

WHY CHANGE?

Persuading people to break the habit of simply getting into the car for every journey is a huge task. However, it is not an impossible one. After all, if every car commuter used an alternative to the car on just one day a week, car usage levels would be reduced by 20 per cent.

The Environment-Climate Change is considered to be one of the greatest environmental threats facing the World today.

Carbon Dioxide is the most significant of the greenhouse gases contributing to Climate Change. Changing your journey can have a big impact!

Health- Sedentary lifestyles and a lack of physical activity are causing an epidemic of obesity and increasing the risk of a range of health problems including diabetes, heart disease, stroke, cancers and osteoporosis.

FURTHER INFORMATION

Walking & Cycling- for general information on walking and cycling initiatives, government policy and route planning, go to:

<https://www.dundee.gov.uk/service-area/council-wide/walking-and-cycling>

<https://www.mapmyride.com/gb/dundee-sct/>

Public Transport- for information on routes, timetables, tickets and discounted travel incentives, go to:

<https://nxbus.co.uk/dundee/>

<https://www.stagecoachbus.com/>

<https://moffat-williamson.co.uk>

<https://www.traveline.info>

Car Clubs- Co-wheels is a pay-as-you-go car hire scheme, with vehicles available to hire in convenient locations.

<http://www.co-wheels.org.uk/dundee>

Owning a car has the added cost of insurance, loan charges, tax, servicing, breakdown insurance and the biggest cost - depreciation! With Co-wheels, you just pay for what you use.

Insurance is included, and you can book a car for 30 mins to days at a time, only paying for the hire time and distance you drive. The nearest car location is 3.6 miles from the site, located at Princess Street in Dundee.



KINGSPARK DEVELOPMENT

RESIDENTIAL TRAVEL PLAN

PUBLIC TRANSPORT

Using public transport helps to reduce congestion and carbon emissions. Substituting a car journey for one by bus once a week will help to alleviate congestion and parking pressure. Your home is situated close to excellent public transport links on Gillburn Road, Old Glamis Road and Derwent Avenue.

Dundee Railway Station is located within 3km of your home, and provides an excellent public transport option for connections to Carnoustie, Arbroath, Montrose, Stonehaven and Aberdeen to north. To the south connections can be achieved to Perth, Stirling, Edinburgh and Glasgow.

Dundee Railway Station is located within the city centre and can be accessed via bus service 9. This service has a weekday frequency of 30 minutes from the bus stop, located within a 4 minute walk from your home.

CAR SHARING

There are over 38 million empty seats on the UK's roads every day. So why not make the most of it by sharing lifts? Halve your fuel costs, form new friendships and reduce the wear and tear on your car.

Many employers are now recognising the importance of car sharing; find out about the benefits your employer offers.

Join the Dundee Liftshare community:

- Save money by sharing travel costs
- Reduce the stress of driving by sharing with great people
- Cut congestion and pollution

<https://liftshare.com/uk/community/dundee>

Team up with a colleague for travelling to work and sharing the driving by taking turns on the commute to work through the week. Ask around your work and see if anyone has the same or a similar commute.

WALKING & CYCLING

If your trip is less than a mile, try walking all or some of the way. Start your active lifestyle gently, by walking part of the way, or taking a bus home. If you're thinking about cycling, try out your route at the weekend first. Work towards walking or cycling daily.

NHS Scotland recommends that we should be doing 30 minutes of moderate physical activity most days of the week.

Cycle Scheme is endorsed by more than 50,000 employers throughout the UK and allows employees to sacrifice part of their monthly salary in exchange for a new bike. For more information visit

<https://www.cyclescheme.co.uk/employers>

Regular moderate physical activity, including walking and cycling, can help prevent and reduce the risk of Cardiovascular disease (CVD), Cancer, Obesity, Diabetes, Mental Health Problems and Musculoskeletal Health.

For active people, *'there is a 20 to 35% lower risk of CVD, coronary heart disease and stroke'.* (British Heart Foundation 2012)

