

A-Z guide to services

Humber NHS Foundation Trust

A-Z of Services

We are proud to provide a broad range of mental health, learning disability, children's, community and addictions services to the people of Hull and the East Riding of Yorkshire, a population of almost 600,000. We also offer specialist award-winning forensic and offender health services to patients from the wider Yorkshire and Humber area and further afield.

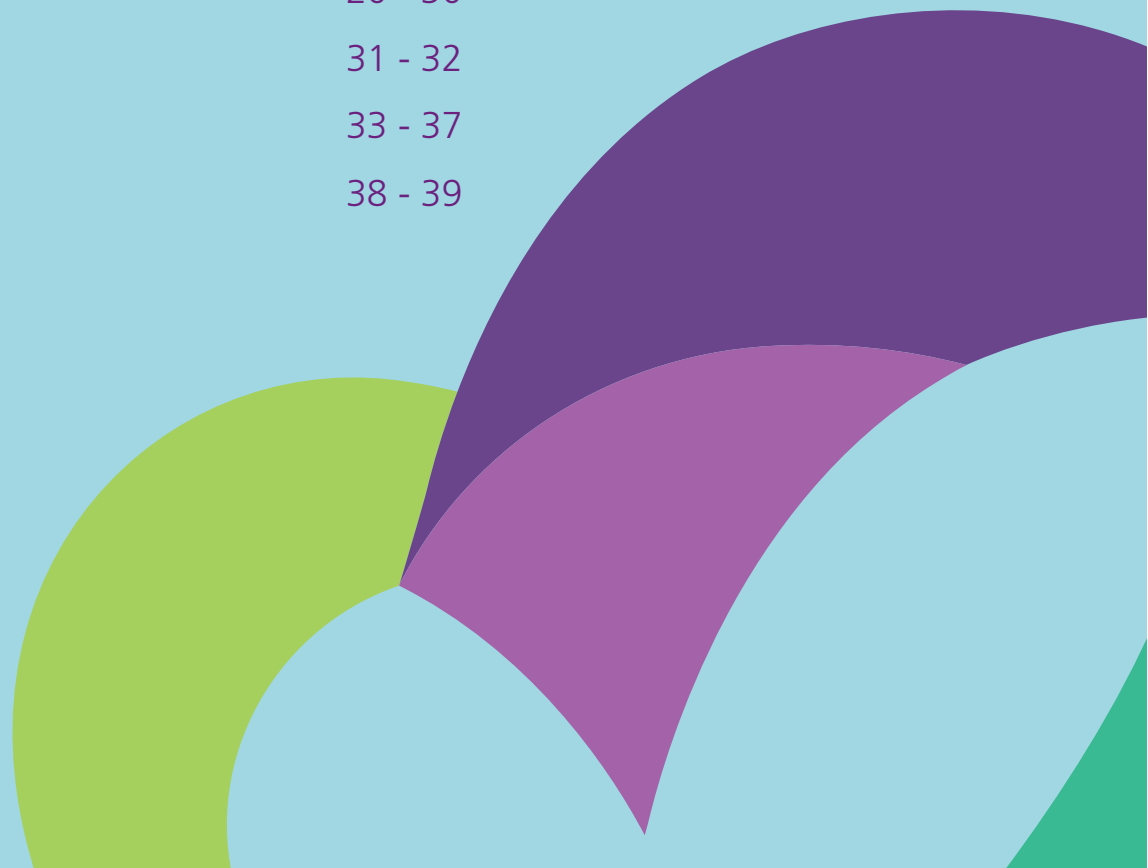
Welcome to an advance printing of what will be the definitive guide to our services for colleagues in primary care. We aim to fully publish this A-Z in early summer once details of the new Single Point of Contact for our Neighbourhood Care Teams and the new CAMHS Contact Point are available as these are major developments in our services.

Obviously this will always be a "work in progress" and we will update this guide quarterly via PDFs.

We hope this will become an essential volume for GPs, Practice Managers and other practice staff in Hull and the East Riding of Yorkshire.

A-Z of services

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Children's Services **A-Z**



Child and Adolescent Mental Health (CAMHS)

Service	Description	Referral Details/Contact	Service provided in
Contact Point	<p>Contact Point provides a single point of access, staffed by clinicians, that has been designed to improve the ease of access and availability of CAMHS for children, young people and their families.</p> <p>There are separate numbers for Hull and the East Riding and Contact Point is available in both areas from 8am until 6pm, Monday to Friday.</p> <p>Referrals from professionals working in health, social care, voluntary agencies or education as well as self-referrals direct from families and carers. Young people aged 16 and over will also be able to refer themselves.</p>	<p>Referrals</p> <p>Hull: 01482 303688</p> <p>East Riding of Yorkshire: 01482 303810</p>	Hull and East Riding of Yorkshire
Core CAMHS	<p>Core CAMHS is a specialist assessment and treatment service to children and young people up to 18 years of age who are experiencing significant emotional or mental health difficulties.</p> <p>CAMHS has clinical care pathways in place to help with problems including depression and mood, eating difficulties, self-harming, ADHD, severe behaviour problems and psychosis.</p> <p>A comprehensive range of services and interventions are available in a variety of community settings across Hull and the East Riding. A Key worker is allocated to remain with each family throughout their time with CAMHS.</p>	<p>Referrals via Contact Point</p> <p>Hull: 01482 303688</p> <p>East Riding of Yorkshire: 01482 303810</p>	Hull and East Riding of Yorkshire

