

**From:** [REDACTED] >  
**Sent:** 09 October 2023 08:27  
**To:** [REDACTED]  
**Subject:** RE: Inclusivity idea.

Hi [REDACTED]

thanks for the reply.  
Been a lovely weekend, weather wise. Don't think it will last, now.

Be nice to receive some update/feedback, quite happy for the Coms team to contact me directly. Save me bothering you on a general matter.

cheers [REDACTED]

Sent with [REDACTED] secure email.

----- Original Message -----  
On Friday, October 6th, 2023 at 17:05, [REDACTED]@postoffice.co.uk> wrote:

Hi [REDACTED],

Hope you're well and yes, the weather is certainly changing here in [REDACTED] Feels very autumnal although I've resisted putting the heating on as yet!

I did pass on your idea to various people within the business at a senior level, including our communications team who obviously control our media releases etc. I asked them to take a look at what we may be able to do. I'll chase them and see where they have got to.

Best Wishes,

[REDACTED]

[REDACTED]

[REDACTED]

Retail Team

[REDACTED]

100 Wood Street, London, EC2V 7ER.

[REDACTED]@[postoffice.co.uk](mailto:[REDACTED]@postoffice.co.uk)



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**From:** [REDACTED]  
**Sent:** 06 October 2023 07:09  
**To:** [REDACTED]@postoffice.co.uk>  
**Subject:** RE: Inclusivity idea.

Morning [REDACTED]

thought I'd send this again, 2nd attempt.

cheers [REDACTED]

Sent with [REDACTED] secure email.

----- Original Message -----

On Friday, September 22nd, 2023 at 08:20, [REDACTED] > wrote:

Morning [REDACTED]

hope all is good with you.

Hope you have a great Autumn Equinox tomorrow, can tell the difference in the weather here.

With that in mind as I sent my idea to you to pass onto whom ever, would be nice to have any acknowledgement, feedback, progress, thoughts etc from the depths of POL where ideas go. If that's possible?

Thanks in advance, I realise you've much more important things to do.

cheers [REDACTED]

Sent with [REDACTED] secure email.

----- Original Message -----

On Sunday, July 16th, 2023 at 17:14, [REDACTED] wrote:

H [REDACTED]

thanks for the swift reply & your help.

Here is what I've done so far (also attached).

"This research is done from a non-religious point of view, whilst accepting it would have a religious context to some. My thought is input should be sought from those who would see this as religious.

Just Google solstice or equinox greetings & look at the images. Also check Ebay UK for solstice or equinox cards.

The Coronation invite of King Charles III included a Green Man, a figure also associated with the Spring Equinox.

"The Royal Family Twitter account said: 'Designed by Andrew Jamieson, the invitation features the Green Man, an ancient figure from British folklore, symbolic of spring and rebirth, to celebrate the new reign.'"

A rising number of people see the solstices & equinoxes as a way of celebrating the seasons & passage of time. As has been the case around the world over thousands of years.

Look at Fairy festivals <https://www.faemagazine.com/category/fairy-news/> & the likes of Fantasy Forest Festival

<https://fantasyforest.co.uk/>, there are many people who just enjoy the change of the seasons & who would appreciate

them being recognised. Please visit the website below.

<https://www.lovetoknow.com/celebrations/parties/equinox-celebration>

<https://www.smithsonianmag.com/travel/nine-ways-people-celebrate-the-summer-solstice-around-the-world-180982398/>

“Long before we could use astronomy apps on our smartphones, the ancients closely followed the position of the sun in the sky. Thousands of years ago, many monuments and structures around the world were designed with the annual cycles of the sun in mind, and some even align in special ways on the solstices and equinoxes.”

More examples from around the world are in these links:

<https://www.britannica.com/list/7-winter-solstice-celebrations-from-around-the-world>

<https://spacetourismguide.com/march-equinox-celebrations/>

<https://thesynergycompany.com/blogs/news/spring-equinox-celebrations-around-the-world>

Many UK & worldwide organisations have sections on the Solstices & Equinoxes, see the UN one below & more.

<https://www.un.org/en/observances/solstice-day>

“The solstices, together with the equinoxes, are connected with seasons, harvests and livelihood. Therefore, many cultures celebrate various combinations of the solstices, the equinoxes, and the midpoints between them, leading to various holidays arising around these events.”

<https://www.nationaltrust.org.uk/discover/history/history-of-summer-solstice-traditions>

“Sun devotions

Observing the longest day is not limited to the Western world.”

