

Cardiology Day Ward

Information for Patients undergoing Angiogram and Angioplasty (Stent fitted)

July 2017

Great Staff – Great Care – Great Future

Welcome to Cardiology Day Ward, we want your stay to be as comfortable and pleasant as possible. Please let the staff know any requirements needed during your stay.

Telephone Numbers:

Cardiology Day Ward: 01482 461518 / 461517

Ward 26: (01482) 461612

Ward 27: (01482) 461621 / 461618

Ward 28: (01482) 461602 / 461603

Main Switch Board: (01482) 875875

There is minimal mobile phone signal on the ward and at Castle Hill Hospital.

You are welcome to use the ward telephone for a brief time to contact your family to pick you up. However, please ask first before using the telephone as we may be waiting for incoming calls.

Please ask **ONE** family member only to enquire about you and we ask they ring after 2pm (For 07.30am Admission) or 4pm (For 11:00am Admission).

Please avoid ringing between 5pm-6pm as this is evening meal time on the ward

Visiting Times:

The day ward has **NO** afternoon visiting.

Evening visiting only 6pm - 7.30pm

STRICTLY ONLY 2 VISITORS TO A BED AT ANY ONE TIME

Please ask the nurse looking after your relative if you can bring in small children.

We do not allow relatives on the ward during the day. However, sometimes we do have patients that need Language Translators or carers, which are allowed depending on clinical need.

Cancellation:

If you are unwell on the day of admission and feel unfit to have your procedure or have experienced; diarrhoea, vomiting or had a chest infection in the 3 days before having your procedure please inform the Cardiology Day Ward as soon as possible.

If your procedure has to be cancelled due to illness you will also need to contact the cardiology secretaries to rebook your admission. The staff on the ward do not book appointments.

Medication:

Please bring in all your medications when you come into hospital to have your procedure. These must be in their original packaging as they will be needed for **ALL** overnight stays.

Unless otherwise informed please take all your usual medication on the morning of your procedure. Please bring in all insulin including; syringes, pens and needles.

If you are taking **METFORMIN** you do not need to stop taking this before your procedure, however, you may be asked to stop it for a short time afterwards. The Nursing staff on the ward will inform you if you do need to stop taking it and advise you on how long for.

Warfarin/DOACs (Direct oral anticoagulants):

If you are taking **WARFARIN** the nurse practitioner will discuss with you when you need to stop taking it.

Please book an INR appointment the day before admission and bring the result with you on admission and book a further INR appointment for 5 -7 days after discharge. Please bring in all yellow Warfarin books or dosage letters from the surgery which states your current dose. If we do not know your current INR your procedure may be delayed on the day until we have one.

If you are taking a **DOAC** e.g. Rivaroxaban, Apixaban or Dabigatran, the nurse practitioner will give you instructions when you need to stop taking it.

Eating and Drinking:

During the day the Cardiology Day Ward can only offer sandwiches and snacks. However, you will be offered a hot evening meal at 5pm. Please inform the staff if you have any dietary requirements or food allergies.

Please eat and drink before you are admitted.

There are no restrictions on eating or drinking. However, we ask you to be caffeine free for 12 Hrs prior to the procedure, this includes drinks such as; tea, coffee, energy drinks with caffeine and some fizzy drinks.

Equipment:

Please bring in any equipment that you may need for your stay, e.g. catheter bags, wound dressings, stoma bags, CPAP machines, zimmer frames, walking sticks and all insulin pens and needles.

Procedure:

If you are admitted at 7.30am your procedure will take place on the morning list between 9am - 12:30pm.

If you are admitted at 11:00am your procedure will take place on the afternoon list between 1pm - 5pm.

Please be aware your procedure may be delayed due to emergencies.

An angiogram is a diagnostic test to look at the arteries of the heart. This is a day case procedure and you will go home following a recovery period as long as you are well.

For an angiogram you could be nursed on a bed, trolley or in a chair in a radial lounge with other same sex patients. If you need to stay overnight we will get you a bed later.

If you have an angioplasty and stents fitted you may be able to go home the same day following an extended period of monitoring and observation or you may need to stay in hospital overnight.

For **ALL** admissions please bring a small overnight bag with: toiletries, nightwear, slippers or footwear and medications.

Other things you may like to bring are; a book, newspaper, magazine or kindle. We also have a day room where you are welcome to sit and watch TV whilst you wait for your procedure to take place.

Your procedure will take place under a local Anaesthetic unless you have been advised otherwise at pre-assessment.

Please remove all makeup, nail varnish and jewellery prior to admission. Wedding rings are allowed and will be covered with tape before the procedure.

Please shower and wash as instructed on the leaflet before admission.

The procedure is often done in the right wrist. However, if they cannot gain access via the wrist they will go through the groin. Therefore, please shave a small strip in the groin area at the top of both legs in the crease where your leg meets your body.

Discharge:

Day case patients will be discharged on the same day of admission.

If you are staying overnight we will aim to discharge you the next day between 8am - 9am. However, this may be delayed to around 11 - 12pm if we have to obtain new medications for you from Pharmacy.

You will be asked to vacate the bed area and wait in the day room for further medication or to be collected by relatives or friends.

You will be given full information regarding wound care and recovery instructions on discharge.

The Cardiology Day Ward is open 24hours per day from Monday to Friday. If you have your procedure on a Friday and need to stay overnight you will be transferred to another cardiology ward in the same building and be discharged from there the next day.

Transport:

It is your responsibility to make your own way to and from the hospital as we **DO NOT** routinely offer hospital transport. If you are unable to get a lift home from Relatives or friends we are happy for you to get a taxi home, however, we **DO NOT** allow patients to go home on public transport.

Relatives can drop you off and pick you up at the drop off point at the front of the Cardiac Building.

Many of our patients live out of town, therefore if you cannot make your own travel arrangements, please contact your own GP who will provide advice regarding hospital transport, as not all patients are eligible for NHS transport. Please inform the nurse on admission if you are on transport so she can arrange your return journey.

The postcode for Castle Hill Hospital is: **HU16 5JQ**. Follow the road down **Entrance 1** until you come to a roundabout, if you go straight over the roundabout you will see the Cardiology Building on the right hand side. The Ward is located on the ground floor. Please follow the signs for the Cardiology Day Ward and report to the second reception desk at the far end of the right side of the corridor.

This leaflet was produced by the Cardiology Department, Hull and East Yorkshire Hospitals NHS Trust and will be reviewed in July 2020.

Ref: HEY898-2017