



Ministry of Defence

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Mr Jones

[request-481125-4ba11045@whatdotheyknow.com](#)

11 May 2018

Dear Mr Jones

Thanks, you for your email of 28 April 2018 in which you requested the following information:

"Greetings, please would you be so kind to supply me with a copy of the "Merseyside Army Cadet Force" training Syllabus for Cadets."

I am treating your correspondence as a request for information under the Freedom of Information Act 2000 (FOIA).

A search for the information has now been completed within the Ministry of Defence, and I can confirm that the information in scope of your request is held and has been provided in annex A below.

Under section 16 of the Act (Advice and Assistance), you may find it useful to note the following:

The Merseyside Army Cadet Force do not have a separate training syllabus but follow the Army Cadet Forces standardised syllabus known as the "*Army Proficiency Certificate*". As cadets learn more about each topic and get better at them they go up through the star levels until they reach four-star level which usually takes four years. More information on this can be found at <https://armycadets.com/join-cadets/activities/apc/>.

If you have any queries regarding the content of this letter, please contact this office in the first instance. Following this, if you wish to complain about the handling of your request, or the content of this response, you can request an independent internal review by contacting the Information Rights Compliance team, Ground Floor, MOD Main Building, Whitehall, SW1A 2HB (e-mail CIO-FOI-IR@mod.uk). Please note that any request for an internal review should be made within 40 working days of the date of this response.

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Yours sincerely,

Army Secretariat

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ARMY CADET FORCE

ARMY PROFICIENCY CERTIFICATE

SYLLABUS

Note: For details of the following subjects refer to WESTMINSTER for the Syllabus:

Expedition Training

First Aid Training

Skill at Arms Training

Shooting Training

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SCALING

Each Cadet Training Team	10 copies
Cadet Training Centre	10 copies
Each Division and Brigade HQ	1 copy
Each County ACF Bn and Area Coy HQ	10 copies
Each ACF Detachment	4 copies

NOTE FOR THE ATTENTION OF ALL SCALE HOLDERS

Units requiring amendments to their scales should apply to Publications Branch, DG D&D, Trenchard Lines, Upavon, Wilts, who will arrange for a revised distribution. Further information regarding the issue of publications is contained in the Catalogue of Army Publications Part 11 (Army Code 12123) and in formation Standing Instructions and Routine Orders. In order to achieve maximum efficiency in the management of forms and publications transactions, Units should nominate a responsible Publications Control Officer.

AMENDMENTS

AL No	Date	By Whom	AL No	Date	By Whom

WARNING

This syllabus book is to be returned to the ACF Detachment or other convenient ACF HQ when the person to whom it is issued transfers within the ACF or leaves it.

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APC (ACF) SPECIMEN REPORT - CADET AND THE COMMUNITY

"I certify that the cadets named in this certificate have attended the required periods of citizenship training at Star level(s) and I am satisfied with their progress".

NAME	INITIAL	DETACHMENT	TRAINING
BLACK	B	Hexam	1 Star
GEORGE	G	Bernard Castle	1 Star
JAMES	J	Darlington	2 Star - Visit to Police Station
KENDALL	K	Catterick	3 Star - Catterick Show
LOW	L	Doncaster	4 Star - Painting Club Room

Signature

Name

Appointment

Date

NOTES:

1. A certificate should be large enough to include about 20 names.
2. A separate certificate may be used for each Star level or, as in the example above, for all cadets at all stages of training.
3. At 2-, 3- and 4-Star levels certificates should show the type of training completed as in the example above.

SECTION 2

BASIC TRAINING SYLLABUS AND TESTS

SUMMARY

0201.

PERIODS	SUBJECT
9	DRILL AND TURNOUT
3	MILITARY KNOWLEDGE
10	SKILLS AT ARMS AND SHOOTING
5	MAP AND COMPASS
2	FIELD CRAFT
1	FIRST AID
1	EXPEDITION TRAINING
6	PHYSICAL RECREATION
5	ADMINISTRATION, UNIFORM FITTING ETC
42	TOTAL TRAINING PERIODS
9	REVISION
1	ENROLMENT CEREMONY

0202. Period of Training. Basic Training is intended to cover a period of thirteen weeks providing the recruit with an early opportunity to progress and gain achievement before moving on to 1-Star.

