Support for individuals with a mental health condition to remain in work



Our free Workplace Mental Health Support Service is available for individuals with a mental health condition who are facing difficulties at work, or are absent from their job.

By talking about this innovative service with the individuals you support, you can help them to take control of how their condition is affecting them in the workplace, so they can remain in their role.

Being in work is often a great solution for individuals experiencing mental health issues, helping them to lead full and independent lives.

> step-by-step support plan,

designed with input

from the individual,

to help them get

back on track

Our advisors are fully trained professionals with expertise in mental health and its impact in the workplace.

Individuals must refer themselves to this service, which includes:

Workplace mental wellbeing support and advice for six months, which is tailored to the needs of the individual

> Help to identify successful coping strategies that will support success

Advice on simple adjustments that could be implemented to help individuals to

> Help for employers to fully understand what support they can offer to individuals (with their permission)

Support provided in an appropriate

environment, in

respect of the

individual's wishes.

fulfil their role

About us

Remploy is passionate and committed to supporting disabled and disadvantaged people to lead fully independent and inclusive lives through sustainable employment.

We equip people with the confidence and skills they need to build successful careers, while working with employers and other organisations to drive forward equality for disabled people in the workplace.

By working in partnership with Access to Work; a Jobcentre Plus scheme, we are delivering this service in England, Scotland and Wales to individuals who are affected by a mental health condition in the workplace.

Eligibility criteria*

To qualify for this service, individuals must:

 Be in permanent or temporary employment (attending work or signed off sick)

 Have a mental health condition that has resulted in workplace absence, or is causing difficulties to remain in work.

*Application is subject to a decision by Access to Work

Did you know?

1 in 6 people in the UK are affected by a mental health condition.

2.3 million people with a mental health condition are on benefits or out of work.

Only 20% of people with severe mental health problems and 50% of those with less serious problems are in paid employment, yet 80% want to work.

Sources:

Office for National Statistics – June 2010 HM Government - 2009 Shift.org - 2004

Contact us

Individuals must refer themselves to this service by contacting us on:

The East, South East and London

Tel: 020 8426 3110 Textphone: 020 8426 3133 Email: atwosu.london@jobcentreplus.gsi.gov.uk

The Midlands, South West and Wales

Tel: 02920 423 291 Textphone: 02920 644 886 Email: atwosu.cardiff@jobcentreplus.gsi.gov.uk

The North and Scotland

Tel: 0141 950 5327 Textphone: 0845 602 5850 Email: atwosu.glasgow@jobcentreplus.gsi.gov.uk



Remploy

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If you need this information in an alternative format or language, please email marketingonline@remploy.co.uk quoting ref. 1148

www.remploy.co.uk/mentalhealth

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jobcentreplus

Department for Work and Pensions