, where it will be investigated within the timescales set out in the FOIA. If you still feel unhappy, you do have the right to appeal to the Information Commissioner. We will provide you with the contact details if you ask us to.

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The Campaign for Freedom of Information: <http://www.cfoi.org.uk/>

Our Website Publication Scheme on: <http://www.dbh.nhs.uk/>

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