

The Training plan for 2018-19 has now been finalised and you can see it [here](#). Key new programmes this year on the new pathways in private law (alienation and high conflict which build on the approach in the DA Pathway), further mental health events and a new course on substance misuse, are all based on the most common requests from staff. As always please contact us with further requests or comments.



Face to Face Training:



[Optimising Wellbeing](#)

At Cafcass, we believe that optimal wellbeing is comprised of eight different elements – sleep, focus, play, recharge, social, fuel, movement and being mindful. These elements are interconnected so that what happens to one element can greatly affect another, resulting in reduced overall health and wellbeing. To learn more why not join us at one of our Optimising Wellbeing workshops or webinars which are available to all staff and can be booked on [iTrent](#).

Also to support your wellbeing needs, why not take the [wellbeing quiz](#) to help identify priority areas you need to work on in order to improve your overall health and wellbeing.



Dilemmas in public law practice workshops

We ran a pilot day for this training in May and the material was very well received. However, attendees and trainers agreed that there is too much material to deliver in a one day session. We are currently discussing the possible options for delivery but wanted to let you know that whilst the original start date of June has been slightly delayed, we will still be rolling this training out to nominated staff from August onwards. We will be in touch with your Heads of Practice shortly with the details.

As a reminder, this workshop has been developed to explore some of the more challenging areas of public law.

Cafcass Coaching Skills

Coaching can be used in many ways, with team members, colleagues and service users. The Cafcass coaching skills programme includes 6 eLearning modules, a reflective statement and a masterclass to help you to learn about how to coach and then to practice using those skills in your role. If you want to learn more about coaching and the learning available join the Introduction to Coaching webinar on 9th July. Book your place on iTrent by searching for coaching.

Management Development

Due to popular demand, new dates have been added for Managing in a High Pressure Environment and Essential People Management. Book a place via iTrent . Guidance on how to do this can be found [here](#).



Practice Educators

We have 2 new two-day training events for any FCAs that are interested in becoming a Practice Educator. The dates are:

Oxford – 31/08/18 & 01/09/18

Middlesbrough – 26/07 and 27/07 2018

You can book a place via iTrent self-service.

Delivering Effective Training

A training package has been developed for Practice Supervisors to develop their skills in delivering off the shelf and other training locally in their teams. This training will be delivered across areas and details of dates and venues will be available shortly. This training can also be commissioned and delivered locally with NIS Improvement Managers. For further information, please contact Pauline Cook, NIS or Spencer Hird, Head of Practice who are the leads for PS national development.

Resources:

Emerging Talent Newsletter

Please [click here](#) for the 4th issue of the Emerging Talent Newsletter. If you have any queries, please email the [HR Inbox](#).

The Practice Experts programme

So what is it...?

The Practice Experts programme is a network of experts in specialist practice areas who can provide guidance, consultation and training. It's a chance to share knowledge and to save 'reinventing the wheel', just like chatting to your colleague – but nationally! Topics currently covered are: Assisted conception: surrogacy, same-sex parenting; IVF and sperm/egg donation; Working with trans adults and young people; Unaccompanied asylum seeking children; 'Miracle' babies and Working with Roma families. Two new topics are being added to the list in July and August and they are: Child trafficking and The impact of gangs. For information on all these topics and details on how to book a "consultation", please click on [this link](#).



Looking Forward...

Training events with spaces available:

Interviewing Skills in Cafcass (Core)

- 10/07/2018 - Cafcass Leeds
- 25/07/2018 - Cafcass Manchester

Case Work in Cafcass (Core)

- 11/07/2018 – Cafcass Manchester
- 16/07/2018 - Cafcass Birmingham
- 20/07/2018 - Cafcass Bloomsbury London

Risk & Harm in Cafcass (Core)

- 04/07/2018 - Cafcass Sheffield
- 19/07/2018 - Cafcass Manchester
- 26/07/2018 - Cafcass Birmingham
- 31/07/2018 – Cafcass Bloomsbury London

Legal Roadshows

- 12/07/2018 – Cafcass Sheffield

Management Development events

- Effective PLR Workshop -03/07/2018 - Cafcass Manchester
- Effectively Supporting Attendance - 19/07/2018 -Cafcass Sheffield
- Optimising Wellbeing For Performance - 05/07/2018 - Cafcass Leeds
- Optimising Wellbeing for Performance Webinar- 17/07/2018
- Service Manager Core Training- 18/07/2018 -Cafcass Birmingham

we want your
feedback

Learning continues well beyond any training that you attend. Taking time to reflect on the learning, and how you have applied it to your role to improve outcomes for children, is a crucial part of your overall professional development. Please remember to spend a short moment completing any training impact surveys that you receive following your attendance at face to face training. It's important not only for organisational improvements, but is a great opportunity for self-reflection and discussion during your PLR.

If you have any comments on anything in the bulletin, please contact learning@cafcas.gov.uk.