

12 June 2017

Our Ref: NIC-115016-K6X0M

Dear Mr Ellis,

**Re: Information Request – Freedom of Information Act (FOIA) 2000**

Thank you for your email dated 24 May 2017 requesting information in respect of 'Chronic Fatigue Syndrome' related to your previous request NIC-105416-N7C9M dated 13 April 2017.

*"The following "mental health" subjective surveys are used when chronic fatigue syndrome patients enter the clinic, sometimes the clinic collects data on exit, but it does not collate the results/outcomes.*

CFS – Chalder Fatigue Scale (0-33; 33=high fatigue)

SF-36 (0-100; 100=high physical functioning)

VAS - Visual Analogue Scale (0-100; 100=high pain)

HADS ANXIETY (0-21; 21=high anxiety)

HADS DEPRESSION (0-21; 21=high depression)

SES – Self Efficacy Scale (0-60; 60=high confidence); EQ 5D (5-15; 15=higher quality of life)

ESS – Epworth Sleepiness Scale (0-24; 24=high chance of sleeping)

CGI – Clinical Global Improvement (1-7; 1=very much better, 4=no change & 7=very much worse)

*It is useful to know whether or not the above data is collected.*

*However, type of physical/physiological data, I am interested in, is the objective measures/changes in physiology and physical functional capacity, that are commonly used at exercise clinics for other chronic diseases.*

VO2 max

Resting heart rate

Heart rate variability

Heart rate abnormalities on exertion

6 minute walking test

2 minute waking test

Orthostatic intolerance (NASA lean test)

Balance - ataxia - rhomberg test"

We have considered your request and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA). I can confirm that we do not hold the information that you have requested.

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS Digital website.

I hope you understand the reasons why we are unable to supply the information requested. However, if you are not satisfied, you may request a review from a suitably qualified member of staff not involved in the initial query, via the [enquiries@nhsdigital.nhs.uk](mailto:enquiries@nhsdigital.nhs.uk) email address or by post at the above postal address.

Yours sincerely,

**L Boden**  
**Information Governance Advisor**

Further information about your right to complain under the Freedom of Information Act is available from the Information Commissioner's Office, Wilmslow, Cheshire, and on The Information Commissioner's website [www.ico.org.uk](http://www.ico.org.uk).

NHS Digital values customer feedback and would appreciate a moment of your time to respond to our Freedom of Information (FOI) Survey to let us know about your experience. Please access the survey through this link [here](#)