

## 31st March 2019 - International Transgender Day of Visibility

Mon 25/03/2019 10:37

To:

5 attachments (7 MB)

spatgoi\_eng.pdf; How to be a Trans Ally.docx; genderunicorn1.jpg; pronounsgraphic.jpg; transvis.jpg;

### **31st March 2019 is International Transgender Day of Visibility**

The Transgender Day of Visibility (#tdov) is an annual event celebrated around the world. The day is dedicated to celebrating the accomplishments and victories of transgender and gender non-conforming people, while raising awareness of the work that is still needed to save trans lives. Coleg y Cymoedd is proud to show our support for the trans community.

We would like to encourage all staff to spread awareness of trans issues, to educate others to ensure the safety and wellbeing of our trans community.

Some suggestions to encourage discussion:

- Learn about trans history
- Know the differences between gender identity, gender expression, sex assigned at birth, sexuality and emotional attraction
- Learn trans terminology
- Tackle transphobia
- Highlight role models in the trans community (posters attached in link below).

Please find links below to some useful resources, and also documents attached that you may wish to use.

<https://www.stonewallcymru.org.uk/our-work/campaigns/come-out-trans-equality-1>



### Come Out For Trans Equality | Cymru

[www.stonewallcymru.org.uk](http://www.stonewallcymru.org.uk)

Trans and non-binary people in Britain today face huge levels of abuse and discrimination, in all areas of their lives, simply for being themselves. If you believe in ...

### Stonewall | Transitioning

[www.stonewallcymru.org.uk](http://www.stonewallcymru.org.uk)

Transitioning. Transitioning is the term used to describe the process which someone goes through to live as a different gender from the gender that was ascribed to...

<https://www.stonewallcymru.org.uk/people/trans-role-model-year-2019-captain-hannah-graf>

<https://www.stonewallcymru.org.uk/comeoutforLGBT/gina>



## Come Out For LGBT | Gina - stonewallcymru.org.uk

POLICE SERGEANT, ESSEX POLICE. I think it's important to celebrate how important allies are to the LGBT community. Those allies who stood by my side during the very early stages of my transition made a real difference to my self-esteem and sense of belonging.

[www.stonewallcymru.org.uk](http://www.stonewallcymru.org.uk)

Trans people still face disproportionately higher rates of discrimination than any other community. Transgender and non-binary people are our colleagues, learners, neighbours and friends. It's time for all of us to become stronger, louder allies and create an inclusive and accepting society for all. The attached Trans Ally guidance has been written to help people feel comfortable asking questions so that they can build understanding and, ultimately, support for trans people.

If you would like further information regarding the above, or any other equality related issues, please contact [equalityanddiversity@cymoedd.ac.uk](mailto:equalityanddiversity@cymoedd.ac.uk).

W: [www.cymoedd.ac.uk](http://www.cymoedd.ac.uk)