DRILL, TURNOUT AND MILITARY KNOWLEDGE

SYLLABUS

0203. Aim. To teach the recruit:

- a. To wear the uniform smartly and to take pride in appearance at all times.
- b. Basic foot drill so that he can stand and move in a soldierly manner.
- c. The history of the ACF, the names of officers and adult instructors in the detachment, ranks and badges and the enrolment ceremony.

BASIC

0204. Periods	Content	Reference Cadet Training Manual 1990 Edition Vol 1
2	Turnout - Care and Cleaning of Uniform Inspection - Appearance of Dress Inspection of Arms Preparation and Packing of '58 Pattern Equipment	Chap 1 Sect 1 Chap 1 Sect 2 Chap 1 Sect 3 Chap 1 Sect 4
1	The Aim and Purpose of Drill	Chap 2 Sect 1
1	Positions of Attention, Stand Easy and Stand at Ease	Chap 2 Sect 2
1	Turnings at the Halt	Chap 2 Sect 3
1	Compliments - Reason, Origin & Information	Chap 2 Sect 4
1	Saluting to the Front	Chap 2 Sect 5
1	Introduction to Marching	Chap 2 Sect 6
1	Marching and Halting in Quick Time	Chap 2 Sect 7
1	Ranks and Badges of Rank	Chap 3 Sect 1
1	History of ACF to Present Day	Chap 3 Sect 5
1	Enrolment Ceremony	Chap 3 Sect 6

Notes

1. During drill, recruits will not be formed into formal squads.
2. Further practice in wearing uniform correctly will continue throughout training.
3. Instruction is to be given in the care and cleaning of uniform.
4. Recruits should be encouraged to take a pride in appearance in civilian clothes.
5. Hair should not be allowed to protrude over the collar nor hide the ears. It should be kept tidy at all times and sideburns should not be allowed to grow below the bottom of ears. Female recruits must have their hair neat and, if possible, under the beret.
6. Boots should be well polished and have the best shine possible.
7. Names of officers and adult instructors will be taught informally.
8. An explanation of the Enrolment Ceremony is to be given.

TEST - DRILL AND TURNOUT

0205. Conduct. The Drill and Turnout Test at Basic Training level must be carried out by each recruit individually. The testing of Turnout may be carried out separately but should ideally be at the same time as the Drill Test.

0206. Assessment

Question No	Detail	Maximum Marks	Pass Marks
1 - 2	Two questions on the aim and purpose of drill	20	10
3 - 4	Two questions on the reason and origin of complements	20	10

The rest of the Drill Test will be by watching each individuals recruit to assess his standard at carrying out the following movements:

5	Attention, stand at ease and stand easy	10	5
6	Turnings at the halt	10	5
7	Saluting to the front	10	5
8	Marching and halting in quick time	10	5

Testing of Turnout will be by inspection and question

9	Inspection in jersey of shirt sleeve order, depending on the weather, during which marks will be awarded for general appearance, hair and cleanliness.	30	15
10	Question on care and cleaning of uniform	10	5
Maximum Marks		120	
Pass Qualification 50% of a. 1-4, b. 5-8, c. 9-10			60

TEST - MILITARY KNOWLEDGE

0207. Conduct. The Test will be by asking six questions verbally or written, and maybe either at the same time as the Drill and Turnout Test or separately.

0208. Assessment.

1 - 2	Two questions on founding and aim of the ACF	10	5
3 - 4	Two questions on the detachment	10	5
5 - 6	Two questions on ranks and badges	10	5
Maximum Marks		30	
Pass Qualification 50% of a. 1-2, b. 3-4, c. 5-6			15

SECTION 3

ONE STAR TRAINING SYLLABUS AND TESTS

SUMMARY

0301.

PERIODS	SUBJECT
7	DRILL AND TURNOUT
1	MILITARY KNOWLEDGE
15	SKILLS AT ARMS
10	SHOOTING
9	MAP AND COMPASS
30	FIELD CRAFT
8	FIRST AID
6	EXPEDITION TRAINING
12	PHYSICAL RECREATION
2	CADET AND THE COMMUNITY
100	TOTAL TRAINING PERIODS
25	REVISION

0302. **Period of Training.**

- a. One Star training is intended to cover a period of thirty-nine weeks including necessary practical training out of normal detachment training nights.
- b. A cadet would not normally complete One-Star before the age of 14 years.

