

# MEDICAL SERVICES

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PROVIDED ON BEHALF OF THE DEPARTMENT FOR WORK AND PENSIONS

## **Training & Development Mental Health Support Scenarios For HCPs**

**MED-MHSS~001a**

Version: 4 Final

10 December 2014



# Medical Services

## Foreword

This training has been produced as part of a training programme for Health Care Professionals approved by the Department for Work and Pensions Chief Medical Adviser to carry out benefit assessment work.

All Health Care Professionals undertaking medical assessments must be registered practitioners, who in addition, have undergone training in disability assessment medicine and specific training in the relevant benefit areas. The training includes theory training in a classroom setting, supervised practical training, and a demonstration of understanding as assessed by quality audit.

This training must be read with the understanding that, as experienced practitioners, the Health Care Professionals will have detailed knowledge of the principles and practice of relevant diagnostic techniques and therefore such information is not contained in this training module.

In addition, the training module is not a stand-alone document, and forms only a part of the training and written documentation that a Health Care Professional receives. As disability assessment is a practical occupation, much of the guidance also involves verbal information and coaching.

Thus, although the training module may be of interest to non-medical readers, it must be remembered that some of the information may not be readily understood without background medical knowledge and an awareness of the other training given to Health Care Professionals.

Office of the Chief Medical Adviser

December 2014



## Document control

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### Superseded documents

### Version history

Version	Date	Comments
4 Final	10 <sup>th</sup> December 2014	Signed off by MAT and CMMS
4b Draft	1 <sup>st</sup> December 2014	Updated following review by Medical Advisory Team
4a Draft	17 <sup>th</sup> November 2014	Updated for consistency with Update to Standard 1b/2014
3 Final	26 <sup>th</sup> March 2014	Signed off by HWD and CMMS

### Changes since last version

General formatting and amendment of layout throughout document

Section 2 – more information added in the scenario on behavioural / anger issues

Section 3 - additional information added in scenario on self harm/suicidal tendency

Section 8 – more detail added to scenario to be more consistent with significant restriction in personal action, rather than severe

Section 9 – scenario amended to suggest a more stable condition, with admission being 5 rather than 2 years ago and less intensive specialist input

Section 10 – scenario amended to allow more consistency in descriptor choice

References – link to NICE pathways updated

### Outstanding issues and omissions

### Updates to Standards incorporated

### Issue control

**Author:** Medical Training & Development  
**Owner and approver:** Clinical Director  
**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**Distribution:**



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# Introduction

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The Health Care Professional (HCP) new entrant training courses consider the assessment of mental health conditions from the disability analyst's perspective, including review of mental health conditions commonly seen, application of the mental state examination, review of levels of disability and indicators of severe mental health problems. During this training HCPs undertake self directed learning of relevant reading including the EBM Mental Health Problems – Key Points and Analytical Guidance and the Mental Illness, Current Therapeutics and Management documents.

These scenarios are designed to help consolidate the HCP's learning and provide a basis for discussion with an experienced HCP. New Entrant HCPs should complete these scenarios within the first 4 weeks post training. Established HCPs may also find them useful in order to keep abreast with legislative changes.

Ideally it should be a Mental Function Champion (MFC) who delivers this consolidation of training. If a MFC is not available then it should be an HCP with experience in assessing mental health cases (the HCP delivering this training will be referred to as the mentor in the remainder of the document).

This document contains the information on the Discussion and Practice Case Scenarios, which is to be used by the HCPs undertaking the consolidation of mental health training.

The first section contains scenarios for discussion. It is designed as a one to one discussion exercise between the HCP and the mentor.

The second section contains practice case scenarios. These are to be used to complete an ESA 85 report on the LiMA training server, using local unit log-ons and training NINOs which will be given by the mentor. The HCP will have to choose an appropriate outcome (descriptors, support group or exceptional circumstances) and justify their opinion in the Personalised Summary Statement (PSS). The case will then be reviewed by the mentor and discussed with the HCP.

## Section One - Cases for Discussion

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This section contains cases for discussion between the HCP and the mentor.

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## 1. Discussion Case One

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## 2. Discussion Case Two

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### 3. Discussion Case Three

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## 4. Discussion Case Four

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## 5. Discussion Case Five

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## 6. Discussion Case Six

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## Section Two - Practice Scenarios

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## 7. Practice Scenario One

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## 8. Practice Scenario Two

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## 9. Practice Scenario Three

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## 10. Practice Scenario Four

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## 11. Practice Scenario Five

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## Useful References

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EBM protocols

Revised WCA Handbook

Mental Illness: Current Therapeutics and Management (Distance Learning) MED-CMEP~0085

Davies T. Craig T. (2009) ABC of Mental Health. London: Wiley-Blackwell

Dogra N. Lunn B. Cooper S. (2011) Psychiatry by Ten Teachers. London: Hodder Arnold

NICE Clinical Guidelines & Pathways:

<http://pathways.nice.org.uk/>

[www.nice.org.uk](http://www.nice.org.uk)

Quick reference and full guides available on a range of mental health conditions including:

- Anxiety
- Depression
- Bipolar Disorder
- Schizophrenia
- Autism
- Alcohol Dependence and Harmful Alcohol Use





## Observation form

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Please photocopy this page and use it for any comments and observations on this document, its contents, or layout, or your experience of using it. If you are aware of other standards to which this document should refer, or a better standard, you are requested to indicate this on the form. Your comments will be taken into account at the next scheduled review.

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