

## **COLPOSCOPY**

### **ADVICE AFTER TREATMENT**

**This is a reminder of the information you have already been given.**

For the next 3 - 4 weeks you can expect some slight bleeding and a messy vaginal discharge, this may be very watery or very dark. **Do not be alarmed as this is to be expected.**

During these 3 - 4 weeks it is important that you refrain from sexual intercourse and the use of tampons. This is to avoid delaying the healing process.

If, after 7 - 10 days the discharge becomes offensive, you have bright red bleeding, cramping or a temperature, go along to your own doctor for a prescription as this is usually due to an infection.

If any bleeding persists or becomes heavier, please contact your G.P bearing in mind that the first period following treatment can be heavier than normal. For a few months to follow, some ladies experience a brownish discharge prior to their periods starting.

You may bath as normal; however, it is advisable to avoid swimming for the duration of your discharge.

Depending on the result you will be seen either by your GP or in the Lancaster Suite six months after your treatment. This is to check that everything is satisfactory and to have a smear taken.

All patients attending for a smear need to have at least 5 period free days at the time of their appointment. The ideal time is mid cycle (day 12-14 ). Day one being the first day of bleed.

### **IT IS IMPORTANT THAT YOU KEEP THIS APPOINTMENT**

Please do not hesitate to contact the clinic if you are worried or have any queries you did not ask at the time of your visit.

**Telephone: 01752 763682**