Service	Description	Referral Details/Contact	Service provided in
Intensive Intervention Team	<p>When a young person and their family needs more high intensity or more frequent treatment and support, their key worker calls on the Intensive Intervention Team. The team enhances the clinical care already being delivered. If needed, this can be up to seven days a week.</p> <p>Community interventions in a range of settings across Hull and the East Riding form part of the overall plan of care ensuring continuity of support for the child, young person and family.</p> <p>When young people are admitted to hospital beds out of our area, the team works closely with the family and key workers from other agencies to return them to local care as quickly as is safely possible with an intensive package of care within their own community</p>	<p>Referrals via Contact Point Hull: 01482 303688 East Riding of Yorkshire: 01482 303810</p>	Hull and East Riding of Yorkshire
CAMHS Looked after Children Team	<p>Working with children and young people who are cared for in Foster placements or children's homes in the East Riding of Yorkshire, responsible for promoting the Health and well-being of looked after children.</p> <p>Consultations are the first step on an established referral Pathway for social workers who wish to refer children for assessment. Depending on the result of assessment, this small team can offer specific interventions. There is also the option to refer children on to the multi-disciplinary community CAMHS teams if needed.</p>	<p>CAMHS LAC Team Children, Family and Young People's Centre, Coltman Avenue Beverley East Riding of Yorkshire</p> <p>Contact: 01482 396080 ext 255</p>	East Riding of Yorkshire

Service	Description	Referral Details/Contact	Service provided in
Infant feeding	<p>Infant Feeding advice and support is offered to families by all Health Visitors and Nursery Nurses. This includes Breast Feeding, Formula Feeding and moving on to a mixed family diet. Humber NHS Foundation Trust is currently working towards achieving Stage 2 UNICEF Baby Friendly status. This involves working to a consistently high level of knowledge and skills within the workforce and ensuring feeding choices are supported.</p> <p>The Health Visiting teams work in partnership with the Midwifery service and the Local Authority Children Centres to provide help and support from the Antenatal period and following birth.</p>	Infant feeding advice and support is accessed through the Health Visiting teams	East Riding of Yorkshire
Family Nurse Partnership	<p>A home visiting programme for first time young mums and dads, aged 19 or younger who live in Goole or Bridlington. A specially trained family nurse will visit regularly from early in pregnancy until the child is two. Evidence has shown the service can improve health, social and educational outcomes in the short, medium and long term.</p> <p>The programme aims to enable young mums to:</p> <ul style="list-style-type: none"> • Have a healthy pregnancy • Improve their child's health and development • Plan their own futures and achieve their aspirations 	<p>Goole: 01405 752900 ext 246</p> <p>Bridlington: 01262 400565</p>	Goole and Bridlington

Service	Description	Referral Details/Contact	Service provided in
Health Visiting	<p>A universal service provided to all children living in the East Riding. Specialist community public health nurses lead and deliver on the Healthy Child Programme (HCP) and offer services covering pregnancy and the first five years of life.</p> <p>Health visitors provide a proactive service to assess the health needs of their resident/GP population. The remit of the service is wide and encompasses assessment, intervention, support and referral for both individual and population based health needs.</p> <p>Health visitors are qualified Nurses who have undergone post registration study to degree level. The Health Visiting workforce has a diverse skills and knowledge base and works holistically to provide services as required to individuals and the population.</p> <p>The service offer includes: infant feeding, behavioural support, sleep management, toilet training, feeding and weaning, attachment and bonding, emotional health support</p>	<p>Health Visitors can be contacted through the bases they work from:</p> <p>North locality</p> <p>Bridlington Medical Centre 01262 400565 Drifffield Team 01377 208751 Pocklington and West Wolds 01759 448320</p> <p>East Team</p> <p>Beverley Health Centre 01482 677618 Hornsea Cottage Hospital 01964 533146 Hedon Rosedale Community Unit 01482 344452 Withernsea Hospital 01964 614666</p> <p>West locality</p> <p>Brough and South Cave 01482 335010 Cottingham 01482 335106 Gilberdyke 01430441473 Goole 01405 752931 Hessle 01482 335154 Howden 01430 431870 Snaith 01405863194</p> <p>Health Visiting is a non-emergency service, working predominately 9-5 hours. For out of hours concerns, please call 111, your GP out of hours service or A & E if it is a genuine medical emergency.</p>	East Riding of Yorkshire
Children's Community Learning Disability Team	A specialist child and adolescent mental health team of learning disability nurses, clinical psychologist and arts therapists. The service provides assessment, intervention and advice on an individual basis.	<p>Referred by GP, school nurse or social worker. Please contact by telephone for a referral pack to:</p> <p>01482 886566 (Hull) 01482 396691 (East Riding)</p>	Hull and the East Riding of Yorkshire

Service	Description	Referral Details/Contact	Service provided in
Looked After Children's Health Team	Consists of a designated nurse and two health coordinators who coordinate the health care of children in the Looked After system in the East Riding of Yorkshire. The team works closely with health visitors, school nurses and social and primary care.	Based at Beverley Health Centre. For health professionals needing to discuss the health needs of a Looked After child please contact 01482 347320	East Riding of Yorkshire
Children's Occupational Therapy Service	Occupational Therapy aims to help children aged 0-19 years achieve independence in all areas of their lives. Occupational Therapists assess the impact disability and the environment has on a child's performance in everyday activities e.g. toileting, bathing, feeding, dressing, school activities and play. Assessment, advice and treatment (if required) is provided to children with a variety of physical and learning disabilities.	For information call: 01482 478898	Hull and the East Riding of Yorkshire
Children's Physiotherapy Service	Children's Physiotherapy aims to improve the quality of life of children and young people aged 0-19 by promoting independence and encouraging physical fitness and well-being. The service provides assessment to look at the following; strength, co-ordination, motor development, posture and balance, quality of movement and function. The service provides advice to parents, carers and other relevant professionals and provides physical management programmes for home, nursery and schools.	For information call: 01482 886546	Hull and the East Riding of Yorkshire
Children's Speech and Language Therapy Service	Children's Speech and Language Therapy provides assessment, intervention and advice for children who have speech, language and communication needs in Hull and the East Riding. The service is also involved with children who have eating and drinking difficulties. The Speech and Language Therapy team provides advice to parents, carers and other relevant professionals to enable them to support the child's speech, language and communication within the home, nursery and school environment.	For information call: 01482 617758	Hull and the East Riding of Yorkshire