1-STAR

DRILL, TURNOUT AND MILITARY KNOWLEDGE

SYLLABUS

0303. **Aim.** To train the recruit:

- a. To wear his uniform and equipment smartly.
- b. To take his place in the squad at foot drill without looking awkward.
- c. To understand the ACF County/Battalion organisation.

0304. Periods	Content	Reference Cadet Training Manual 1990 Edition Vol 1
1	Revise all movements taught at Basic Training	Chap 2 Sect 1 to 7
1	Forming up in three ranks and getting on parade	Chap 2 Sect 8
1	Open and close order	Chap 2 Sect 9
1	Dismissing and falling out	Chap 2 Sect 10
1	Wheeling in quick time	Chap 2 Sect 11
1	About turn in quick time	Chap 2 Sect 13
1	Saluting on the march - Eyes right and left	Chap 2 Sect 15
1	ACF organisation at County level and the cadet's progress	Chap 3 Sects 7 & 8

Notes

1. Further practice in wearing uniform correctly will continue throughout 1-Star Training though no formal periods are allocated.
2. Further practice in care and cleaning of uniform and equipment will take place though no formal periods are allocated.

TEST - DRILL AND TURNOUT

0305. Conduct. The Drill Test is a test of an individual cadet within a squad of not less than nine cadets, which must be drilled by a competent officer or adult instructor in the movements in the Syllabus. The Turnout Assessment should ideally be done at the same time as Drill Test.

0306. Assessment. Assessment will be by watching the cadet in the squad and marking him for knowledge and smartness of each movement as listed.

Movement No	Detail	Maximum Marks	Pass Marks
1	Attention, stand at ease, stand easy	10	5
2	Getting on parade	10	5
3	Open and close order	10	5
4	Turnings at the halt	10	5
5	Marching and halting in quick time	10	5
6	About turn in quick time	10	5
7	Saluting on the march - eyes right and left	10	5
8	Dismissing and falling out	10	5
9	Inspection in jersey or shirt sleeve order depending on the weather, during which marks will be awarded for general appearance, hair and cleanliness	30	15
Maximum Marks		110	
Pass Qualification 50% of each movement			55

Note: The testing of Turnout (Movement 9) will be by inspection and question.

TEST - MILITARY KNOWLEDGE

0307. Conduct. The Test will be by asking four questions verbally or written, and maybe either at the same time as the Drill and Turnout Test or separately.

0308. Assessment.

1 - 2	Two questions on the ACF in the County	10	5
4 - 5	Two questions on the Training Syllabus	10	5
Maximum Marks		20	
Pass Qualification 50% of each questions			10

1-STAR

CADET AND THE COMMUNITY

SYLLABUS

0340. Aim. To introduce cadets to their responsibilities as citizens and to develop in them a constructive attitude to life at home and in the detachment so that they participate fully in the life of the detachment and the community.

0341. Periods	Content	Reference Cadet Training Manual 1990 Edition Vol 1
1	An introductory talk on the value of citizenship, a sense of service to the community and an outline of the Cadet and the Community Syllabus	Chap 10 Sect 1
1	Introductory talk on value of Duke of Edinburgh's Award by the County Duke of Edinburgh's Award officer Each cadet should complete three simple domestic tasks in the detachment while taking part in 1-Star training	

TEST

0342. There is no formal testing in this subject up to and including 2-Star level except where indicated by EDEXCEL/BTEC but a certificate of attendance and compliance with the appropriate portions of the syllabus must be completed and signed by a responsible person who may be either the ACF officer of adult instructor present at the training, or the person for whom the cadet has carried out a community project. A specimen certificate is given at Annex F to Section 1.

SECTION 4

TWO STAR TRAINING SYLLABUS AND TESTS

SUMMARY

0401.

PERIODS	SUBJECT
12	DRILL AND TURNOUT
1	MILITARY KNOWLEDGE
12	SKILLS AT ARMS
12	SHOOTING
15	MAP AND COMPASS
38	FIELD CRAFT
20 (Note 1)	FIRST AID
12	EXPEDITION TRAINING
12	PHYSICAL RECREATION
4	CADET AND THE COMMUNITY
(Note 2)	BAND
138 (Note 1)	TOTAL TRAINING PERIODS
27	REVISION

Notes:

1. If reduced First Aid Course of 12 periods is followed, totals are:
 - 130 - Training Periods
 - 25 - Revision
2. Musicians can qualify at 2-Star level as a stand-alone subject if they pass the appropriate musical tests.