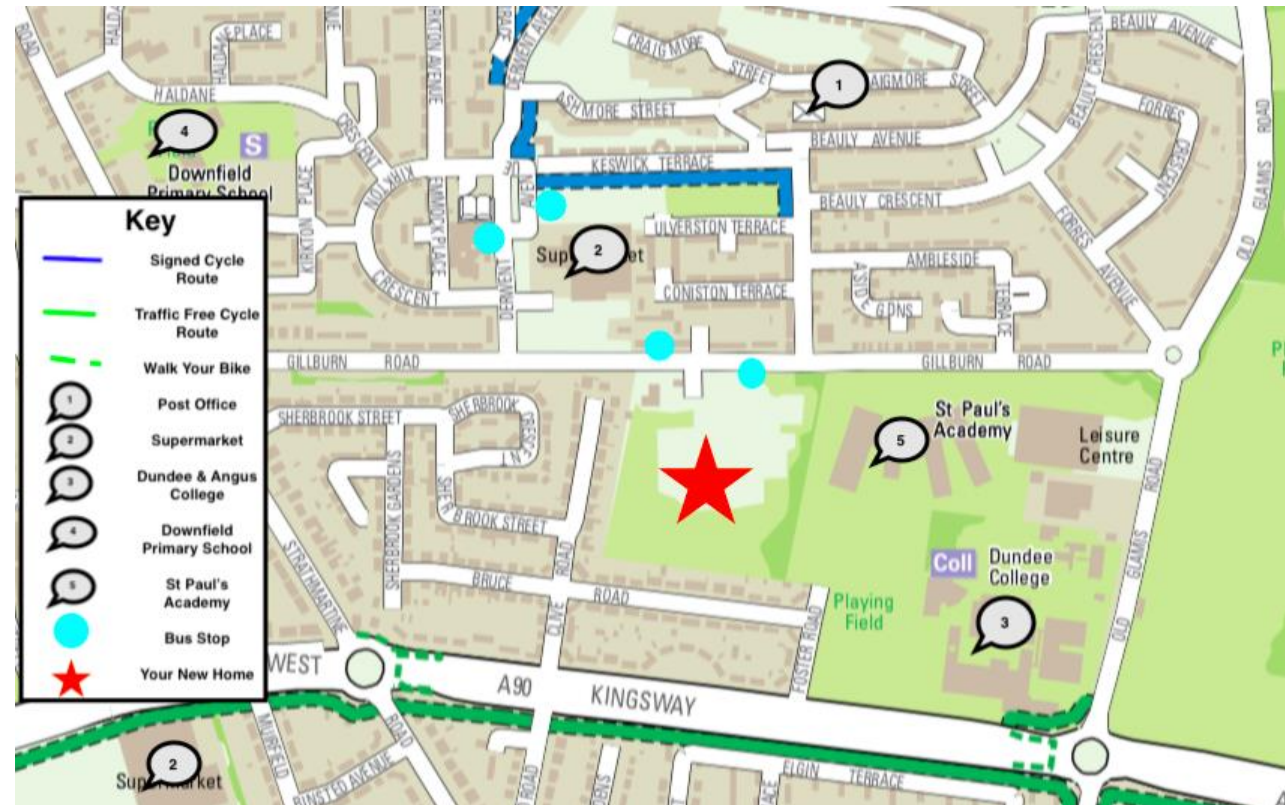
PEDESTRIAN AND CYCLE FACILITIES

Located within a close proximity to your home are an array of local amenities including the catchment primary and secondary school, post office and medical practice all of which are accessible via the existing pedestrian and cycle networks surrounding the site. Bus services to the city centre are from Asda, Derwent Avenue and Old Glamis Road.

The map presented to the right illustrates the pedestrian and cycle facilities around your home and shows the locations of local amenities including:

1. Post Office – 5 min walk / 5 min cycle
2. Asda (Kirkton)- 5 min walk/2 min cycle
2. Kingsway West Tesco- 19 min walk/8 min cycle
3. Dundee & Angus College- 9 min walk/5 min cycle
4. Downfield Primary School-15 min walk/6 min cycle
5. St Paul's Academy- 5 min walk / 2 min cycle

Dundee City Centre is only a 15 minute cycle from your home at Kingspark.



PUBLIC TRANSPORT SERVICES

The closest bus stops are located adjacent to your new home on Gillburn Road. This is around a 2 minute walk.

There are stops at Asda (5 min walk) and Old Glamis Road (7 min walk) that serve the area.

Services 9, 9A and 9C can be accessed at Gillburn Road and provides access to Broughty Ferry, Dundee City Centre, Ninewells Hospital, Charleston, Fintry and Douglas. Service 9 operates every 30 minutes between 07:00 and 23:00.

Service 18 can be accessed at Asda, Derwent Avenue and Old Glamis Road providing a service between Kirkton and the City Centre. Details of the timetable for this service are shown adjacent.

Dundee Railway Station is located 3km from your home and can be accessed via Service 9 & 18.

Dundee Railway Station provides high frequency connections to Arbroath, Montrose, Stonehaven and Aberdeen to the north while to the south Perth, Stirling, Edinburgh and Glasgow can be accessed.

Service 9	Monday- Friday	Saturday	Sunday
First Buses		0708, 0723, 0823, 0853, 0923, 0943, 1023, 1053, 1123	0753, 0918
Buses then run about every	Every 30 minutes at 53 and 23 minutes past the hour	Every 30 minutes at 53 and 23 minutes past the hour	Every hour at 18 minutes past the hour
Until the following times	1658, 1730, 1756, 1824, 1858, 1957, 2057, 2157, 2257	1723, 1746, 1816, 1858, 1957, 2057, 2157, 2257	1618, 1729, 1826, 1858, 1957, 2057, 2157, 2257
Service 18	Monday- Friday	Saturday	Sunday
First Buses	0535, 0615, 0655, 0710, 0726, 0742, 0753, 0803, 0813, 0823, 0833, 0843, 0853, 0903, 0915, 0928, 0938, 0948, 0958, 1008, 1018	0600, 0625, 0705, 0745, 0805, 0825, 0845, 0905, 0918,	0830, 0910, 0930, 0950, 1010, 1030, 1050, 1100, 1111, 1131, 1146, 1201, 1216, 1231, 1246, 1301, 1316
Buses then run about every	Every 10 minutes until 1548 and then every 12 minutes until 1758 every 10 minutes until 1548	Every 10 minutes until 1818	Every 15 minutes until 1746
Until the following times	1808,1818,1838, 1858, 1918, 1948, 2016, 2046, 2116, 2146, 2216, 2246, 2316, 2346	1838, 1858, 1918, 1948, 2015, 2045,2115, 2145, 2215, 2245, 2315, 2345	1816, 1845, 1915, 1945, 2015, 2045, 2115, 2145, 2215, 2245, 2315, 2345