Service	Description	Referral Details/Contact	Service provided in
School Nursing and Special School Nursing	<p>This is a universal service available to all children of statutory school age. It delivers a year round public health provision through a multi skilled team led by School Nurse Specialist Practitioners. Each school in the East Riding of Yorkshire has a named School Nurse, available and based in each locality, however it is not a school based service.</p> <p>The School Nursing Team assess, protect and promote the health and wellbeing of all children. It offers support to individuals and groups of young people, parents and carers in a variety of settings working to help each child fulfil their potential. It delivers several national programmes including immunisations in schools, the national child measurement programme, and the healthy child programme (HCP).</p> <p>The Special Schools Nursing Team delivers the same public health focused care to children and young people in special schools</p>	<p>North Holderness (Beverley High, Beverley Grammar, Longcroft & Hornsea) Beverley Health Centre. Tel: 01482 347918</p> <p>Bridlington Locality (includes Bridlington, Driffeld & Headlands) Bridlington Medical Centre. Tel: 01262 400565</p> <p>West Wolds Locality (Market Weighton, Pocklington Private & Woldgate) Pocklington Health Centre. Tel: 01759 448320</p> <p>Goole and Howdenshire (Goole, Howden & Snaith) Goole Medical Centre. Tel: 01405 752936</p> <p>Haltemprice Locality (Cottingham, Hessle, Hull Collegiate, South Hunsley & Wolfreton) Brough Primary Care Centre . Tel: 01482 335008 Hessle Grange. Tel: 01482 335175</p> <p>Special Schools Nursing Team (Special Schools, Kingsmill, Riverside & St Annes) Brough Primary Care Centre. Tel: 01482 336807</p> <p>South Holderness Locality (Withernsea & South Holderness) Rosedale Community Unit. Tel: 01482 344443</p>	East Riding of Yorkshire

Community Services **A-Z**



Service	Description	Referral Details/Contact	Service provided in
Bladder And Bowel Specialist Team	Specialist service treating adults 18 and over who have complex bladder and bowel health needs in Hull and the East Riding of Yorkshire.	<p>GP Referrals by letter to: Bladder and Bowel Health The Health Centre, Manor Road Beverley, HU17 7BZ Fax: 01482 336962</p> <p>Or by self-referral via: 01482 336951 (Mon-Fri, 9am to 4pm with out-of-hours answering machine)</p>	Hull and the East Riding of Yorkshire
Cardiac Services	<p>The Community Specialist Nursing Service assesses monitors and manages patients who often have complex symptoms of cardiac failure. The aim is to support the patient and family by following a programme of education and research driven optimisation of drugs to improve cardiac symptoms and the patients' quality of life thereby reducing the risk of hospital admission.</p> <p>The Cardiac Rehabilitation Service provides a structured programme of health promotion which includes physical exercise and health education. Hopefully resulting in the optimisation and improvement in the physical function and quality of life in patients with cardiac disease and recent coronary artery bypass surgery.</p>	<p>GP referrals via your local neighbourhood care team or for info: Tel: 01482 335799</p>	East Riding of Yorkshire

Service	Description	Referral Details/Contact	Service provided in
Community Hospitals	<p>The Trust operates a wide range of services from the Community Hospitals in the East Riding of Yorkshire</p> <p>There are community wards at East Riding Community Hospital and Withernsea Community Hospital with diagnostic and rehabilitation services and care for those with long-term conditions.</p> <p>Other services include (not all provided by Humber NHS Foundation Trust): Minor Injuries Units, Outpatients Clinics, Therapies and our Integrated Falls Service.</p>	<p>Admission criteria to our community wards can be found by visiting: www.humber.nhs.uk/Downloads/ServicesUntilApril2014.pdf</p> <p>Contact numbers:</p> <p>East Riding Community Hospital Swinemoor Lane Beverley East Riding of Yorkshire HU17 0FA Tel: 01482 886600</p> <p>Withernsea Community Hospital Queens Street Withernsea HU19 2QB Tel: 01964 614666</p> <p>Hornsea Cottage Hospital Hornsea HU18 1LP Tel: 01964 533146</p> <p>Alfred Bean Hospital Bridlington Road Driffeld YO25 5JR Tel: 01377 208700</p>	Hull and the East Riding of Yorkshire

Service	Description	Referral Details/Contact	Service provided in
Community Diabetes Service (East Riding)	<p>Provides specialist education and advice to improve the quality of life and treatment for adults over 18 years diagnosed with Type 1 and Type 2 diabetes who are registered with a GP in Bridlington, Driffeld, Hornsea, and Beeford</p> <p>Education programmes for Type 1 (DAFNE) and Type 2 (Living with Diabetes) are run over the whole of the East Riding.</p>	<p>Bridlington 01262 423154</p> <p>Beverley 01482 675391</p> <p>Driffeld 01377 208732</p>	East Riding of Yorkshire
Falls Clinic (East Riding)	Provides a risk assessment service for individuals and offers individual multi-factorial interventions for individuals who require level 3 assessment and rehabilitation.	GP referrals via your local neighbourhood care team or for info: Tel: 01482 861802	East Riding of Yorkshire
City of Hull Falls Service	A team of nurses, physiotherapists, occupational therapists and generic rehabilitation assistants who provide a falls and fracture prevention service to clients registered with a Hull GP.	Tel: 01482 336553	Hull

