

Preparing for your procedure



Information for Cardiology Patients undergoing LHC/PCI
Cardiology Pre-Assessment Clinic

Your General Health.

Call us immediately if you are unwell or have the following symptoms in the week before your procedure:

- Sore throat or cold
- Chest infection
- Fever with a temperature above 37.5
- Diarrhoea and vomiting
- Any sores or cuts near the affected procedure site.

Waiting list co-ordinators: 0114 2269119

If you need to see a doctor or other health professional you must tell them you are awaiting a planned procedure. If possible, take this information sheet with you.

Admission Instructions:

Please bring all your medication in its normal packaging

We have identified your procedure will be through :-

The radial artery in your wrist ☐

The femoral artery in your groin ☐

Radial Approach

We have created dedicated radial areas where you can remain in your own clothes as this does not affect the radial artery puncture site. There may be men and women in these areas

Please wear:

A T-shirt / strappy top, so we have clear access to both arms.

No metal buttons/clasps on upper garments.

No bra

Jogging bottoms / shorts / equivalent

You need to be aware that clothing may get damaged (e.g. blood), or may need to be cut off in very rare emergency scenarios. Therefore older clothing is recommended

Emotional Approach

You will be allocated a trolley or a bed and provided with a hospital gown
Please bring dressing gown and slippers or similar if available

If your procedure is a planned day case; you need to have a responsible adult present overnight, when you go home.

Please note this may change and will depend on how you recover from your procedure.

Specific instructions about your medicines:

Please continue to take your usual medications as prescribed. The only exceptions to this are:

Further Information:

We have a wide range of leaflets available to download on our website:

www.sth.nhs.uk/patients/patient-information/find-a-leaflet/search-for-a-leaflet

Title	Pil No.
Reducing your risk of infection	2399
Antiseptic washes for the treatment of MRSA	1764
Preventing blood clots	1502
Caring for your puncture site following cardiac catheters (Femoral) through the leg.	2126
Caring for your puncture site following cardiac catheters (Radial) through the arm	2117
Patients who have had coronary angioplasty with stent	2125

Useful websites: British Heart Foundation: www.bhf.org.uk

Alternative formats may be available on request. Email: alternativeformats@sth.nhs.uk