<https://heartofenglandforest.org/news/celebrations-and-mysticism-summer-solstice>

“A time to celebrate trees

Whatever your beliefs, there is no better time to celebrate trees in all their glory with an uplifting walk in the woods. The mud is drying up, we are (mostly) liberated from our wellies and, as the sun casts dappled light through new green leaves on long summer days, it is easy to feel real wonder at the natural world. And, this year, if you would like to celebrate midsummer by dancing around one of our oak trees, you will be very welcome!

<https://www.threeriversparks.org/blog/winter-solstice-stories-and-traditions-around-world>

“WINTER SOLSTICE FESTIVALS AND CELEBRATIONS AROUND THE WORLD

Winter solstice is also a day that has been celebrated around the world for thousands of years in many different cultures. Some festivals include the Hopi Indian Festival of Soyal, the Polish celebration of Gody, Greece’s Brumalia celebration and the Hindu celebration of Makar Sankranti.”

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“Today, the celebration of the solstices is mostly strongly associated with Paganism. The Pagan festival of Litha is one of the most important in the Pagan religion, commencing on the eve of the Summer Solstice it celebrates the midsummer and the power of the sun god.”

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“Celebrating the Seasons

The Solstices, Equinoxes, and mid-points between - - also known as the Cross Quarters - - have been celebrated by a variety of Nature peoples around the world and across the ages. Today, Wiccans and other Pagans often blend together ancient as well as contemporary approaches to celebrating these seasonal festivals.”

The list & possible examples goes on & on.

Many religions acknowledge Solstices & Equinoxes in different contexts. In fact, my limited research & understanding couldn’t find many that did not mention one.

As a trial I added a Summer Solstice greeting to the Post Office Chat (UK) Facebook page this year. This received many "Likes" & positive comments.

Don't know what to write for a greeting, the below website has some great ideas for the winter solstice.

<https://www.lovetoknow.com/quotes-quips/holiday/happy-winter-solstice-greetings-seasonal-quotes-share>

"

Hope you have enjoyed reading this.



Sent with [redacted] secure email.

----- Original Message -----

On Friday, July 14th, 2023 at 13:20, [redacted] [@postoffice.co.uk](mailto:[redacted]@postoffice.co.uk)> wrote:

Hi [redacted]

Thanks for reaching out and I'd certainly like to know more about this if you could follow up with the research and details you mention below.

Once I have the information I can then reach out to the right people within our communications team.

Many thanks,

[redacted]

[redacted]

[redacted]

Retail Team

[redacted]

100 Wood Street, London, EC2V 7ER.

[redacted] [@postoffice.co.uk](mailto:[redacted]@postoffice.co.uk)



From: [REDACTED]  
Sent: 14 July 2023 11:48  
To: [REDACTED]@postoffice.co.uk>  
Subject: Inclusivity idea.

Caution: This email has been sent by an external contact. Please take care when clicking links or opening attachments. When in doubt, please use the "Report Phishing" button.

Hi [REDACTED]

hope your doing well?

Just a quick request for help with an idea that's been rattling around in my head for a few months. Could you point me in the right direction for this, please?

Could POL look into adding Solstice & Equinox greetings to it's media releases, please?

I've got some research & details that I can follow up with.

The one thing I've always thought POL was good at was it's inclusivity, with society always changing I think it's time for another addition.

cheers [REDACTED]

Sent with [REDACTED] secure email.

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[REDACTED]

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**From:** [REDACTED]@postoffice.co.uk  
**Sent:** 17 July 2023 10:42  
**To:** [REDACTED]  
[REDACTED] Inclusivity idea.

Hi [REDACTED]

I'm not exactly sure what he's asking but I think he's referring more to marketing communications because we wouldn't include anything like this in our comms. Even so, I doubt this would be relevant for marketing but probably a call for them.

Best wishes,  
[REDACTED]

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**From:** [REDACTED]@postoffice.co.uk  
**Sent:** 17 July 2023 10:22  
**To:** [REDACTED]@postoffice.co.uk; [REDACTED]@postoffice.co.uk  
**Subject:** FW: Inclusivity idea.

Hi both,

This is a bit of a weird one but see below and a request from [REDACTED] for us to add Solstice and Equinox greetings to our media and comms.

I know very little about this so asked him for further information which he has attached and copied below too.

Would very much welcome your thoughts.

[REDACTED]

Retail Team

[REDACTED]

100 Wood Street, London, EC2V 7ER.

[REDACTED]@[postoffice.co.uk](mailto:[REDACTED]@postoffice.co.uk)



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**From:** [REDACTED] >  
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**To:** [REDACTED]@[postoffice.co.uk](mailto:[REDACTED]@postoffice.co.uk)  
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█@postoffice.co.uk



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