Service	Description	Referral Details/Contact	Service provided in
Neighbourhood Care Services	<p>Neighbourhood Care Services (NCS) are Older People's Mental Health services integrated with Neighbourhood Care teams. There are seven NCS teams across the East Riding area; Beverley, Bridlington, Driffield, Goole, Haltemprice, Holderness and West Wolds. All teams have been realigned to ensure coterminous boundaries with social care and locality commissioning groups. Each NCS team provides seamless integrated care to patients with mental health and physical health needs, working closely with specialist healthcare services to ensure that all patients' needs are met.</p> <p>NCS health care professionals provide health care services for patients within the community. Patients may be asked to attend an appointment at a site close to their home, but where clinically indicated this may be received 'through the door' for patients who are either housebound or living in care homes/nursing homes or who are receiving a reablement package of care. Care may include; long term condition management, older people's mental health (including dementia and functional mental health problems) and wound care.</p>	<p>In the near future a single point of access will be created to refer into your local NCS.</p> <p>In the meantime:</p> <p>Beverley 01482 861802</p> <p>Bridlington 01262 423114</p> <p>Driffield 01377 208756</p> <p>Goole, Howdenshire 01405 754755</p> <p>West Wolds 01759 448322</p> <p>Haltemprice 01482 335166</p> <p>North Holderness 01964 535223</p> <p>South Holderness 01964 613425</p>	East Riding of Yorkshire
Macmillan Clinical Nurse Specialist Team	Supporting people with complex palliative care needs in the East Riding of Yorkshire. Integral support within Neighbourhood Care Services.	01377 208758	East Riding of Yorkshire

Service	Description	Referral Details/Contact	Service provided in
Humber Community Pain Service	Community clinics in Hull and the East Riding (including Beverley, Bridlington, Hull, Bransholme and Hessle) for people over 18 experiencing longstanding or persistent pain problems. The service adopts a bio-psychosocial approach and includes physiotherapy, occupational therapy and psychology input to encourage self-management of pain once medical investigations have been completed.	GP Referrals on: 01482 478886 or 0800 7314483 In Hull referrals can also be made by HullPhysio.	Hull and the East Riding of Yorkshire
Pulmonary Rehabilitation	Individual exercise and education programme for patients in East Riding of Yorkshire diagnosed with Chronic Obstructive Pulmonary Disease (COPD).	Pulmonary Rehabilitation referral forms should be sent to: Pulmonary Rehabilitation Programme Community Respiratory Team Beverley Health Centre Manor Road Beverley, HU17 7BZ Tel: 01482 347929 Fax: 01482 347930	East Riding of Yorkshire
Community Respiratory Team	Consists of specialist respiratory nurses and a range of therapists including physiotherapists, occupational therapists and dieticians. They provide assessment and monitoring for patients with COPD and other respiratory conditions. The team also provides support with the management of home oxygen therapy.	Referral forms should be sent to: Community Respiratory Team Office Beverley Health centre Manor Road Beverley, HU17 7BZ Tel: 01482 347942 Fax: 01482 347930	East Riding of Yorkshire
Stroke Service (East Riding)	Support for people over the age of 18 and their families or carers through an acute episode of care (in hospital) into an appropriate discharge setting, which could be one of the following: <ul style="list-style-type: none"> • Patient's own home • Community hospitals, then home (East Riding) including Bridlington and Goole • 24 hr Care (Nursing or Residential homes) 	For information Tel: 01377 208718	East Riding of Yorkshire

Service	Description	Referral Details/Contact	Service provided in
Stroke Service - Hull	<p>The Hull Integrated Community Stroke Service works with people who have had a stroke, are over the age of 18 and registered with a Hull GP. The team works closely with relatives and carers.</p> <p>Therapy is provided in a number of settings:</p> <ul style="list-style-type: none"> • The patient's own home • Commissioned stroke beds in Rossmore and St Mary's Nursing Homes. • Nursing and residential homes that are the patients usual place of residence. <p>Rehabilitation input can be offered from one or more of the following specialities - occupational therapy, physiotherapy, speech and language therapy, clinical psychology and nursing. A new element to the service is Early Supported Discharge which enables patients to be discharged from the acute ward as soon as they are medically stable, with a full package of multidisciplinary therapy and care support.</p>	<p>For information Tel: 01482 303669</p>	Hull
Tissue Viability Specialist Service (TSVN)	Provides support to patients with a wound who are on the district nurse, clinic or community ward caseload and who, according to their care plan, need specialist care to aid recovery.	<p>GP referrals via your local neighbourhood care team or for info: Tel: 01482 335160</p>	East Riding of Yorkshire
Community Health Champions (East Riding)	A voluntary service that promotes empowers and motivates people within their communities to get involved in healthy social activities.	Tel: 0800 9177752	East Riding of Yorkshire
Health Trainers (East Riding)	<p>Provides personal support and motivation to adults within the East Riding of Yorkshire who want to lead a healthier lifestyle.</p> <p>People who are registered with a GP within the East Riding of Yorkshire and are aged between 40 and 74 and haven't already been diagnosed with heart disease, stroke, diabetes or kidney disease, can get a free health check at a venue in Bridlington, Withernsea, Goole or Beverley.</p>	Tel: 0800 917 7752	East Riding of Yorkshire

Learning Disability A-Z



Service	Description	Referral Details/Contact	Service provided in
Learning Disability (Community services)	Providing multi-disciplinary/interagency support and interventions to people who have a learning disability living in their own community. Provides a 365 day service.	CTLD Hull (West): 01482 336740 CTLD Hull (East): 01482 303733 CTLD East Riding: 01377 208800	Hull and the East Riding of Yorkshire
Learning disability inpatient services	<p>Townend Court provides short term admissions for assessment and treatment services for inpatients with 365 day access.</p> <p>Granville Court is a community-based nursing home in Hornsea jointly run by Humber NHS Foundation Trust and East Riding of Yorkshire Council providing long term care to individuals over the age of 18 who have profound and multiple disabilities who require nursing intervention.</p>	<p>Townend Court 01482 336740</p> <p>Granville Court 01964 532160</p>	Hull and the East Riding of Yorkshire

