



What is the Start Your Journey Z-card Resource?

Start Your Journey is a borough-specific resource designed to help your year six students plan their journey to secondary school safely and responsibly and provide them with important advice for travelling independently.

Inside the Start Your Journey Resource

The resource contains a borough-specific map to help young people to plan their journey to Secondary School, with an activity sheet on the reverse.

The activity sheet is split into nine easy to understand steps for pupils to complete ahead of their first day at their new school,, covering key messaging on:

- Safe and responsible travel
- Journey planning and travel choices
- Zip Oyster photocard and the TfL Behaviour Code

Start Your Journey Lesson Plans

Introduction

This lesson is designed to prepare your year six pupils for independent travel to secondary school. You will need 30-40 minutes to complete the exercises below. Pupils will need a pen, ruler and one copy each of the Start your Journey Z-card resource.

Learning objectives

- To complete five travel activities on safer, active and responsible travel
- To plan their journey to secondary school

Exercise One: Start Your Journey travel activities (15-20 minutes)

1. Have your pupils open the resource on the activity side.
2. Have your pupils follow the road, read the nine messages and complete the following activities:
 - a. Bus Journeys
 - b. On the Underground

All answers can be found in the bottom right hand corner of the resource.



Homework:

If there's not enough time to finish this exercise in the lesson, have the pupils complete it as part of their homework.

Exercise Two: Journey Planning (15-20 minutes)

Open up the map side of the resource. The map will show all the secondary schools in your borough.

1. Ask the pupils if they know where your primary school is located and have them all mark it on the map
2. Have pupils sit in groups according to which secondary school they are going to
3. Now get the pupils to go through the MAP IT section at the side of the map. This involves finding their new secondary school and identifying other landmarks and transport interchanges near the school
4. On a separate piece of paper, ask each pupil to record how they will travel to their secondary school. If they plan to walk or cycle, encourage them to use the walking and cycling scale bars on the map to work out how long it will take them
5. Bring all the pupils back together and ask how they should behave when using public transport

Homework:

Encourage the pupils to identify which bus routes are available to them, using the Transport for London Journey Planner – tfl.gov.uk. If they are willing to walk a little further from their new school which other bus routes are available and could they use any of these to get home?

