



Foster Carers Training Plan

Sandwell MBC

May 2013 – July 2013

The training and development offered by Sandwell MBC for Foster Carers will enable them to provide the appropriate care needed by the Children they are looking after. Primary Foster Carer at Sandwell MBC are expected to complete a minimum of three learning and development workshops, and secondary Foster Carers are expected to complete a minimum of one learning and development workshops, in addition to the mandatory sessions.

This training plan for Foster Carers will meet their needs at two levels; one in relation to their experience as Carers and secondly in relations to the needs of the children they are caring for.

These sessions are also open to Social Workers who support Foster Carers.

1st Year Foster Carer

The following ranges of programmes are aimed at Foster Carers who are in their first year of Fostering. Foster Carers at any stage of their Fostering career can access these courses.

Basic First Aid for Children and Young People

This course is a 1 day (delivered over two days) basic introduction to first aid, it allows participants to achieve a basic competency in emergency first aid, and is assessed by the tutor on the day. Candidates will have an emergency/appointed person certificate that is valid for 3 years.

Date: 20th & 21st June 2013

Time: 9.45 Registration, 10.00 – 14.00

Venue: TDC

Provided by: Principal Training

To book: xxxxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

E-safety

The following web links provide information on how to get the best out of the internet and how to stay safe online.

- <http://www.childnet.com/parents-and-carers>
- <http://www.wmnet.org.uk/wmnet/21.cfm>
- <https://www.thinkuknow.co.uk/parents/>

Health and Safety for Foster Carers

This is an awareness course that examines that arises when caring for children and Young People.

Date: 17th June 2013

Time: 9.45 Registration, 10.00 – 14.00

Venue: TDC

Provided by: Principal Training

To book: xxxxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

Introduction to attachment related behaviours

This session will provide a deeper understanding of attachment and how this effects children's development and their emotional wellbeing and behaviour, also how our own attachment experiences can impact on our care of children and professional practice. It will also provide methods to improve and build on quality attachments and relationships with children and young people who have experiences of difficult attachments and relationships, identifying how we can encourage new brain growth relating to building positive and effective relationships.

Date: 24th June 2013

Time: 9.45 Registration, 10.00 – 14.00

Venue: TBC

Provided by: Barnardos

To Book: xxxxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

Life Story

The Programme will equip Foster Carers with the core skills of developing and continuing life story work with children and young people. Addressing the child's need to have a deep rooted understanding of their own background/life, their own individual, cultural and racial identity and their developing identity as well as their plans and ambitions for their future.

Date: 19th June

Time: 9.45 Registration, 10.00 – 14.00

Venue: TDC

Provider: Barnardos

To book: xxxxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

Promoting contact

The Programme will look at the benefits of contact and how this can be promoted and managed to meet a child or young persons individual needs. It will explore the potential risks involved and the positive outcomes that can be achieved through good quality and appropriately supported contact. It will look at protective elements that can be promoted and encouraged for all involved to reduce any concerns and maintain positive relationships and links with children's family and friends.

Date: 9th July 2013

Time: 9.45 Registration, 10.00 – 14.00

Venue: TBC

Provider: Barnardos

To book: xxxxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx



Safer Caring

This one day session is priority, it looks at what Safer Caring means for Foster Carers, the regulatory framework and the learning that research finds can provide. Carers will be expected to produce an action plan by reviewing their safe care family policy, approach to recording and use of supervision.

Date: 20th May 2013 or 11th July 2013

Time: 9.45 Registration 10.00 – 14.00

Venue: TDC

Provider: Eddie O'Hara Social Services Ltd

To book: xxxxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

Tuning into behaviour

This one day session explores the emotional wellbeing of babies and young children. The training covers the following topics:

- The child's internal and external environment.
- Comfort, challenge, stress zones.
- Understanding the power of projection and how we respond to behaviour issues.
- Containing emotions and creating a nurturing environment.
- Looking at behaviour as communication – triggers and causes.
- What can adults do to restore positive relationships?
- Reflecting on our own practice.

Date: 14th May 2013

Venue: Coneygre Youth Centre, Sedgley Road East ,Tipton DY4 8UH

Time: 10.00 – 14.00

Provider: Alice Berry -Inclusion Support

To book: xxxxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

Or,

Date: 15th May 2013

Venue: Gravenstede Room at Connor Education, Connor Road, West Bromwich, B71 3DJ

Time: 10.00 – 14.00

To book: xxxxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx



Understanding Abuse

To provide Foster Carers who are caring for children/young people who been abused. This session will awareness, knowledge of the issues involved and recognising signs as well as symptoms of abuse.

Date: 10th July 2013

Venue: TBC

Time: 9.45 Registration, 10.00 – 14.00

Provider: Barnardos

To Book: xxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

2nd Year Foster Carer

These workshops are aimed at Foster Carers who have some experience of Fostering and have completed the mandatory training and ready further their knowledge and skills.

Are your Children Ready to Learn

To empower Foster carers to support their child/children through the learning process.

Date: 22nd May 2013

Time: 9.45 Registration, 10.00 – 14.00

Venue: TDC

Provider: Kathy Ross, Inclusion Support Service

To book: xxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx



Importance of play for under 8's

This is aimed at Foster Carers who are or will be in future caring for children under the age of 8. The session will raise awareness of the types of play and relate toys at different stages of a child's development.

