


# Health & Safety Foundation Training for Volunteer Lock Keepers

## Course Details

- Title: Health & Safety Foundation Training for Volunteer Lock Keepers
- Product Code: KNW11
- Type: Training Course
- Duration: 1 Day
- Accreditation: 

## Who is it for?

Health & Safety Foundation training is for Canal & River Trust Volunteer Lock Keepers, providing practical and realistic safety training relevant to their role.

## What will you get from it?

### Course sessions:

- C&RT H&S Policy
- C&RT H&S 20 Principles
- Perception of Risk
- Legal Duties – Health & Safety at Work Act 1974
- Risk Assessment
- Accident Prevention
  - Cost of Accidents
  - Causes of Accidents
  - Accident Prevention
- Safety Cultures and Behaviours
- Water Safety
  - Drowning - UK Drowning Statistics & Secondary Drowning
  - Life Jackets – C&RT Policy for use
  - Rescue Equipment – C&RT Policy on water rescue, use of a throw line
  - Water Borne diseases/Health Issues
- Save a Life
  - CPR
  - Unconscious casualty
  - Treatment for shock
  - Hypothermia

## Things you need to know:

Duration:	1 Day
Maximum no of learners:	10

## Extended Information:

### Facilities & Equipment

It is the specific responsibility of KNW, in consultation with the instructor, to ensure a risk assessment has been carried out.

KNW is responsible for advising the learners of the equipment they must bring on the course.

### Instructor

- First aid kit which complies with Health & Safety (First Aid) Regulations 1981.
- Course literature

### Learner

- Course literature (provided by KNW/Instructor)

### Venue

Room with tables and chairs

Warm, dry, well lit classroom. Suitable area for practical elements.