Mental Health **A-Z**



Outpatients

Service	Description	Contact	Service provided in
Admiral Nurses	<p>Provides support to carers of people with dementia in Hull. We offer a preventative service to avoid a care crisis, help keep people out of hospital or long-term care and stop carer breakdown.</p> <p>Referrals come directly from carers themselves and from professional, voluntary and statutory organisations.</p> <p>Our Admiral Nurse team helps people who can't access other support, so when someone rings they'll triage them to see if the service is right for them or if they need signposting to other organisations.</p>	Tel: 01482 336912	Hull
Crisis Resolution and Home Treatment Team (East Riding)	<p>Provides crisis assessment and intensive home treatment to working age adults experiencing acute mental health crisis. This is offered in their own home or other suitable alternative.</p> <p>7 day service, 8am – 8pm. Service provided by Hull CRHT 8pm – 8am.</p>	<p>East Riding - Referrals are made via Single Point of Access (SPA) on 01482 617560 (Monday to Friday, 8am to 6pm)</p> <p>Referrals outside SPA hours will be diverted automatically to CRHT.</p>	East Riding of Yorkshire
Crisis Resolution and Home Treatment Team (Hull)	<p>Provides crisis assessment and intensive home treatment to working age adults experiencing acute mental health crisis. This is offered in their own home or other suitable alternative. 7 day, 24hr service.</p>	<p>Referrals are made via Single Point of Access (SPA) on 01482 617560 (Monday to Friday 8am to 6pm)</p> <p>Referrals outside SPA hours will be diverted automatically to CRHT.</p>	Hull
Chronic Fatigue Service	<p>Offers specialist one to one assessment, diagnosis, formulation and treatment intervention for people over 16 years of age with suspected Chronic fatigue Syndrome.</p>	<p>Referral by GP only. For referral information please visit http://www.humber.nhs.uk/services/chronic-fatigue.htm or for more information please call 01482 617735.</p>	Hull and then East Riding of Yorkshire

Service	Description	Contact	Service provided in
Dementia (Memory Assessment Service)	Offers early memory assessment and treatment service through the Hull Memory Clinic and community services in the East Riding.	Referrals are made via Single Point of Access (SPA) on 01482 617560 (Monday to Friday 8am to 6pm) Hull Memory Clinic 39-41 Coltman Street Hull, HU3 2SG hullmemoryclinic@humber.nhs.uk	Hull and the East Riding of Yorkshire
Diversion From Custody team	Supports people with a mental health problem involved with the criminal justice system. We also offer support for people who have previously been cared for in a secure setting and are subject to various Mental Health Act restrictions in the community.	For information please call: Tel: 01482 617512	Hull and the East Riding of Yorkshire
Hospital Mental Health Team	Offers a liaison service to people presenting at Hull Royal Infirmary or Castle Hill Hospital with self-harm behaviour, acute mental illness or emotional distress. We also offer support to minor injuries units. This also consists of an older people's liaison service which offers assessments to patients aged over 65 at Hull Royal Infirmary or Castle Hill Hospital who present with acute mental illness, self-harm, dementia, delirium and depression. Additionally, we also offer an assessment to anyone aged between 18 and 64 who is admitted to the acute trust for medical reasons and where there may be concerns about their mental health impacting on this or where there may be medically unexplained symptoms. This service is only offered to patients who are not already accessing community mental health services.	Referrals to this service come from HEYH but enquires should be directed to: Tel: 01482 226226 Email: self-harm@humber.nhs.uk	Hull and the East Riding of Yorkshire

Service	Description	Contact	Service provided in
Huntington's Disease team	Provides assessment and management of problems associated with Huntington's disease to patients and families/carers as well as ongoing support and liaison with other services. Provides assessment/management/informative/supportive. Also for pre-manifest individuals and to those undergoing genetic counselling.	Referrals to: Huntington's Team Department of Psychological Medicine, 220-236 Anlaby Road, Hull, HU3 2RW Tel: 01482 226226 (enquiries) Fax: 01482 675389	Hull and the East Riding of Yorkshire
Locality treatment teams (East Riding of Yorkshire) for adults with severe and complex mental health problems.	This is a locality-based treatment service working in the East Riding of Yorkshire Council area with people who have severe mental health problems such as psychosis, chronic depression, anxiety, personality disorder and other non-psychotic illnesses. The service is provided in partnership with the East Riding of Yorkshire local authority social care service across the East Riding and teams are based in Beverley, Bridlington, Driffeld, Goole, Pocklington and Holderness area.	Access via referral to Single Point of Access: Tel: 01482 617560	East Riding of Yorkshire
Older People's Community Mental Health (Hull)	Provides assessment, treatment and therapeutic interventions for clients over 65 years old who have a mental health problem of a functional (such as depression or anxiety) or organic nature (such as dementia). Clients are seen in their own homes, residential or other care settings by community mental health nurses and support workers.	West Hull, North Hull and Central via Single Point of Access on 01482 617560. East Hull and Bransholme via Single Point of Access on 01482 617560.	Hull
Older People's Community Mental Health (East Riding)	Jointly located and managed by the Neighbourhood Care Teams as part of the Neighbourhood Care Service. We provide assessment, treatment and therapeutic interventions for clients over 65 years old who have a mental health problem of a functional (such as depression or anxiety) or organic nature (such as dementia). Clients are seen in their own homes, residential or other care settings by community mental health nurses and support workers.	Beverley: 01482 478830 Bridlington & Driffeld: 01262 458220 Goole & Pocklington: 01405 608288 Haltemprice and North Bank Villages: 01482 344545 Holderness via SPA: 01482 617560	East Riding of Yorkshire