Date: 5th June 2013

Time: 9.45 Registration, 10.00 – 14.00

Venue: TDC

Provider: Barbara Hale

To book: xxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

Safeguarding Module 1

This a mandatory session for all new Foster Carers and for Children and Young People Workforce who need to undertake a 3 year refresher. This session is supported by the Artemis E- learning. Please ensure that you have completed the Artemis Safeguarding module 2 weeks before attending this session. Social Worker to email xxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

Date: 11th June 2013

Time: 9.45 Registration, 10.00 – 12.00 noon

Venue: TDC

Provider: Lyn Weston

To book: xxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

3+ Year Foster Carers

This range of training is aimed at experienced Foster Carers.

Communicating with professionals

This session will provide the opportunity to explore the challenges and difficulties that can arise in multi-agency work and in communicating with other professionals about the needs and the care of children. Recognising that Foster Carers may develop the greatest knowledge and insight into what children need and can become their strongest advocate with other professionals.

Date: 25 June 2013

Time: 9.45 Registration, 10.00 – 14.00

Venue: TDC

Provider: Barnardos

To book: xxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

Emotional Resilience

Foster Carers will develop a deeper insight and understanding of children's resilience and vulnerabilities, where these come from, what promotes resilience and what increases vulnerabilities. The session will explore simple and more complex strategies that can promote and increase resilience and self esteem and also the pitfalls of the increased vulnerabilities and possible negative core beliefs of children in care.

Date: 20 June 2013

Time: 9.45 Registration, 10.00 – 14.00

Venue: TDC

Provider: Barnardos

To book: xxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

Substance Misuse

This session will raise awareness of the range of drugs, including how to spot the signs and symptoms of use. It will also cover the variety of vocabulary used by young people to describe drugs.

Date: 26 June 2013

Time: 9.45 Registration, 10.00 – 14.00

Venue: TDC

Provider: Paul Grocutt, DECCA

To book: xxxxxxxxxxxxxxxx@xxxxxxxx.xxx.xx

Other useful Resources, (this information is provided by independent sources)

- E-Safety Online Learning:
<http://www.childnet.com/parents-and-carers>
<http://www.wmnet.org.uk/wmnet/21.cfm>
<https://www.thinkuknow.co.uk/parents/>
- Department of Education :
<http://www.education.gov.uk/childrenandyoungpeople>
<http://www.education.gov.uk/childrenandyoungpeople/families/fostercare/a0071241/support-for-foster-carers>
- The Fostering Network:
<http://www.fostering.net/>
- The Foster Talk
<http://www.fostertalk.org/>

Courses for July 2013 –March 2014

The below sessions will be procured during May 2013 and dates offered from July 2013 to March 2014.

1st Year Foster Carers

Administration of Medication

This session will cover the legal requirements when administering medication to children/young people, ensuring medication is managed appropriately.

Date: TBA

Managing Allegation

This session raise awareness of the procedure used at Sandwell MBC when an allegation is made against our Foster Carers. This session will discuss and inform to process of recording information.

Dates: TBA

Managing difficult behaviour in young people

This session will offer instructional approaches for helping young people build a repertoire of skills and positive strategies for understanding and managing conflict within their interpersonal relationships.

Date: TBA

Men who Foster

This session will explore the issues Men face as Foster Carers and Legislation that Men who Foster.

Date: TBA

2nd Year Foster Carers

Autism Awareness

Foster Carers will have a better understanding Autism, varying and associated impairments and the impact on life.

Date: TBA

Communicating effectively with children

This session will enable Foster Carers to communicate with confidence and identify ways of nurturing to support development, learning and wellbeing of children and young people.

Date: TBA

Learning Disabilities Awareness

This session will raise awareness of the learning disabilities and the range of support available to Foster Carers to meet the needs of the children/young people in their care.

Date: TBA

Understanding and supporting teenagers

Awaiting course summary

Date: TBA

+3rd Year Foster Carers

Caring for and promoting identity with children from different ethnicity

This session will provide Foster Carers with a better understanding of children of different ethnicities and their needs, so to improve the care provided.

Date: TBA

CALMs – Positive Handling

Awaiting course summary

Date: TBA

Children's Workforce Development Council (CWDC) Programme

This programme is a mandatory for all new Foster Carers, and covers all the seven standards.

Date: TBA

Identifying bullying and anti bully strategies

This session provides an understanding of the nature of bullying behaviour and support they can provide to their children and young people. It will also provide information on anti-bullying legislation and policy.

Date: TBA

KEEP Training

Keep is a parenting programme using principles of MTFC (Multidimensional Treatment Foster Care) and social learning theory. It is an ongoing evidence based research project. This session is aimed at mainstream and connected carers who have children aged 5-12yrs in placement (at least 30 days).

It is a 16 week programme offering skill training and support. Carers will be asked to undertake home practice each week and will be called once a week for data about the child's behaviour in the last 24 hours.

DATE: TBA

Preparing for independence and transition to Adulthood

Awaiting course summary

Date: TBA

Training for mother and baby placement

Awaiting course summary

Date: TBA