0402. Period of Training.

- a. 2-Star training is intended to cover a period of twelve months including necessary practical training out of normal detachment training nights.
- b. A cadet would not normally complete 2-Star before the age of 15 years.

DRILL, TURNOUT AND MILITARY KNOWLEDGE

SYLLABUS

0403. Aim. To train the recruit:

- a. To achieve a high standard of turnout and bearing.
- b. To master foot drill as a member of a squad.
- c. By teaching him the basic rifle drill movements at the halt.
- d. In the history of the Regiment/Corps to which the cadet is badged.

0404. Periods	Content	Reference Cadet Training Manual 1990 Edition Vol 1
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Foot Drill

2	Practice of drill movements taught at Basic Training and 1-Star level	Chap 2 Sect 1 to 11, 13 and 15
1	Changing step in quick time	Chap 2 Sect 12
1	Marking time in quick time	Chap 2 Sect 16
1	Left and right turns on the march	Chap 2 Sect 14
2	Parading and inspecting a squad - moving off and falling out	Chap 2 Sect 17

Rifle Drill

1	Attention, stand at ease, stand easy. Change arms from the shoulder	Chap 2 Sect 18 Chap 2 Sect 19
1	Slope arms from shoulder. Shoulder arms from slope	Chap 2 Sect 20
1	Ground arms from slope. Slope arms from ground arms	Chap 2 Sect 21
1	Present arms from the slope. Take up arms from present	Chap 2 Sect 22
1	Saluting at the halt (slope position) Saluting on the march (slope position)	Chap 2 Sect 23
1	Familiarisation of the cadet with the history of the Regiment/Corps to which the detachment is badged	Chap 3 Sect 9

Notes

1. On most occasions when training with the Cadet GP Rifle, the sling will be fitted. When moving with the rifle with the sling fitted, it will normally be slung from the right shoulder and cadets will pay compliments by giving eyes right or left, as appropriate.
2. Turnout will continue to be inspected at all parades though no formal periods of training are allotted.
3. Short Regimental/Corps histories to be provided under County agreements.

TEST - DRILL AND TURNOUT**0405. Conduct.**

a. The drill test at 2-Star level is a test of an individual within a squad of not less than nine cadets which must be drilled by a competent officer or adult instructor in the drill movements in the Basic Training, 1-Star and 2-Star Syllabi. Trained senior cadets may be used to make up the squad if necessary.

b. The testing of Turnout should be held at the same time as the Drill Test.

0406. Assessment. Assessment will be by watching the cadet in the squad and marking him for confidence, precision and smartness of each movement as follows:

Movement No	Detail	Maximum Marks	Pass Marks
Foot Drill			
1	Attention, stand at ease, stand easy	20	10
2	Turnings at the halt	10	5
3	Turnings on the march	10	5
4	Saluting on the march - Eyes right and left	10	5
Rifle Drill			
5	Attention stand at ease, stand easy	10	5
6	Slope arms from the shoulder - Shoulder arms from the slope	10	5
7	Ground arms from the slope - Take up arms from the ground	10	5
8	Present arms from the slope - Slope arms from the present	10	5
9	Saluting at the halt	10	5
10	Saluting on the march	10	5
Turnout			
11	Testing will be by means of an inspection in jersey or shirt sleeve order (depending on the weather)	20	10
Maximum Marks		120	
Pass Qualification			60
50% of each movement			

2-STAR

TEST - MILITARY KNOWLEDGE

0407. Conduct. The Military Knowledge Test may be held separately or at the same time as the Drill and Turnout Test.

0408. Assessment. Questions will be set as follows:

Question No	Detail	Maximum Marks	Pass Marks
1	The name of the Regiment or Corps and its badge to which the detachment is affiliated	10	5
2	Traditional customs and dress	10	5
3	Famous battles of the Regiment/Corps	10	5
	Maximum Marks	30	
	Pass Qualification 50% of each questions		15

2-STAR

CADET AND THE COMMUNITY

SYLLABUS

0443. Aim. To introduce the cadets to their responsibilities as citizens and to develop in them a constructive attitude to life at home and in the detachment so that they participate fully in the life of the detachment and the community.

