

Information Governance

Dept of eHealth
NHS Grampian
Rosehill House
Foresterhill Site
Cornhill Road
Aberdeen
AB25 2ZG



Date 12th August 2013
Your Ref
Our Ref FOI/2013/334
Enquiries to Information Governance Team
Extension 51319
Direct Line 01224 551319
Email nhsq.foi@nhs.net

Freedom of Information (Scotland) Act 2002

I refer to your e-mail dated 5th August, requesting:

1. *What type of physical restraints are approved?*
2. *Is prone (face down) restraint used in NHS Grampian Psychiatric Institutions?*
3. *How many separate incidents of physical restraint have taken place in NHS Grampian Psychiatric Institutions in the years 2010, 2011 and 2012?*
4. *How many separate incidents of rapid tranquilisation have taken place in NHS Grampian Psychiatric Institutions in the years 2010, 2011 and 2012*
5. *Has NHS Grampian implemented the Scottish Patient Safety Mental Health Programme on Restraint, Seclusion and Emergency Sedation Action Package?*
6. *If not to (5) when and how are carers, guardians, and or the named person notified that such a method has been used?*
7. *Provide copies of all internal and external correspondence relating to physical restraint and rapid tranquilisation, whether paper or Internet based*

I can now respond as follows:

What type of physical restraints are approved?

The following physical restraints are approved: prone, supine standing and seated.

Is prone (face down) restraint used in NHS Grampian Psychiatric Institutions?

Yes, prone (face down) restraint is used in NHS Grampian.

How many separate incidents of physical restraint have taken place in NHS Grampian Psychiatric Institutions in the years 2010, 2011 and 2012?

The number of incidents reported are as follows:

2010 = 381

2011 = 328

2012 = 307

How many separate incidents of rapid tranquilisation have taken place in NHS Grampian Psychiatric Institutions in the years 2010, 2011 and 2012

The number of incidents reported are as follows:

2010 = 126

2011 = 102

2012 = 94

Has NHS Grampian implemented the Scottish Patient Safety Mental Health Programme on Restraint, Seclusion and Emergency Sedation Action Package?

As part of the Scottish Patient Safety Programme, NHS Grampian initially chose to concentrate on Medicine Reconciliation, Communication at Key Transition Points, Risk Assessments and Leadership and Culture. NHS Grampian has started discussions regarding improving our current practice by considering the mentioned action package Restraint, Seclusion and Emergency Sedation Action Package.

If not to (5) when and how are carers, guardians, and or the named person notified that such a method has been used?

Carers, guardians and or named persons are notified as soon as possible after the event either by telephone or face to face if they visit the ward. If a restraint has occurred during the night the carer or named person would be notified in the morning unless they have specifically stated they wanted to be contacted at night.

Provide copies of all internal and external correspondence relating to physical restraint and rapid tranquilisation, whether paper or Internet based

Please see attached documents:

NHS Grampian Staff Guidance For Rapid Tranquillisation for Use in the Adult In-patient Setting and

NHS Grampian Guidelines for the use of Physical Interventions

Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Grampian has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commissioner.

A request for review must be made within 40 working days and should, in the first instance, be in writing to: Directorate of Corporate Communications, Ashgrove House, Foresterhill, Aberdeen, AB25 2ZN or by email to grampian@nhs.net

Requests for appeal should be made in writing to: Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS

Telephone: 01334 464610, Fax: 01334 464611

E-mail: enquiries@itspublicknowledge.info

Yours sincerely

A handwritten signature in black ink, appearing to read 'CMorrice', written in a cursive style.

Chris Morrice
Information Governance Manager
NHS Grampian

