Manchester Autism Partnership Board - Co-production and Partnerships working group

"Co-production is when you as an individual influence the support and services you receive, or when groups of people get together to influence the way that services are designed, commissioned and delivered"

The first working group meeting took place on 3 May 2019 in Miles Platting, where attendees discussed and worked through the different areas to decide action and next steps.

Attendees included:

- XX Person living with autism
- Yasmin Rothwell and Enda Moran, Adult Social Care, Manchester City Council
- Tina Davies, Autizma
- Helen Scott, Senior Commissioner Children and Mental Health, Manchester Health and Care Commissioning
- Jessica Herbert, Communications and Engagement Manager, Manchester Health and Care Commissioning
- Val Bayliss-Brideaux, Senior Engagement Manager, Manchester Health and Care Commissioning

Manchester Autism Partnership Board

How can people living with autism and their families and carers get involved in the board?

- Participation and involvement in the board meetings and supporting working groups
- Through story-telling and case studies
- Community conversations and understanding what matters to them – a whole person approach
- Holding information sessions on themes and inviting interested people along including people living with autism, carers and family members
- Understand intersectionality of people living with autism and how this impacts on their health and wellbeing
- Support activities and events taking place in the community to listen to lived experiences and use these to inform and influence commissioning
- Understand how people living with autism are identified on GP registers – the EMIS codes used, numbers registered and living in which neighbourhoods. GP practices can be used to contact people living with autism and understand their experiences
- Development of peer support groups to enable conversations and activities to take place and address social isolation

Activities planned for 2019/2020

- MHCC Engagement team has commissioned Freshrb CIC to develop video story-telling with CAHMS young people and Dr Jo Bromley, Consultant Clinical Psychologist
- MHCC Engagement team has commissioned Autizma to engage with people living with autism to understand barriers to accessing health and care services

Partnership Working

Who do we need to work with to improve health and wellbeing and services for people affected by autism?

- Children and young people
- Adults (14 years and older)
- Older People

Acute hospital and public sector organisations

- Manchester Health and Care Commissioning
- Manchester University Hospitals NHS Foundation Trust
- Northern Care Alliance NHS Group
- Greater Manchester Mental Health NHS Foundation Trust
- Manchester City Council
- Manchester Local Care Organisation
- Greater Manchester Health and Social Care Partnership
- NHS England
- North West Ambulance Service
- Greater Manchester Fire and Rescue Service
- The University of Manchester
- Greater Manchester Police
- Health Education England
- Manchester Crown Court
- Manchester Probation Service

Voluntary and community sector organisations

- Greater Manchester Autism Consortium
- National Autistic Society
- Stepping Stones
- Autizma
- Autistic Society for Greater Manchester
- LGBT Foundation
- Demobi
- BME Learning Disability Empowerment Project
- 42nd Street
- Together Trust
- The Owl Centre
- Autism Trafford
- Autism Support UK

Businesses and social enterprises

• Transport for Greater Manchester

Transition – all age or a phased approach?

What support is needed when a young person transitions to adult services?

- Must ensure the offer for 0-25 years is consistent for autism, ADHD and eating disorders
- What is the role of schools and "masking"?
- What is the school health offer and autism?
- What is the link to the crisis care pathway in mental health?
- How are we supporting adolescents in foster care and have been adopted where there is a breakdown in relationships – a different kind of approach is needed
- The person living with autism is seen as the problem
- Links made to mental health support like Kooth.com and digital offer
- The development of the Thrive offer for children and young people must include autism and connections made

What support is needed when an adult transitions to older people services?

We agreed to discuss this at the next meeting to be held in June 2019.

Lived Experiences

What information have people affected by autism and their carers shared with us already about what matters to them and their health and wellbeing?

- Manchester
- Greater Manchester
- North West
- UK

Jessica Herbert, Communications and Engagement Manager has started to collate information so themes can be identified.

If partners of the Manchester Autism Group has information that can be shared, please can this be emailed to jessica.herbert2@nhs.net

It was agreed to use the information to inform and influence the following:

- The development of a Joint Strategic Needs Assessment topic paper on autism
- The development of a Manchester Autism Charter that could be used to provide accountability with providers of autism services

Training and Development

What opportunities are available for people affected by autism and their families/carers?

- There is a need for all neighbourhood teams in health and social care to receive mandatory training in autism awareness
- There is a need for all providers (NHS and private) to also receive mandatory training in autism awareness
- There is a need to develop autism champions within the workforce and in the 12 neighbourhoods in Manchester
- There is a need for advocacy training to support people living with autism
- Training needs to address social model of disability and autism
- People living with autism must be involved in the delivery of training
- A mapping exercise is needed to understand the existing training and resources available to avoid duplication – MindEd was shared as an example https://mindedforfamilies.org.uk/
- Understand what the Manchester University NHS Foundation Trust disability training includes
- Important to link into the Our Manchester Disability Plan work and skills group
- Understand what the Greater Manchester Autism Training Group is and how Manchester is involved in it
- There is a link to the NHS 10 year plan and developments on making autism training mandatory

Hate and Mate Crimes

Hate crimes and mate crimes against people with autism are not OK.

In 2017/18, there were 94,098 hate crime offences recorded by the police in England and Wales, an increase of 17% compared with the previous year. 7,226 (8%) were disability hate crimes.

What do we need to do raise awareness of reporting of hate and mate crimes?

- There is a need to raise awareness of Hate and Mate crime in Manchester – campaign that all partners can support
- There is a need to raise awareness and understand where the reporting centres are in Manchester
- There is a need to raise awareness of what a good relationship/friendship is and what is a bad relationship
- It was noted that the Crown Prosecution Service has not prosecuted anyone who has committed a hate crime against a person living with autism

Questions and Queries

- 1. Where does employment and autism get discussed?
- 2. Manchester University NHS Foundation Trust has launched an Autism card. How can this be shared as good practice and raise awareness of it?
- 3. Links are needed to existing groups who are looking the built /physical environment and how this can negatively affect a person living with autism.
- 4. Here are future areas for discussion:
 - Food and autism
 - Physical inactivity and autism
 - Eating disorders and autism
- 5. How do we embed social value into the work of the Manchester Autism Group?
- 6. Where does Adult Social Care send referrals for support for a person living with autism?
- 7. Do we know what support is available in neighbourhoods through VCSE or commissioned services? Is there a directory or one place to find information?

Safe Spaces

- There is a need to understand what does "safe" mean.
- A mapping is needed of places and events taking place that are autism friendly and these are promoted through partners and voluntary and community sector organisations

Communication and Information

- Understand what information is available to people about the diagnosis of autism and where to find it
- Understand what information is available to people about next steps and referrals to services
- Understand what support is available to people in a crisis and their carers and family members

The information collated and key themes will be used to inform and influence the following areas of development within the Manchester Autism Partnership Board:

- Services diagnostic and post-diagnostic
- Training and Development policy, programme and implementation
- Evidence data, Joint Strategic Needs Assessment and evidence based commissioning
- Co-production and Partnership individuals and stakeholders participating in the autism work programme

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