



Address: **Official Correspondence Team**  
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Date: 13 August 2015

Frank Zola  
Sent via email

Dear Mr Zola

**Freedom of Information Act - Request for Information**  
**Our Reference: FOI 3153**

Thank you for your Freedom of Information request received on 21 July 2015. You asked:

*"Please also disclose details of the evidence based research the DWP have conducted into:*

*- Supernova Therapy\**

*used by your SAM provider SSA.*

*Below is a list of the 28 products and services offered by SSA, please indicate which the DWP has contracted SSA to provide to Jobcentre 'customers'?*

- 1 anger management*
- 2 anxiety management*
- 3 bereavement counselling*
- 4 clinics*
- 5 cognitive behavioural therapy*
- 6 emotional problem counselling*
- 7 individual therapy*
- 8 mental health*
- 9 neuro linguistic programming therapy*
- 10 overcoming fears*
- 11 panic attacks treatment*
- 12 post traumatic stress disorder treatment*
- 13 private clinics*
- 14 psychoanalytic psychotherapy*
- 15 psychologists*
- 16 psychotherapy*
- 17 self esteem counselling*
- 18 sexual problem counselling*
- 19 sleep problems*
- 20 stress management*
- 21 therapy*
- 22 trauma counselling*

23 weight loss clinics  
24 Life Coaching  
25 NLP  
26 CBT  
27 Time Line Therapy  
28 Hypnosis”

In response to your request;

Start Smiling Again was awarded a contract with DWP on 9th March 2015 to deliver a Stress Management Programme, providing mentoring for participants with anxiety and depression related barriers to work, so they could move closer to finding employment. We can confirm that the Stress Management Programme provision did not contain requirements for the use of therapy, and therefore our evaluation of bids did not require research of the evidence base for Supernova Therapy.

Documents relating to the contract can be found on Contracts Finder SID4GOV website - <https://www.contractsfinder.service.gov.uk/Notice/977bdd97-bcdc-4bfe-81e9-5f219d5ebdde>

If you have any queries about this letter please contact us quoting the reference number above.

Yours sincerely

**Official Correspondence Team  
People, Communication and Capability**

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**Your right to complain under the Freedom of Information Act**

If you are not happy with this response you may request an internal review by e-mailing [freedom-of-information-request@dwpgsi.gov.uk](mailto:freedom-of-information-request@dwpgsi.gov.uk) or by writing to DWP, Central FoI Team, Caxton House, 6-12 Tothill Street, London. SW1H 9NA. Any review request should be submitted within two months of the date of this letter.

If you are not content with the outcome of the internal review you may apply directly to the Information Commissioner's Office for a decision. Generally the Commissioner cannot make a decision unless you have exhausted our own complaints procedure. The Information Commissioner can be contacted at: The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow Cheshire SK9 5AF  
[www.ico.gov.uk](http://www.ico.gov.uk)