

Trust Travel Plan

The aims of the Trust Travel Plan are:

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| ● Aim One | Support and encourage healthy and active travel |
| ● Aim Two | To reduce travel related pollution and traffic congestion |
| ● Aim Three | To reduce single occupancy car journeys |
| ● Aim Four | To ensure that there is fair, consistent and adequate provision of transport and travel choices for all staff, patients and visitors, noting that many users travel outside the eight hour normal working day |
| ● Aim Five | To contribute to the Trust-wide environmental sustainability agenda |

York Teaching Hospital NHS Foundation Trust has a Trust-wide Travel Plan to support the NHS Sustainable Development Strategy and also the Trust commitment to sustainability.

The volume of traffic visiting the various sites operated by the Trust has continued to rise as patients, staff and visitors become more reliant on the car as the primary mode of transport. This leads to increased congestion, air pollution and less availability to those who need to use the car. To address this, the Trust is committed to promoting sustainable transport and travel and encouraging modal shift for all stakeholders. This Trust Wide Travel Plan is a long-term initiative to allow the Trust to respond to changes as and when they occur.

The Trust has a Travel Planning Coordinator who works to encourage staff at all levels and key stakeholders to consider more sustainable transport options.

The latest initiative launched in April is a 20 minute shuttle bus running every 20 minutes from Rawcliffe Bar Park & Ride to and from York Hospital, operating from 6am – 8:30pm Monday – Friday.



The Trust Travel Plan can be viewed in full here:
www.yorkhospitals.nhs.uk/about-us/reports-and-publications

Go Green!

Efficient Travel

= Lower Carbon Emissions = Lower Costs = Less Pollution = Better Health

Cycle or Walk for Active Travel



Carbon Savings

- No polluting emissions
- Health benefits for the user and others nearby

Cost Savings for Staff

- Much cheaper than using a car
- Free Cycle Parking

Share Your Journey to Work



Carbon Savings

- 409 tonnes CO2 saved
- 2,083,432 miles saved
- Car sharing benefits the environment, makes the commute more bearable and saves staff money

Cost Savings for Staff

- Collectively staff save £243,000 on fuel
- Currently 512 members
- Take advantage of one of the 329 journeys currently available for sharing

Sign up and offer a lift to a colleague OR find someone nearby with a free space in their car!
More information at www.liftshare.com/uk/community/yorkhospitals

Use Trust's Pool Cars

At York, Scarborough, Bridlington and Malton hospitals + Tadcaster Health Centre



Carbon Savings

- 40% reduction in CO2
- 86 tonnes of CO2 saved in 2018-19 alone
- 541,567 miles in low CO2 vehicles

Cost Savings

- Over £70,000 per annum
- Thousands of miles removed from 'grey fleet' mileage claims
- Free parking for staff whilst using pool cars

See 'Top Searches' tab on Staffroom and click on the 'Enterprise Car Club Scheme'
<http://staffroom.ydh.yha.com/top-searches/pool-cars>

Go Green!

Trust Transport

keeping our services moving

Mobile chemotherapy unit



The Trust launched a mobile chemotherapy unit in 2017, the only one of its kind operating in Yorkshire and the largest mobile unit in the UK. Commissioned by York Against Cancer, the £700,000 facility gives patients from

outlying areas the chance to be treated closer to home, removing any potential travel-related stresses. These are patients in urgent need of accessible specialist treatment who would otherwise travel to the trust's main hospitals in York or Scarborough. The innovative service also ensures capacity at the main hospitals for longer or more complex procedures. Staffed by highly trained specialist nurses, the unit has four treatment chairs, with space to accommodate up to 10 patients a day in modern, comfortable surroundings.

The unit operates out of the Trust Transport depot in York. The Trust employs a number of specially-trained drivers who ensure the unit is transported and set up according to a weekly schedule:
Mondays / Tuesdays - Scarborough
Wednesdays - Bridlington
Thursdays – Malton
Fridays - Selby



Trust Transport Fleet - Did you know?

The Trust operates a delivery service from its York depot. Our drivers deliver:

- Bedlinen
- Post
- Food
- Drugs
- Blood
- Medical Equipment
- Furniture

To over 60 sites within an area of 3,400 square miles.

On a daily basis our team of drivers deliver to:

- York
- Scarborough
- Malton
- Bridlington
- Selby

And other sites where services are provided.

Electric Fleet - Did you know?



We operate a number of electric vehicles as part of the wider Trust commitment to sustainability and to reduce our operational carbon footprint. We currently use 9 fully electric vehicles on a set number of journeys for delivery and

estates purposes, collectively doing around 76,000 miles per year. The Trust EV fleet will increase over the next few years. We are also looking into increasing our EV charging network for both staff and public use at our York site.

Go Green!