Service	Description	Contact	Service provided in
Recovery/Psychological Intervention Team (Hull)	The Recovery Psychological Intervention Team (RPIT) is a community-based service working with people who have mental health problems such as severe or chronic depression, anxiety, personality disorder and other non-psychotic illnesses. This is a partnership service with Hull City Council local authority social care services.	Access via referral to Single Point of Access: 01482 617560.	Hull
Older People's Intensive Home Care Team (Hull) Older People's Intensive Home Care Team (East Riding)	Provides intensive home treatment as an alternative to inpatient admission when someone has an acute/increased mental health need. Both teams provide 7 day service, 8am – 9pm Service provided by Hull CRHT, 9pm – 8am.	Hull and East Riding - Referrals are made via Single Point of Access (SPA) on 01482 617560 (Monday to Friday 8am to 6pm). Referrals outside SPA hours will be diverted automatically to CRHT who will direct referrer to the appropriate Older People IHCT (during operational hours).	Hull and the East Riding of Yorkshire
Perinatal Mental Health	The Hull and East Yorkshire Perinatal Mental Health Liaison Team is a multidisciplinary service which aims to help the women of Hull and East Yorkshire who experience mental health problems in the antenatal, labour and postnatal periods. Aims include: Early identification of mental health issues and treatment using NICE recommendations, encouraging early referrals to mental health services when required, to provide specialist assessments, to develop individualised care plans for the management of mental health in the antenatal, labour and postnatal periods, to improve public health by endeavouring to reduce mental health morbidity in mothers, to improve interagency working and communication.	Referrals from Primary Care all go to Single Point of Access (SPA) where a triage process is undertaken on 01482 617560. Referrals from Secondary care are to be referred directly to the Perinatal Mental Health Liaison Team. Tel: 01482 617735. Referrals from the Maternity Wards (antenatal/postnatal/labour wards) are to be referred to Single point of Contact (SPOC) on 01482 226226.	Hull and the East Riding of Yorkshire
Recovery & Support Teams (RST) Hull	Community-based services for people who are experiencing psychosis. These services incorporate assertive outreach ways of working. The teams are Partnership Services between Humber Foundation Trust and Hull City Council social care services. A Trust wide Early intervention service (Psypher) is also available.	Single Point of Access: 01482 617560	Hull

Service	Description	Contact	Service provided in
Specialist Psychotherapy Service	Treats adults of working age with severe, complex and long-term psychological disorders. They provide psychoanalytic-based psychotherapy, including assessment, brief and longer term therapy, to individuals, couples and groups.	Single Point of Access: 01482 617560.	Hull and the East Riding of Yorkshire
Traumatic Stress Service	Offers specialist one-to-one assessment, formulation, understanding of difficulties and therapeutic intervention for people who have experienced psychological trauma. We also provide consultation and training to professionals.	Single Point of Access: 01482 617560	Hull and the East Riding of Yorkshire
Veterans Outreach Service	Mental health triage and assessment for military veterans registered with GPs across Yorkshire and the Humber. The service is available to anyone who has completed one day's service or more with the British Military, is a Reservist not currently deployed or is a family member of military personnel.	Single Point of Access: 01482 617594	Hull and the East Riding of Yorkshire

Inpatient Units **Adults**

Service	Description	Contact	Service provided in
Psychiatric Intensive Care (PICU)	A fourteen bedded, mixed sex, purpose built Psychiatric Intensive Care service. Psychiatric Intensive Care is offered to service users who are compulsorily detained and require treatment in low secure conditions during an acutely disturbed phase of serious mental disorder. They offer a range of recovery focused therapeutic interventions to return people to their usual environments as soon as possible.		Hull and the East Riding of Yorkshire
Rehabilitation Services: St Andrews and Hawthorne Court	St Andrews is a 13 bedded open unit and Hawthorne Court is an 18 bedded unit. Both offer a comprehensive rehabilitation service for people experiencing severe and enduring mental illness. The aim of the service is to restore people to their optimal physical, cognitive, psychological and social functioning following a breakdown caused by a mental disorder. They also offer a range of recovery focused therapeutic interventions to return people to their usual environments as soon as possible.	St Andrews Place 01482 336501 Hawthorne Court 01482 336837	Hull and the East Riding of Yorkshire

Inpatient Units **Working Age**

Service	Description	Contact	Service provided in
Avondale Assessment Unit	A fourteen bedded residential assessment, treatment and triage service for male and female working age adults. The team work closely with the Crisis Resolution and Home Treatment Service that gate keep admissions. This team also liaise with other residential inpatient services for those needing to stay in hospital longer for identified required treatment.	Unit contact number: 01482 617565	Hull and the East Riding of Yorkshire
Mill View Court	<p>A ten bedded acute inpatient assessment unit for working age adults experiencing mental health problems. Adjoined to the unit are five separate alcohol detoxification rooms which are managed with support from the Trust's addictions services.</p> <p>The unit care for and treat people experiencing acute mental health problems that require a period of assessment within a hospital environment. They use a Recovery Focused Approach that promotes independence and supports timely discharge, promoting independence.</p>	Unit contact number: 01482 344530	Hull and the East Riding of Yorkshire
Newbridge	A twelve bedded unit that offers a safe therapeutic environment for males suffering from any form of mental illness. They offer a range of recovery focused therapeutic interventions to return people to their usual environments as soon as possible.	Unit contact number: 01482 335835	Hull and the East Riding of Yorkshire
Westlands	A sixteen bedded unit that offers a safe therapeutic environment for females suffering from any form of mental illness. They offer a range of recovery focused therapeutic interventions to return people to their usual environments as soon as possible.	Tel: 01482 335647	Hull and the East Riding of Yorkshire

Inpatient Units **Older Adults**

Service	Description	Contact	Service provided in
Maister Lodge	A sixteen bedded unit for older people who are experiencing predominantly organic mental health problems. They provide hospital-based care including formulation of need for those in the most acute and vulnerable stages of mental illness that are unable to be supported at home. They offer a range of recovery focused therapeutic interventions to return people to their usual environments as soon as possible.	Unit contact number: 01482 303775	Hull and the East Riding of Yorkshire
Mill View Lodge	A nine bedded unit for men and women who are experiencing functional mental health problems (such as depression) and those with memory impairment. They offer occupational therapy, psychological interventions and physiotherapy and a range of recovery focused therapeutic interventions to return people to their usual environments as soon as possible.	Unit contact number: 01482 344532	Hull and the East Riding of Yorkshire

