

FOI Request 251118-2 Staff Wellbeing

Please find below our response to the above Freedom of Information request.

1. Clinton Grant, Head of Occupational Health & Environmental Safety, is responsible for staff wellbeing at the Robert Gordon University.
2. The university does not directly employ mental health specialists but we do offer an Employee Assistance Programme that is available to all staff and their immediate families.
3. The university's wellbeing policies can be found at <https://www3.rgu.ac.uk/about/health-and-safety/wellbeing/wellbeing>. There are also a number of Human Resources policies that can be found at <https://www3.rgu.ac.uk/about/planning-and-policy/policies/policies>
4. To support staff wellbeing the university offers, in addition to the Employee Assistance Programme, reduced membership to a campus based sport centre, Healthcare and Dental Schemes, Physiotherapy Services, DSE Eyesight Testing, Chaplaincy Services and various staff groups and networks. The university will also refer staff to Occupational Health as part of the sickness absence policy.
5. This is a confidential, self-referral service provided by an external company. Therefore the primary reason is not known. In the most recent 12 month reporting period, published by the provider, they received 59 calls. It should be noted however that these calls may not have been from 59 different individuals.
6. This information is not held. Therefore, under section 17 of the Freedom of Information (Scotland) Act 2002, I give notice that this information is not held.