0444. Periods	Content	Reference Cadet Training Manual 1990 Edition Vol 1
2	Visit and receive a talk from a member of one of the Statutory Services in the local area - Police, Fire, Ambulance or Coast Guard.	Chap 10 Sect 4
1	Prepare a street plan and mark the location of all the services in the area.	Chap 10 Sect 5
1	Talk on the value of Duke of Edinburgh's Award by County Representative	
	Assist with at least two functions in the local area as a member of a group during the period of 2-Star training	Chap 10 Sect 6

TEST

0445. Conduct. There is no formal testing in this subject up to and including 2 Star level except where indicated by EDEXCEL/BTEC but a certificate of attendance and compliance with the appropriate portions of the syllabus must be completed and signed by a responsible person who may be either the ACF officer of adult instructor present at the training, or the person for whom the cadet has carried out a community project. A specimen certificate is given at Annex F to Section 1.

ACF BANDS

TEST CONDITIONS

0446. Test conditions for musical, drill and turnout are to be laid down and performed to the satisfaction of the Cadet Commandant (ACF) advised by the drum-major and as the requirements of Regimental duties dictate.

CORPS OF DRUMS (LESS PIPE BANDS)

0447. Side Drum

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
1.	Indicate, name and state the functions of all component parts of the side drums and maintain his own drum	Correctly Critical Objective	Chap 6 Sect 31 and 33
2.	Adopt and perfect drum technique and Service exercises for the drum	Accurately to specified tempo	Chap 11 Sect 43 and 44
3.	Follow the leading drummers beating two part retreat march and beat a slow and a quick march in step (marching)		
4.	Carry out basic drill for side drummers both playing and non playing	Correctly	Chap 4 Sect 23 and as Regimental Custom dictates
5.	Identify and act upon words of command and signals given with the staff for Corps or Drums drill	Correctly	Chap 4 Sect 20-22

0448. Bugle

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
1.	Demonstrate proper understanding of the general instructions buglers		Trumpet and Bugle Calls of the Army (Code 14163) Part 4 Sect 1
2.	Indicate, name and state the function of all component parts of the bugle and maintain his own	Correctly	The Drummers Handbook (Code 713333) Chap 9 Sect 40-41 para 0914-0917

2-STAR

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
3.	Adopt and perfect bugle technique, play the scale and exercises for the bugle correctly	Critical Objective	Trumpet and Bugle Calls for the Army
4.	Sound the following call correctly ROUSE and LAST POST	Correctly	Trumpet and Bugle Calls for the Army
5.	Carry out Basic Drill for buglers both playing and non playing	Correctly	Chap 4 Sect 23-26 as appropriate and as regimental custom dictates
6.	Identify and act upon words of command and signals given with the staff for Corps of Drums drill		Chap 4 Sect 20-22

0449. Flute

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
1.	Indicate, name and state the functions of all component parts of the flute	Correctly	Chap 8 Sect 38
2.	Adopt and perfect flute techniques and basic exercises and play 3 simple scales	Accurately to the given key (not to fast) Critical Objective	
3.	Play both at the halt and on the march, 2 simple slow and 4 simple quick marches from under the Corps repertoire (under the direction of an NCO).	a. Drills and Dress correct b. Music to the standard prescribed by the unit instructor Static and on the march with NCO guidance	
4.	Carry out Basic Drill for flute players both playing and non playing	Correctly	Chap 4 Sect 24
5.	Identify and act upon words of command and signals given with the staff for Corps or Drums (incl the parade cane)	Correctly	Chap 4 Sect 20-22

0450. Presentation

1.	Clean, assemble, wear and care for full dress uniforms	Correctly	In accordance with Regimental Custom
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CORPS OF DRUMS (PIPE BANDS)**0451. Piper Practical Skills**

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
1.	How to handle and take care of the practice chanter, including how to clean and dry it and how to put on hemp correctly	To be examined by a knowledgeable piper	To the satisfaction of the Examiner
2.	On the practice chanter Gracenotes G D E and low G Doubling etc. Throw on D Doubling, High G Half Doubling F		
3.	On the practice chanter play the Regimental Quick March of his own unit plus one two parted March, Strathspeys and Reel and a slow March of his own choice		

0452. Drummer Practical Skills

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
1.	Maintain and tension drum	To be examined by a knowledgeable drummer	To the satisfaction of the Examiner
2.	Play all elementary rudiments in RSPBA Tutor and Text Book Vol 1 pages 34-46	Marching in time and in step	
3.	Follow the leading the drummer beating and a two part slow march and a four part quick march		

0453. Musical Theory. Demonstrate knowledge of the rudiments of music by stating the theory of how musical sounds are produced in the drum and the bagpipe.

