

Aled Evans (RRE) MPFT

From: Alison Jackson-Hedges (RRE) MPFT
Sent: 01 June 2021 11:46
To: Jane Landick (RRE) MPFT
Subject: FW: ***EXTERNAL*** RE: Follow up from today's meeting
Attachments: Stonewall Workplace Equality Index 2021 reference criteria.docx

From: [REDACTED]@stonewall.org.uk>
Sent: 08 July 2020 10:39
To: Kaur Balwinder (RRE) MPFT <Balwinder.Kaur@mpft.nhs.uk>
Cc: Jackson-Hedges Alison (RRE) MPFT <Alison.Jackson-Hedges@mpft.nhs.uk>
Subject: ***EXTERNAL*** RE: Follow up from today's meeting

Hi Baz and Alison,

I hope you're both doing well.

I'm now back from furlough and just wanted to check in. In our last meeting we had agreed to reconvene in early July to discuss your key priorities and how I could support you going forward. Let me know if you would like to meet, and what your availability is over the next week or two.

Whilst I was away we launched the new criteria for our Workplace Equality Index – you may have already seen this, but I've attached it here in case you haven't. We've also launched our support series, to help guide members through the new criteria and prepare for next year's index. You can find more info on that [here](#).

We also discussed renewing your membership in our last meeting, as it is due to expire at the end of this month. It would be good to know if you plan to renew your. Renewing your membership is quick and easy, please follow the URL to complete: <https://stonewall.typeform.com/to/vSu4OT>. Should you need it for the URL form, the membership fee is £2,500 plus VAT.

Looking forward to catching up soon.

Kind regards,
[REDACTED]

From: [REDACTED]
Sent: 08 June 2020 16:06
To: Kaur Balwinder (RRE) MPFT <Balwinder.Kaur@mpft.nhs.uk>
Cc: Alison.jackson-hedges@mpft.nhs.uk
Subject: Follow up from today's meeting

Hi Baz and Alison,

It was good to meet you this morning, thank you for taking the time to chat and to introduce me to MPFT's work.

Following up on a few things that we discussed in our call:

- **Mental health resources:** I've attached out "LGBT in Britain – Health" report, which has a section on LGBT people and mental health. You may also want to signpost people to the following services:
 - [LGBT Switchboard and Helpline](#) can be contacted for any reason, such as confidential support or just for someone to talk to when self-isolating.
 - [Rethink are a Mental Health support organisation](#) have a phone line, email address and online communication service for anyone that needs advice or support, and they have some great informative resources online too.
 - [Mind](#) is another mental health charity who have specific LGBT+ support services which [can be found here](#).
 - [Mind Out](#) are an LGBT+ specific mental health service and they have an [online messaging service for urgent support](#), as well as an [open email for any advice or information](#).
 - [Mental Health First Aid](#) has a new campaign [called My Whole Self](#) to support people in bringing their whole selves to work, they are now sharing support and information for those working from home.
- **LGBT network group resources:** I've attached our two resources for LGBT network groups – please feel free to pass these onto your network. I've also attached a template for a terms of reference, as well as an example from another member of the programme.
- **Trans inclusion work:** I've attached our guide on supporting trans service users. We can also review your policies as part of your membership – so if you would like us to review your trans inclusion/transitioning at work policies, let me know.
- **Pride engagement:** I will send a separate follow up email with information about NHS Virtual Pride, as I'm aware that this email already has an overwhelming amount of information!
- **Renewing your membership:** your membership is due to expire on July 31st. I have spoken to my manager about extending this, but have been informed that this date is already inclusive of 4 months of pro-bono service, dating back from March. This means that unfortunately we are unable to offer a further extension. However, if you would like to renew your membership, you can do so by filling out [this short form](#).

In terms of next steps, we agreed that you would discuss your key priorities between you, and that we would reconvene when I return from leave to put together a structured action plan. This will be in early July. If you would like to hold this meeting earlier, or if you have any other support needs while I'm away, please email xxxxxxxxxx@xxxxxxxxx.xxx.xx and another member of the team will get back to you.

Hope you have a lovely week and looking forward to catching up when I'm back from leave.

Kind regards,


Client Account Manager | Public Sector

[Pronouns:](#) they/them

Please note I will be on leave 10th June – 6th July



The fight for equality is far from over. Whatever you do and however you do it, it's time to come out in support of LGBT. [Join us.](#)

Memberships Switchboard: 0207 593 3473

Info Line: 08000 50 20 20

www.stonewall.org.uk

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