

Pull-up Guidance

The Continence Service recognises that disposable pull up pants are sometimes the most appropriate product for clients.

However, in comparison to all in one and shaped pads they are very expensive. Therefore to make the best use of available resources this product can only be made available in exceptional circumstances in agreement with the Continence Service. Pull up pants will not be provided to children to facilitate toilet training. Reusable pants or 2 piece system will be offered as an alternative to nappies for this purpose.

In adults and young people pull up pants may be provided if the need can be demonstrated, e.g. to enable a stroke patient to use the toilet independently, or a client with dementia who can not tolerate an alternative product therefore assisting these patients to remain independent and continent.

A maximum of three pull up pants can be provided per 24 hours.

Clients can be provided with information regarding purchasing extra supplies of pull up pants if required.

When pull-up pants are requested the health care professional is required to arrange a face to face visit with the patient to complete a level 2 continence assessment, review current issues the patient is having and complete a clinical rationale as to why they have determined that pull ups are the only suitable product.

A statement explaining the other products utilised, how long they have been tried for and why they have not been successful should also be included.

The Continence service staff will then arrange a joint visit with the referring nurse to fully review the patient suitability for provision of pull up products.