2-STAR

FULL MILITARY BAND

0454. Pass Grade 3 in the 'Associated Board' or 'Trinity College' practical examination as laid down in the respective syllabus. This is a basic level that should be easily attained by those receiving proper tuition.

Notes:

1. The Syllabi referred to above are those of either the Associated Board of the Royal Schools of Music or the Grade Examinations for Trinity College of Music London.
2. The recognised instrumentation of the Military Band is as follows:

WOODWIND		BRASS		PERCUSSION
Flute & Piccolo	(1)	French Horn X	(2)	(minimum)
Oboe*	(1)	Bb Cornets	(4)	Snare Drum (1)
Eb Clarinet (opt)	(1)	Trombones	(3)	Bass Drum (1)
Eb Alto Saxophone	(1)	Euphoniums +	(1)	Cymbals (1)
Bb Tenor Saxophone	(1)	Eb Tuba	(1)	
Eb Baritone				
Saxophone	(1)	BBb Tuba	(1)	(Optional)
Bassoon *	(1)			Glockenspiel
				Xylophone
				Tambourine
				Timpani

* Not normally used on parade, but very important for concerts etc. (Bassoon and Oboe) players can be utilised as percussion players, eg cymbals on parade.

+ Eb Baritone may be used if Euphonium not available.

X Eb Tenor Horns are not normally acceptable - these are Brass Band instruments - since using these instruments would entail rescoring and rewriting standard repertoire. However, it is possible to utilise Eb Alto saxophone parts in an emergency.

(1) The numbers in brackets indicate the minimum requirement for a successfully balanced ensemble. The numbers may be exceeded and, in the case of woodwind, this is preferable.

SECTION 5

THREE STAR TRAINING SYLLABUS AND TESTS

SUMMARY

0501.

PERIODS	SUBJECT
12	DRILL
10	SKILLS AT ARMS
10	SHOOTING
12	MAP AND COMPASS
36	FIELD CRAFT
16 (Note 1)	FIRST AID
12	EXPEDITION TRAINING
12	PHYSICAL RECREATION
31	CADET AND THE COMMUNITY
(Note 2)	BAND
25	JUNIOR CADET INSTRUCTORS CADRE
176 (Note 1)	TOTAL TRAINING PERIODS
35	REVISION

Notes:

1. If reduced First Aid course completed at 2-Star level, then alternative route followed at 3-Star, which reduces the number of First Aid periods to 12. Total periods reduce to

172 - Training Periods

34 - Revision

2. Musicians can qualify at 3-Star level if they pass the appropriate musical tests.

0502. Period of Training.

- a. Allowing for the fact that a high proportion of 3-Star training must be carried out over weekends, completion of 3-Star should be completed within 12 months.
- b. A cadet would not normally complete 3-Star before the age of 16 years.

3-STAR

DRILL

SYLLABUS

0503. Aim. To train the cadet to be a competent commander of a squad and to introduce the senior cadet to ceremonial drill.

0504.	Periods	Content	Reference Cadet Training Manual 1990 Edition Vol 1
	2	Revise drill movements up to 2-Star	Chap 1 Sect 1 to 23
	2	Words of command and directing files	Chap 1 Sect 24
	3	Cane drill	Chap 1 Sect 25-29
	1	Ceremonial drill - Banner Guard	Chap 1 Sect 30
	4	Drilling a squad - Practice	

Note: The turnout of cadets will be checked on all parades and a high turnout of the senior cadet must be maintained at all times.

TEST

0505. Conduct.

- a. The drill test at 3-Star level is a test of an individual to command a squad of not less than nine cadets and give correct orders for drill movements in the Basic Training, 1-Star and 2-Star Syllabi. Trained cadets will be used to make up the squad if necessary. The testing of Turnout should be held at the same time as the Drill Test.
- b. The drill test at 3-Star should ideally be taken by the County RSMI or his appointee.

