

Counselling and Mental Health Services

It is important to note that the reports received have not been written by the same person and are therefore in differing formats.

Report Date: March 2013 to June 2014

Breakdown of Services provided by EAP:

98 telephone calls taken (22 male / 76 female)

15 clients referred for face to face counselling

19 clients received immediate telephone counselling and advice

64 calls were for advice, information or were of an administrative nature

1 client was deemed a red flag risk and was seen within 24 hours

Academic Schools – 31 employees

Professional Support – 49 employees

Not known/not disclosed/too small to identify – 8

Report Date: July 2014 to December 2015

24 employees

Drop in Sessions

July 2014 – 1-day drop-in session – 10 clinical sessions delivered

March/April/May 2015 – ½ day drop-in session – 24 clinical sessions delivered plus advice, information and signposting.

Report Date: January 2016 to June 2016
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33 sessions delivered

11 clients referred for face to face counselling

Report Date: July 2016 to December 2016

23 employees contacted the service

14 employees referred for face to face counselling (5 male / 9 female)

9 employees signposted to other services or provided with advice, information and support