Addictions

Service	Description	Contact	Service provided in
Community Alcohol Withdrawal Programme	A model of treatment for those who experience alcohol misuse. There are two elements of treatment: <ul style="list-style-type: none"> • clinic based assisted alcohol withdrawal programme; • Alcohol withdrawal therapeutic programme. 	Hull Community Alcohol Team or the East Riding Community Alcohol Team Tel: 01482 336950	Hull and the East Riding of Yorkshire
Dual Diagnosis Liaison Service	Provides a range of clinical, training and liaison services for people having substance misuse within the mental health services of Humber NHS Foundation Trust.	Hull Community Alcohol Team or the East Riding Community Alcohol Team Tel: 01482 336950	This service is only provided in the following inpatient units: Mill View Court, Newbridges, Westlands and Avondale.
East Riding Community Alcohol Team (CAT)	Provides a full range of services to adults with harmful drinking and alcohol dependence living in the East Riding of Yorkshire.	Hull Community Alcohol Team or the East Riding Community Alcohol Team 01482 336950	East Riding of Yorkshire
East Riding Criminal Justice Prescribing	Embedded within the East Riding specialist drug service the service supports the treatment of drug users subject to monitoring within the East Riding criminal justice system, as part of a stepped plan of recovery. We work with the psychosocial service delivered by Compass Through Care and Aftercare Team.	Hull Community Alcohol Team or the East Riding Community Alcohol Team Tel: 01482 336950	East Riding of Yorkshire
East Riding Partnership (ERP)	A formal partnership between Humber NHS FT and The Alcohol and Drug Service (ADS). We provide a range of substance misuse services to adults across the East Riding of Yorkshire, delivered through the Open Access service, the Shared Care service and the Community Drug and Alcohol teams (CDAT)	Open Access Service: 01482 344690 East Riding Shared Care Team: 01482 344690 CDAT Bridlington: 01262 458200 CDAT Goole: 01405 608210	East Riding of Yorkshire
East Riding Specialist Drug Service	Offers intensive treatment options for patients presenting with complex issues that require highly structured treatment within a community setting	Referrals are received through the East Riding Partnership Tel: 01482 336950	East Riding of Yorkshire

Service	Description	Contact	Service provided in
East Riding Young People's Support Service	Embedded within the local authority Refresh team this specialist substance misuse service provides advice, support, care and treatment for people aged under 19 years.	For information: 01482 331059	East Riding of Yorkshire
Hospital alcohol liaison team	An extension of CAT, the team provides a service to those assessed or admitted under the care of Hull and East Yorkshire NHS Trust. We support the introduction of alcohol screening; brief psychological interventions; assessment and clinical management of unplanned alcohol withdrawal.	Hull Community Alcohol Team or the East Riding Community Alcohol Team Tel: 01482 336950	Hull and the East Riding of Yorkshire
Hull Community Alcohol Team (CAT)	Provides a full range of services to adults with harmful drinking and alcohol dependence living in Hull. Services include Hospital Alcohol Liaison Team and Community Alcohol Withdrawal Programme	Hull Community Alcohol Team or the East Riding Community Alcohol Team Tel: 01482 336950	Hull
Hull Young Adult (18-25) Substance Misuse Service	Provides the transition for patients transferring from Hull Young people's Support Service into the adult treatment system. We help to facilitate their discharge and aid the smooth transition.	Hull Community Alcohol Team or the East Riding Community Alcohol Team Tel: 01482 336950	Hull
Inpatient Alcohol Treatment Unit	Provides planned admissions for those with severe or moderate alcohol dependence and comorbid physical or mental health problems.	Admission by the Hull Community Alcohol Team or the East Riding Community Alcohol Team Tel: 01482 336950	Hull and the East Riding of Yorkshire

Psychiatry within HRI/Castle Hill

Service	Description	Contact	Service provided in
General Liaison	Provides assessment and treatment for patients with co-morbid physical symptoms and mental health/ psychological problems who are patients under the care of Hull and East Yorkshire Hospitals. This includes both inpatients and outpatients.	Referred by acute hospital staff.	Hull and the East Riding of Yorkshire

Psychological

Service	Description	Contact	Service provided in
Psychological Wellbeing Service (IAPT) Hull	Tiered talking therapies including: Primary Care Counselling and High Intensity Cognitive Behavioural Therapy.	Single Point of Access: 01482 617560	Hull
Psychological Wellbeing Service (IAPT) East Riding	Stepped talking therapies including: Psychological Wellbeing Practitioner (PWP), Primary Care Counselling and High Intensity Worker (Cognitive Behavioural Therapy)	Single Point of Access: 01482 617560	East Riding of Yorkshire

Specialist Services A-Z



Service	Description	Contact	Service provided in
Humber Centre for Forensic Psychiatry	<p>Providing medium and low secure care for patients suffering from mental disorders, learning disabilities and personality disorder, offering assessment, treatment and rehabilitation. The Humber Centre consists of the following units:</p> <ul style="list-style-type: none"> • Darley House - low secure unit • Ouse and Derwent - mental illness • Swale - personality disorder • Ullswater House - learning disability • Greentrees - long stay • South West Lodge - low secure community preparation unit 	<p>Information about the Centre:</p> <p>Tel: 01482 336200</p> <p>Tel: 01482 336300</p> <p>Tel: 01482 336218</p>	Hull and the East Riding of Yorkshire
Offender Health	<p>We deliver a wide range of prison based healthcare services across four prisons:</p> <ul style="list-style-type: none"> • HMP Everthorpe - primary care, IDTS and mental health in-reach; • HMP Wakefield - intermediate care inpatient facility; • HMP Wolds - mental health in-reach; • HMP Hull - mental health in-reach. <p>In addition, we deliver court liaison and diversion from custody services into local courts and police stations</p>	<p>Contact details for Offender Health:</p> <p>Tel: 01430 426558</p> <p>Tel: 01924 612102</p> <p>Tel: 01430 428123</p> <p>Tel: 01482 282328</p> <p>Tel: 01482 617512</p> <p>Tel: 01430 426675</p>	Hull and the East Riding of Yorkshire

