

Our Ref:

Your Ref:

Dorset County Hospital

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Dorchester

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POSTMENOPAUSAL BLEEDING CLINIC

- This is a **one stop clinic**; you will need to allow at least a **morning/afternoon** free for your visit.
- Please bring a panty liner/sanitary towel with you to your appointment.

What will happen at the clinic?

You will have some tests to try to find out the cause of your bleeding. During the appointment you will have a transvaginal (internal) ultrasound scan and an internal examination. Please remember you **DO NOT** need a full bladder for the scan. You may also require a hysteroscopy after your scan.

What is a hysteroscopy?

A hysteroscopy is a test that allows your doctor to look inside your womb using a narrow tube-like telescope called a hysteroscope. A speculum will be used gently to open your vagina allowing us to see the cervix (the same as having a smear test). The hysteroscope is very slim (about three millimeters in diameter), it is carefully passed through the vagina and cervix and into your womb. A camera lens at the end of the hysteroscope sends pictures from the inside of your womb to a television monitor for the doctor to see.

The whole procedure is done without an anaesthetic and should not take longer than ten minutes. The most you should feel is discomfort, like period pains. If it becomes uncomfortable for you, we will then stop.

What happens after?

Following your examination, we advise you to sit down and relax. After a short while you will feel well enough to go home. **We recommend you bring someone with you to your appointment.**

How do I get my results?

We will discuss all our findings before you leave the clinic.

Can I speak to anyone before the appointment?

If you would like to chat to a nurse before your appointment please contact:

Gemma Harris, Junior Sister

on: 01305-255292