

## Information Governance

Medical Directorate  
NHS Grampian  
Rosehill House  
Foresterhill Site  
Cornhill Road  
Aberdeen  
AB25 2ZG



BY EMAIL  
Elizabeth Thomson  
[request-491807-  
180b5a71@whatdotheyknow.com](mailto:request-491807-180b5a71@whatdotheyknow.com)

Date 17 August 2018  
Our Ref FOI/2018/507  
Enquiries to Information Governance Team  
Extension 51319  
Direct Line 01224 551319  
Email [nhsq.foi@nhs.net](mailto:nhsq.foi@nhs.net)

Dear Ms Thomson

### **Freedom of Information (Scotland) Act 2002**

I refer to your e-mail 29 July 2018, requesting:

*"I would like to submit a separate request for information regarding the numbers you have provided regarding the number of instances of use of restraint in each facility and each year. I would like to request that this information is further broken down by age, gender, and race of patients restrained in each facility and each year.*

*for the purposes of confidentiality - i do not require the exact age of each patient. I would be happy to receive this information broken down into categories. For example; under 18 years; 18-30; 30-60; 60 and over."*

I can now respond as follows:

**I would like to submit a separate request for information regarding the numbers you have provided regarding the number of instances of use of restraint in each facility and each year. I would like to request that this information is further broken down by age, gender, and race of patients restrained in each facility and each year. AND,**

**For the purposes of confidentiality - I do not require the exact age of each patient. I would be happy to receive this information broken down into categories. For example; under 18 years; 18-30; 30-60; 60 and over.**

In relation to all of the above please be advised that NHS Grampian does not hold information on age and gender regarding instances of use of restraint centrally. The only way to collect it would be to go through each individual incident report; s.12 of the Act refers – Excessive cost of compliance.

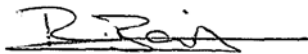
Please further be advised that NHS Grampian does not record the race of patients who have been restrained; s.17 of the Act refers – Information not held.

Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Grampian has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commissioner.

A request for review must be made within 40 working days and should, in the first instance, be in writing to: Directorate of Corporate Communications, Foresterhill House, Foresterhill, Aberdeen, AB25 2ZB or by email to [grampian@nhs.net](mailto:grampian@nhs.net)

Requests for appeal can be made by using the Scottish Information Commissioner's online service at [www.itspublicknowledge.info/Appeal](http://www.itspublicknowledge.info/Appeal) or should be made in writing to: Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS Telephone: 01334 464610, Fax: 01334 464611.

Yours sincerely

A handwritten signature in black ink, appearing to read 'R. Bains', with a horizontal line drawn underneath it.

**Roohi Bains**  
**Acting Information Governance Manager**  
**NHS Grampian**