0506. Assessment.

- a. The squad will be formed up in three ranks in close order. Dress should be barrack dress. Each cadet will be called out in turn.
- b. He will be inspected and then advised of the drill movements that are to be carried out. Marks will be awarded for correct orders of command and control of the squad.
- c. The cadet will not be expected to instruct the squad in any movement but will be expected to correct mistakes made.

Test No	Detail	Maximum Marks	Pass Marks
1	Turnout - the cadet will be awarded marks for general appearance including uniform, boots, hair and cleanliness	20	10
The cadet will be instructed to command the squad giving orders as follows:			
2	Attention, stand at ease, stand easy	10	5
3	Turnings at the halt	10	5
4	Marching and halting in quick time	10	5
5	Left and right turns on the march	10	5
6	About turn in quick time	10	5
7	Saluting on the march - Eyes right and left	10	5
8	Changing step in quick time	10	5
9	Marking time in quick time	10	5
10	Open and close order	10	5
	Maximum Marks	100	
	Pass Qualification 50% of each movement		50

CADET AND THE COMMUNITY

SYLLABUS

0539. Aim. To maintain the standard reached and to encourage the cadet to take part in a community activity either as an individual or as a member of a group.

0540 .	Periods	Content	Reference
			Cadet Training Manual 1990 Edition Vol 1
	4 plus own time	Cadets taking BTEC Award only Develop cadets awareness of some of the main issues facing individuals and the Public Services in relation to society. Detailed guidelines will be laid down by EDEXCEL/BTEC	
	Plus	EITHER	
	30	Spend at least 15 hours on community service over a six month period as an individual member. This activity may be carried out in the cadet's own time or as part of detachment activities. An Attendance certificate will be required in respect of all such activities	Chap 10 Sect 7
		OR	
		Successfully take part in a community project organised by the detachment over a period of at least 15 hours during the period of 3-Star training.	

3-STAR

ACF BANDS

TEST CONDITIONS

0541. Test conditions for musical, drill and turnout are to be laid down and performed to the satisfaction of the Cadet Commandant (ACF) advised by the drum-major and as the requirements of Regimental duties dictate.

CORPS OF DRUMS (LESS PIPE BANDS)

0542. Side Drum

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
1.	Achieve the training objectives as laid down for 2-Star	Correctly to the satisfaction of the unit instructor	As indicated
2.	Maintain his own drum	Correctly	The Drummers Handbook (AC 71333) Chap 6 Sect 33
3.	Beat 6 chosen marches in slow and quick time including simple victory beatings	a. Drills and Dress correctly. b. Musical proficiency to the standard prescribed by the unit instructor. c. Drills and Music as a coordinated whole to the satisfaction of the Cadet Commandant (ACF). d. In time and in step. Static and on march, under the direction of an NCO Critical Objective	As detailed by the unit instructor Marches to memory wherever possible.

0543. Bugle

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
1.	Achieve the training objectives as laid down for the bugle at 2-Star	Correctly to the satisfaction of the unit instructor	As indicated
2.	Adopt and perfect bugle techniques and basic exercises on the 5 harmonies	Accurately to the specified tempo (under supervision) Critical Objectives	The Drummers Handbook (AC 71333) Chap 13 Sect 51, Sect 52, para 1321-1336
3.	Sound Regimental and Divisional Calls	Accurately Optional Objective	In accordance with Regimental Custom

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
4.	Sound the following: FALL IN COOKHOUSE SALUTE FOR GUARD LIGHTS OUT	a. Drills and Dress correctly b. Musical Proficiency to the correct standard prescribed by the Unit Bandmaster/Drum Major c. Drills and music as a coordinated whole to the satisfaction of the Cadet Commandant	Trumpet and Bugle Calls for the Army (AC 14163)
5.	If a Bugle Band, play 6 of 12 marches nominated	Accurately to those selected items	In accordance with Regimental Custom

