
Q10 Reading

This means doing the following in your own language:

- reading written words and numbers both indoors and outdoors
- reading signs and symbols (for example, a green exit sign on a door)

For this question, you must be able to see the information. Using braille to read is not counted as reading and you should give more detail about how your condition affects your ability to read.

Q10a Does your condition affect your ability to read? (Put a cross in one box below)

No **Now go to Q11**

Yes **Continue with Q10**

Q10b Tell us about the difficulties you have with reading words or symbols and how you manage them.

For each difficulty, please tell us:

- how often you have this difficulty – tell us about both good and bad days
- what the difficulty is
- why you have it, or how it relates to your condition
- any aids or adaptations you use, or help you get from another person
- any help you feel you need but do not get

Examples

‘I am never able to read one sentence after another because I confuse the order of the letters and words. I use a portable scanner to help me understand written words more quickly.’

‘I have dyslexia and need to use a yellow filter to help me to read.’

‘Most days, I am unable to read at all because I experience double vision and am unable to focus. My partner reads for me when I am unable to do it myself.’

Q11 Mixing with other people

This means:

- meeting people face-to-face
- understanding how they are behaving towards you including body language
- behaving appropriately towards them
- being able to make new relationships with other people

This means doing these things with both people you know well and people you do not know.

Q11a Does your condition affect you mixing with other people? (Put a cross in one box below)

No **Now go to Q12**

Yes **Continue with Q11**

Q11b Tell us about the difficulties you have with mixing with other people and how you manage them.

For each difficulty, please tell us:

- how often you have this difficulty – tell us about both good and bad days
- what the difficulty is
- why you have it, or how it relates to your condition
- any help you get from another person
- any help you feel you need but do not get
- whether severe anxiety or distress stops you from doing this
- about any risk of harm to you and others

Example

‘I am always unable to meet new people by myself because I become very distressed. My carer supports me when I interact with new people so I do not become distressed.’

Q12 Managing money

This means:

- understanding how much things cost
- understanding how much change you should get
- managing your own budgets, paying your own bills and planning your own future purchases

This does not mean taking a bill to the post box or being able to hold your change.

This also does not mean being able to read a bill or physically open a letter.

Q12a Does your condition affect you managing your money? (Put a cross in one box below)

No **Now go to Q13**

Yes **Continue with Q12**

Q12b Tell us about the difficulties you have with managing your money and how you manage them.

For each difficulty, please tell us:

- how often you have this difficulty – tell us about both good and bad days
- what the difficulty is
- why you have it, or how it relates to your condition
- any help you get from another person
- any help you feel you need but do not get

Examples

‘Most days I have difficulty making decisions about bills and household budgets because I become very anxious and panicked. My partner helps me make financial decisions.’

‘I always have difficulty paying for things in shops because I find it difficult to calculate how much things cost. My carer helps me understand how much I need to pay.’

Mobility activities

Q13 Planning and following a journey

This means doing the following:

- leaving your home to go out
- following a route you know well
- working out a new route and following it, for example, if you find a road is closed on a route you know well and need to plan and follow a different route

This question is not about if you can physically move around.

Q13a Does your condition affect you planning and following journeys? (Put a cross in one box below)

No **Now go to Q14**

Yes **Continue with Q13**

Q13b Tell us more about the difficulties you have with planning and following journeys and how you manage them.

For each difficulty, please tell us:

- how often you have this difficulty – tell us about both good and bad days
- what the difficulty is
- why you have it, or how it relates to your condition
- any aids you have, such as an assistance dog or long cane
- any help you get from another person
- if severe anxiety or distress stops you from leaving the home, following or completing a journey
- any help you feel you need but do not get

Examples

‘About 3 times a week I am unable to go by myself to shop for food at my local shop because I am too anxious to leave the house. My carer does my shopping for me when this happens.’

‘I am never able to follow a new or familiar journey safely by myself because I am unable to see. My guide dog helps me stay safe when following journeys.’

‘I am never able to plan new journeys as I find it too difficult to understand maps. My carer plans new journeys for me and tells me how to follow them.’

How DWP collects and uses information

When we collect information about you we may use it for any of our purposes. These include:

- social security benefits and allowances
- child maintenance
- employment and training
- investigating and prosecuting tax credits offences
- private pensions policy and
- retirement planning

We may get information about you from other parties for any of our purposes as the law allows to check the information you provide and improve our services. We may give information about you to other organisations as the law allows, for example to protect against crime.

To find out more about our purposes, how we use personal information for those purposes and your information rights, including how to request a copy of your information, please visit:

www.gov.uk/dwp/personal-information-charter

Final checklist

Please check you have answered all the questions on this form and tick the box.

- Step 1** Signed your **Declaration**
- Step 2** Read and understood all the notes
- Step 3** Answered all the questions
- Step 4** Remembered to tear off the letter and notes on the front of the form and keep them safe
- Step 5** Included photocopies of supporting evidence with this form
- Step 6** If you want to, make a copy of your completed form and supporting evidence for you to keep

Freepost RTEU-HBEC-RGTG
Personal Independence Payment 1
Mail Handling Site A
Wolverhampton
WV98 1AA

Please return the completed form to this address.

Put the completed form in the envelope provided, making sure the address shows through the envelope window. The envelope does not need a stamp unless you live outside the United Kingdom.

If you have access to the internet, you can get information about Personal Independence Payment by going to the Personal Independence Payment website: **www.gov.uk/pip**