



Wellbeing Strategy 2015-2020

Our Vision

“A fairer, healthier and happier LSBU” where Wellbeing is vital in making our staff feel supported, valued and recognised for their achievements.

Our Commitment

London South Bank University believes there is a fundamental link between staff wellbeing and student satisfaction: engaged, committed healthy and motivated staff promote the best learning environment, quality of education and life chances for our students.

Having a clear staff wellbeing programme can help lead to a reduction in sickness absence, improve staff retention and recruitment, reduce stress and mental health problems and help break down the barriers of silo working across the organisation.

To manage the ever necessary ongoing change agenda faced within higher education, we have to ensure we have invested in the wellbeing of our employees to equip them with sufficient resilience to meet future challenges.

When everyone is better engaged and able to fully contribute to the implementation of our Corporate Strategy, the university will perform better and serve our students to the best effect.

Our Impact

1. Motivated healthy staff
2. Fulfilling our EPIIC values
3. Engaged colleagues
4. Healthy Environment

Our Approach

- Engagement of Wellbeing champions
- Strategic action plan month by month
- Programme of events
- Development of metrics and data
- Effective on-going communication strategy
- Next level of Mayor of London Healthy Workplace award to shape our approach