

You're not alone...

1 in 6 people in the UK are affected by a mental health condition.

Sources:
Office for National Statistics
– June 2010



If you need this information in an alternative format or language, please email marketingonline@remploy.co.uk quoting ref. 1146

Apply for this service today!
Contact us on:

The East, South East and London
Tel: 020 8426 3110 Textphone: 020 8426 3133
Email: atwosu.london@jobcentreplus.gsi.gov.uk

The Midlands, South West and Wales
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The North and Scotland
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Remploy

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www.remploy.co.uk/mentalhealth

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Department for
Work and Pensions

Take control of your mental wellbeing...

with our Workplace Mental Health Support Service



You don't need to be afraid to ask for some help...

If you are experiencing depression, anxiety, stress or other mental health issues that are affecting you at work, then we're here to help.

Our free support will enable you to overcome the issues you are experiencing at work, so that you can remain in your job.

Eligibility criteria*

To qualify for this service, you must:

- Be in permanent or temporary employment (attending work or signed off sick)
- Have a mental health condition that has resulted in workplace absence, or is causing difficulties to remain in work.

*Application is subject to a decision by Access to Work

Our understanding advisors are fully trained professionals, who will:



About us

Remploy is passionate and committed to supporting disabled and disadvantaged people to lead fully independent and inclusive lives through sustainable employment.

We equip people with the confidence and skills they need to build successful careers, while working with employers to help them understand the needs of the people we support.

By working in partnership with Access to Work; a Jobcentre Plus scheme, we are delivering this service to individuals with a mental health condition in England, Scotland and Wales.