



Department
of Health &
Social Care

Freedom of Information Team
Department of Health and Social Care
39 Victoria Street
London SW1H 0EU

www.gov.uk/dhsc

Ms April Lewis

By email to: request-1105077-993c25d9@whatdotheyknow.com

17 April 2024

Dear Ms Lewis,

Freedom of Information Request Reference FOI-1501792

Thank you for your request dated 18 March to the Department of Health and Social Care (DHSC), a copy of which can be found in the accompanying annex.

Your request has been handled under the Freedom of Information Act 2000 (FOIA).

DHSC does not hold information relevant to your request. This is because we are not the appropriate authority to contact on this subject.

However, you may wish to contact NHS England, which may hold information relevant to your request.

Contact details for NHS England can be found at [NHS England » Freedom of Information Act and Environmental Information Regulations](#).

If you are not satisfied with the handling of this request, you have the right to appeal by asking for an internal review. This should be sent to freedomofinformation@dhsc.gov.uk or to the address at the top of this letter and be submitted within two months of the date of this letter.

Please remember to quote the reference number above in any future communication.

If you are not content with the outcome of your internal review, you may complain directly to the Information Commissioner's Office (ICO). Generally, the ICO cannot make a decision unless you have already appealed our original response and received our internal review decision.

You should raise your concerns with the ICO within three months of your last meaningful contact with us.

Guidance on contacting the ICO can be found at <https://ico.org.uk/global/contact-us> and information about making a complaint can be found at <https://ico.org.uk/make-a-complaint>.

Yours sincerely,

Freedom of Information Team
freedomofinformation@dhsc.gov.uk

Annex

From: April <request-1105077-993c25d9@whatdotheyknow.com>

Sent: Monday, March 18, 2024 7:25 PM

To: FreedomofInformation <freedomofinformation@dhsc.gov.uk>

Subject: Freedom of Information request - Freedom of Information request - Trainee CBT Therapist (Recruit to Train) Pilot

Dear Department of Health and Social Care,

I wanted to enquire about the Trainee CBT Therapist - Recruit to Train programme and had the following questions:

- 1) What year did the pilot take place, and how long did it last for?
- 2) When did the evaluation of the pilot begin and how long did it take to complete?
- 3) How long after the evaluation concluded was the training programme rolled out to become a permanent entry route for CBT therapists .

Please let me know if you need me to clarify any questions.

Thanks in advance.

Yours faithfully,

April Lewis