

Freedom of Information Request: (FOI17- 267)

1. The total number of staff that accessed University counselling and mental health services in the last eight academic years (please present in a table showing figures for each academic year and breakdown by category (e.g. anxiety, bereavement loss, work-related etc...))

- a) How many were academic staff?
- b) How many were professional services staff?
- c) How many were male?
- d) How many were female?

Academic Year	2009/10	2010/11	2011/12	2012/13	2013/14	2014/15	2015/16	2016/17
Professional Services	122	136	156	240	319	145	210	351
Academic	56	73	92	103	123	92	125	146
Male	50	56	70	90	100	77	90	98
Female	128	153	178	253	342	160	245	399

Please find the main reasons for counselling below:

Abuse, addiction, anxiety, bereavement, career, changes in life/transitions, depressions, diagnosed with a mental health issue, eating disorder, family, harassment/bullying, marital/relationship, obsession/compulsion, physical health, phobia, self-esteem/lack of confidence, self-harm, stress (personal life), stress (work life), welfare/debt/housing, trauma.

Please note: Trauma became a recording category in the 2014/15 academic year.

3. During the last eight academic years how many staff members were referred to Occupational Health (please highlight whether these were self-referrals, management referrals, or referrals falling into different categories)?

- a) How many were academic staff?
- b) How many were professional services staff?
- c) How many were male?
- d) How many were female?

	Academic Year							
	2009/10	2010/11	2011/12	2012/13	2013/14	2014/15	2015/16	2016/17*
Total Staff Referrals	38	69	81	110	60	81	92	58
Professional Services	25	38	54	65	30	48	49	27
Academic	13	31	27	45	30	33	43	31
Male	9	22	29	35	26	36	48	17
Female	29	47	52	75	34	45	44	41

* As at 24th July 2017

All staff referrals must be made through Human Resources.