



1 May 2018

Dear Sir or Madam

Information Request – Depression in sports/football

I am writing with regard to your Freedom of Information request on 1 April 2018 that was received by NHS Health Scotland the next working day, in which you ask the following:

"I would like to get some information about:

- 1. Mental health (mostly depression) issues in Scotland, Great Britain and how that compares to the world/Europe in the past 5 years*
- 2. Mental health (mostly depression) issues in sports in Scotland, Great Britain and how that compares to the world/Europe in the past 5 years*
- 3. Mental health (mostly depression) issues in football in Scotland, Great Britain and how that compares to the world/Europe in the past 5 years*
- 4. How many people (sportsmen, footballers and generally) are open about their depression?*
- 5. How many of those people listed in question number 4 are being treated for it?"*

Unfortunately we are unable to help you with your request. Although NHS Health Scotland is a part of the NHS in Scotland, we do not provide health services directly to the public and we have no role in monitoring or providing the information that you are looking for. Our role is to work with a range of organisations including other NHS Boards, local government, the third sector and employers to help them use knowledge about what works to improve the health of people in Scotland. [This link](#) describes the different organisations that make up the NHS in Scotland.

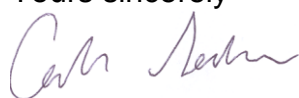
Therefore you may wish to redirect your request to the 14 local Health Boards that provide care and treatment, and in this case contact details are available [here](#)

If for any reason you are not satisfied with our response, you do have the right to ask the Chief Executive to review our response. You should do this within 40 working days of receipt of this letter and in a recordable format (letter, email, audio tape etc). The Chief Executive will consider your query, consulting with others as necessary, and will respond to you within 20 working days.



I hope that this is of help to you.

Yours sincerely



Cath Denholm
Director of Strategy, NHS Health Scotland