Southern Derbyshire and Derby City Integrated Diabetes Service Model - Pathway Overview



PREVENTION AND PRE-DIABETES

- Awareness campaigns
- Health screening
- Dietary Advice
- Exercise Programmes
- Weight Reduction
- Pre-diabetes intervention

SELF-MANAGEMENT

- Education
 - Group / Structured
 - o 1:1
- Online Resources
- Peer Networks
- Use of Tele-health
 - Smart Phone Apps
 - o Flo
- Support from clinicians

LOCAL TO PATIENT

SPECIALIST MDT SUPPORT AND ADVICE

Primary Care / GP Practice

- 9 Care Processes
- Annual Review
- Care Planning
- Supporting Patient Self-Management
- Prevention of complications
- Education
- Peer Educators
- Pre-Conception Awareness
- Initiation of Insulin / GLP
- HBA1C Management
- Renal low level management
- Foot Care low risk
- Weight Management
- Diabetes Care Coordination

SPECIALIST COMMUNITY MDT

- 9 Care Processes
- Type 1 Management
- Medically Complex Patients
- Support Initiation of Insulin / GLP
- Intensive Glucose Control
- Education / Lifestyle Advice
- Foot Care medium and high risk
- Renal Medium level management
- Retinal Screening
- Drop in Sessions
- Specialist Weight Management
- Additional HBA1C Management
- Preconception Care

Secondary Care

SPECIALIST

- Support Initiation of Insulin Pumps
- Antenatal
- Urgent and Emergency Care, incl:
 - Podiatry
 - MDT Foot Clinic
 - Renal
- Inpatient Care
- Diagnostic support
- Bariatrics Tier 3

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Escalate / De-escalate of Care

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Psychological Support through all aspects of the pathway including IAPT

Southern Derbyshire and Derby City Integrated Diabetes Service Model - Pathway Overview



PREVENTION AND PRE-DIABETES

- Public Health
- Primary Care
- Community Staff
- Specialist Teams

SELF-MANAGEMENT

- Specialist Team
 - o DSN
 - Dietitians
 - Educators
- Web Based Resources
- Social Networking

LOCAL TO PATIENT

SPECIALIST MDT SUPPORT AND ADVICE

Primary Care / GP Practice

- GPs
- Practice Nurses
- Care Coordinators
- Support from Specialist MDT
 - e.g.: DSN through practice visits and education
- Psychological Support

SPECIALIST COMMUNITY MDT

- Practices Nurse (higher trained)
- **GP with Special Interest**
- DSN
- Specialist Dietitian
- Consultant
- Educators
- Community Matrons and District/Community Nurses
- Foot Protection Team
- Retinal Screening
- Community Venues / GP Practices

Secondary Care

Acute Trust MDT

SPECIALIST

- Obstetrics
- Diabetes AcuteClinic / Team
- Acute Foot Clinic
- Sonographers
- Paediatricians
- Anaesthetists for Antenatal Care

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Escalate / De-escalate of Care

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Psychological Support through all aspects of the pathway including IAPT