Therapies A-Z



Service	Description	Contact	Service provided in
Community Rehabilitation Occupational Therapy Service	Assess and provide treatment plans for patients with physical dysfunction enabling them to return to or maintain independence.	Referral by GP For more information: Haltemprice: Tel: 01482 553166 Goole, Howdenshire and West Wolds: Tel: 01724 290496 Bridlington: Tel: 01262 423220	East Riding of Yorkshire
Community Rehabilitation Team (Hull)	A multi-disciplinary rehabilitation team working with individuals, families and carers in Hull. They treat adults over the age of 18 who have a rehabilitation need due to a physical or neurological condition (excluding stroke). Occupational therapists and physiotherapists - Provide graded individual programmes of rehabilitation. Speech and language therapists (SLTs) - Provide assessment, advice and intervention for clients with communication and/or swallowing difficulties	Tel: 01482 303607	Hull
Multi-Disciplinary Rheumatology Service	For patients with foot problems due to Inflammatory/ Rheumatoid Arthritis	Referral from Rheumatology Consultant or Rheumatology Nurse	Hull and the East Riding of Yorkshire

Service	Description	Contact	Service provided in
Nutrition and Dietetics	Nutrition assessment and diet therapy, advice and review for people of all ages with diet-related health problems.	<p>Hull referrals to: Dietetics Victoria House Park St, Hull HU2 8TD Fax: 01482 617751 Tel: 01482 617778 (9am to 12.30pm, Monday to Friday)</p> <p>East Riding referrals to: Beverley Health Centre Manor Road, Beverley HU17 7BZ Fax: 01482 347880 Tel: 01482 347946 (9am to 12:30pm, Monday to Friday)</p>	Hull and the East Riding of Yorkshire
PhysioHull	Consultant led service offering triage, assessment and treatment to people over 13 registered with a Hull GP. The service's multidisciplinary team includes local consultants in orthopaedics, rheumatology, neurosurgery and pain, and therapy staff including physiotherapists, osteopaths and podiatrists.	<p>PhysioHull Direct (Self-referral and advice service) Tel: 01482 300003</p>	Hull

Service	Description	Contact	Service provided in
Musculoskeletal Physiotherapy East Riding	Outpatient-based physiotherapy service to ERY patients across the East Riding with disorders of the neuromuscular system such as back pain, joint and tendon conditions and after secondary care intervention following orthopaedic surgery and fractures. Patients can access the service themselves or by referral from their GP, Consultant or other health professional.	Patients over 18 can refer themselves to physiotherapy even without seeing their GP by ringing the Physio Direct telephone advice service on 01377 208300	East Riding of Yorkshire
Podiatry	<p>Provide core podiatry to people with a medical and podiatric need, management of high risk feet and nail surgery. Plus specialised clinics involving:</p> <ul style="list-style-type: none"> • multidisciplinary management of diabetic foot ulcers and rheumatology foot problems with Hull and East Yorkshire Hospitals; • high risk feet; • prison service; • children and adults with biomechanical problems (Hull children only). 	<p>Referral info for GPs can be found at: http://www.humber.nhs.uk/services/podiatry---how-to-access-the-service.htm</p> <p>or by calling East Riding: 01482 336666 Hull: 01482 344050</p> <p>Urgent diabetes foot care referrals: In urgent cases, referral is advisable by telephone call to the specialist diabetes foot team on 01482 675345/07850 852 988 (clinic number) or 01482 675340 (main reception). This should be supported by a fax to 01482 675301.</p>	Hull and the East Riding of Yorkshire

Service	Description	Contact	Service provided in
Speech and Language Therapy (SLT)	<p>Speech and language therapy deals with the management of speech, language, communication and swallowing disorders in children and adults. Our speech and language therapists (SLTs) are allied health professionals who work closely with parents, carers and other professionals such as teachers, nurses, occupational therapist and doctors.</p> <p>Humber NHS Foundation Trusts award winning SLT Service offers intervention and advice to anyone in Hull or the East Riding experiencing communication or swallowing difficulties.</p> <p>The service is divided into three teams:</p> <ul style="list-style-type: none"> • Children • Adults with learning disability • Adults with acquired disorders <p>For more information on children's SLT service, please refer to Children's Services section.</p>	<p>Adult Hull: 01482 303669/303607 East Riding: 01482 335165</p> <p>Dysfluency (Hull and East Riding): Tel: 01482 335165</p> <p>Learning disability inpatient service: Tel: 01482 336740</p> <p>Community: East Riding: 01377 208800 Hull: 01482 336740</p>	Hull and the East Riding of Yorkshire
Wheelchair Service	<p>Assessment and prescription of wheelchairs, pressure relieving cushions and associated equipment.</p> <p>The service is for adults and children over the age of 30 months (in the East Riding) or from birth (in Hull) who who have mobility problems.</p>	Tel: 01482 617796	Hull and the East Riding of Yorkshire

Unscheduled Care A-Z



Service	Description	Contact	Service provided in
Minor Injuries Units	We operate minor injuries units across the East Riding in Drifffield, Hornsea and Withernsea (there are units operated by other providers in Hull, Beverley and Goole).	<p>Drifffield Alfred Bean Hospital Bridlington Road Drifffield YO25 5JR Opening hours: 9am until 6pm, 7 days a week (including Bank Holidays)</p> <p>Hornsea Cottage Hospital Eastgate Hornsea North Humberside HU18 1LP Opening hours: 9am until 5pm, 7 days a week (including Bank Holidays)</p> <p>Withernsea Community Hospital Queen Street Withernsea North Humberside HU19 2QB Opening hours: 9am until 5pm, Monday to Friday (including Bank Holidays)</p> <p>East Riding Community Hospital Swinemoor Lane Beverley East Riding of Yorkshire HU17 0FA Opening hours: 9am until 5pm (Mon-Fri), 9am-6pm (weekends and Bank Holidays – until June 2014)</p>	East Riding of Yorkshire
Out of Hours Services	Provides urgent medical and health care for patients in the East Riding during the period when doctor's surgeries are closed.	Via NHS 111 or 0300 3300 804	East Riding of Yorkshire

Tel: 01482 301700
www.humber.nhs.uk