Training & Development

Chronic fatigue syndrome /Myalgic Encephalomyelitis (or encephalopathy) and PIP Assessments CPD Module

(CSL Answer Booklet)

Version: 1 FINAL

20 October 2016

Document control

Superseded documents

Version history

Version	Date	Comments
1a (draft)	28th September 2016	Initial draft XX
1b (draft)	4th October 2016	XX incorporating comments from XX
1 FINAL	20th October 2016	Set to final XX

Changes since last version

NA

Outstanding issues and omissions

None

Updates to Standards incorporated

PIP Assessment Guide September 2016

Issue control

Author: T&D

Owner and approver: T&D

Signature: **Date:**

Distribution:

Contents

Foreword

This CSL Answer Booklet has been produced as part of an ongoing training programme for Health Professionals approved or appointed by the Department for Work and Pensions Chief Medical Adviser to carry out benefit assessment work.

All Health Professionals undertaking medical assessments must be registered medical practitioners nursing practitioners, occupational therapists, paramedics or physiotherapists who, in addition, have undergone training in disability assessment medicine and specific training in PIP Assessment. The training includes distance learning modules, theory training in a classroom setting, supervised practical training, and a demonstration of understanding as assessed by quality audit.

This training must be read with the understanding that, as experienced practitioners and Disability Assessors, the Health Professionals will have detailed knowledge of the principles and practice of relevant diagnostic techniques and therefore such information is not contained in this training module.

In addition, the training module is not a stand-alone document, and forms only a part of the training and written documentation that a health professional receives. As disability assessment is a practical occupation, much of the guidance also involves verbal information and coaching.

Thus, although the training module may be of interest to non-medical readers, it must be remembered that some of the information may not be readily understood without background medical knowledge and an awareness of the other training given to Health Care Professionals. Some HPs from these professional groups may find it a useful revision and are welcome to participate if they wish

PIP Clinical Director

October 2016

Introduction

The accompanying work book is part of the ongoing training programme for Health Professionals (HPs) working as Disability Analysts. It is designed as a learning tool to consolidate HPs understanding of what Chronic Fatigue Syndrome (CFS) or Myalgic Encephalomyelitis (or encephalopathy) (ME) is, and specific considerations for PIP Assessments. It is a stand-alone document which can be used by HPs who wish to do extra study or for their Line Managers to distribute where they feel further information and support is required. The HP should already be familiar with all sections of the PIP Assessment Guide.

What's in the Module?

The self contained workbook which can be completed either electronically or in paper format. It is designed so that an HP can work through the tasks independently, complete the MCQ and then either hand the hard copy of the MCQ to their CSL or email the electronic version to their CSL.

The focus for this training will be to understand CFS/ME and consider the possible functional impact in PIP Assessments. This will consolidate the HP's knowledge and understanding of the condition, appropriate evidence gathering and selecting descriptors.

The module is split into 3 parts:

Part 1 will guide the HP through clinical information on CFS/ME, before looking at the likely functional impact of the condition in PIP Assessments. There is a mid-module MCQ which the HP will send to their CSL for marking. This will act as a progress and knowledge check.

Part 2 is comprised of 10 short case examples which the HP will send to their CSL for marking and are used to encourage the HP to think about how to provide descriptor advice to claimants with CFS/ME. This will consolidate the HP's knowledge and understanding

Part 3 has two full practice case examples of claimants with CFS/ME for the HP to read and select the most appropriate descriptors. Answers should be sent to the CSL for marking

How long does the module take?

It should be completed at a pace suitable to the HP

Is there a test?

Yes – a mid-module MCQ', 10 Case Examples and 2 case studies to be completed, which will demonstrate competency.

What does the HP need to do?

- Work through the module independently completing the mid –module MCQ, 10 case examples and the 2 fictional case studies either electronically or as a hard copy and send to CSL

- Complete a reflective log of the learning activity (useful for revalidation purposes)

1. Mid Module Assessment Answers

		True	False
Name:	Das ID:	Date:	

		True	False
	▬▬▬	X	X
2	▬▬▬	X	X
3	▬▬▬	X	X
4	▬▬▬	X	X
5	▬▬▬	X	X
6	▬▬▬	X	X
7	▬▬▬	X	X
8	▬▬▬	X	X
9	▬▬▬	X	X
10	▬▬▬	X	X

2. Part 2 – Case examples

Case Example 1

What information is missing, that would enable you to advise on which descriptor applies in Activity 8?

Suggestions include (this list is not exhaustive):

XXXXX

Case Example 2

XXXXX

Case Example 3

XXXXX

Case Example 4

██████

Case Example 5

█████

██ ██ ██ ██	██ ██ ██	██ ██
██	██	██
██	██	██
██	██	██
██	██	██

XXXXX

Case Example 6

█████

Case Example 7

█████

Case Example 8

█████

Case Example 9

█████

Case Example 10

█████

3.   Part 3

Case Example 1

████████

Expected descriptor choices

███████

Case example 2

███████

This is to certify that

_____

Has successfully completed

CFS/ME module (Hrs)

Date _____

Signed _____

on behalf of T&D