



**National
Careers
Service**

Helping you take
the next step

Whatever the stage of your career, we are here to help

The National Careers Service provides free, impartial information, advice and guidance on careers, skills and the labour market in England.

We'll help you to figure out what you need to do to get where you want to be, and work with you to put a plan in place to get you there.



www.nationalcareers.service.gov.uk



@GC_careersNW



National-Careers



@CareersNW



We can help with...

Discovering your skills and careers

Our skills assessments help you to identify your skills, interests and motivations and match those to potential career options.

Finding courses

Search for learning and training courses available near you and online, for all ages and levels. You can also find out about funding options to help support you while you learn.

Developing job searching, CV writing and interview skills

Understanding the different kinds of interviews that employers use and how to prepare for them, as well as what they look for on a CV. Offering advice and guidance on making a good first impression and creating an action plan of points you need to address before your next interview.

Confidence building and digital skills

Understand your skills and how to demonstrate them. Learn how to find 'hidden' jobs through networking, social media, job fairs, speculative applications and more.

Understanding the local job market

Understand the local demand for different skills and industries and find out how this applies to your skill set.

Call us on:

0800 100 900

MON – FRI: 8AM – 8PM

SATURDAY: 10AM – 5PM

You can also email or webchat with an adviser at:

www.nationalcareers.service.gov.uk