0554. Flute

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
1.	Achieve the training objective as laid down for the flute at 2-Star	Correctly to the satisfaction of the unit instructor	As indicated
2.	Maintain his own flute	Correctly	Chap 8 Sect 38
3.	Adopt and perfect flute techniques and basic exercises for the flute	Accurately to the specified tempo in given keys. Critical Objective Exercises in Sect 48 to be selected by Drum Major in line with training level	Chap 12 Sect 48 para 1201-1216 Sect 47 para 1219-1233 Sect 48 para 1234-1252 Sect 49 para 1253-1254
4.	Play 6 of 12 marches nominated in slow and quick time (under the direction of an NCO)	a. Drills and Dress correct b. Musical proficiency to the correct standard prescribed by the unit instructor c. Drills and Music as a coordinated whole to the satisfaction of the Cadet Commandant	In accordance with Regimental Custom

0545. Presentation

1.	Clean, assemble, wear and care for full dress uniforms	Correctly	In accordance with Regimental Custom
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3-STAR

0546. Musical Theory

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
1.	Demonstrate knowledge of the rudiments of music by: a. Stating the theory of how musical sounds are produced and in particular how they are produced in flutes and drums b. Explaining notes, dotted notes rests, dotted rests and staff notation	Correctly	Chap 10 Sect 42
2.	Identify and state the functions of selected musical terms - in particular those concerning dynamics	Accurately - selection of the more common terms to be made from Sect 59 by the instructor	Chap 15 Sect 59

CORPS OF DRUMS (PIPE BANDS)

0547. Piper Practical Skills

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
1.	Read at sight and play on the practice chanter a two part march including all embellishments	To the satisfaction of the Examiner	
2.	Maintain his bagpipes		
3.	Tune and balance his bagpipe	To satisfactory standard	
4.	Play on the bagpipe the Regimental Slow and Quick Marches relating to his own Regiment		
5.	Play on the bagpipe the following routine calls of this unit: Lights Out Meal Pipes Retreat		
6.	Submit the following to the Examiner and be prepared to play one of each: a. Two, two part Marches b. Two, two part Strathspeys c. Two, two part Reels		

0548. Musical Theory

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
1.	The Theory of Pitch and Duration		
2.	The Theory of prolonging musical sounds without altering the shape of the note character		

0549. Drummer Practical Skills

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
1.	Pass re-assessment on skills as for 2-Star	To the satisfaction of the Unit Board	
2.	At sight, beat a two part march beating including all the rudiments	Music, Drill and Turnout as a whole to the satisfaction of the Cadet Commandant	
3.	Maintain his Drum	To a satisfactory standard	
4.	Tune and Tone his Drum	To a satisfactory standard	
5.	Play on the Drum a two part slow march and march		

0550. Musical Theory.

Serial	Performance	Test Standard	Reference: Drummers Handbook (AC 71333)
6.	Explaining staff notation lengthening notes rests, accidentals, tones and semi-tones, accents, rhythm, bar and barlines		RSPBA Work Book Tutor and Test Vol 1

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FULL MILITARY BAND

0551. Pass Grade 4 in the 'Associated Board' or 'Trinity College' practical examination as laid down in the respective syllabus.

Notes:

1. The Syllabi referred to above are those of either the Associated Board of the Royal Schools of Music or the Grade Examinations for Trinity College of Music London.
2. The recognised instrumentation of the Military Band is as follows:

WOODWIND

Flute & Piccolo	(1)
Oboe*	(1)
Eb Clarinet (opt)	(1)
Eb Alto Saxophone	(1)
Bb Tenor Saxophone	(1)
Eb Baritone	
Saxophone	(1)
Bassoon *	(1)

BRASS

French Horn X	(2)
Bb Cornets	(4)
Trombones	(3)
Euphoniums +	(1)
Eb Tuba	(1)
BBb Tuba	(1)

PERCUSSION

(minimum)	
Snare Drum	(1)
Bass Drum	(1)
Cymbals	(1)
(Optional)	
Glockenspiel	
Xylophone	
Tambourine	
Timpani	

* Not normally used on parade, but very important for concerts etc. (Bassoon and Oboe) players can be utilised as percussion players, eg cymbals on parade.

+ Eb Baritone may be used if Euphonium not available.

X Eb Tenor Horns are not normally acceptable - these are Brass Band instruments - since using these instruments would entail rescoring and rewriting standard repertoire. However, it is possible to utilise Eb Alto saxophone parts in an emergency.

(1) The numbers in brackets indicate the minimum requirement for a successfully balanced ensemble. The numbers may be exceeded and, in the case of woodwind, this is preferable.

JUNIOR CADET INSTRUCTOR'S CADRE (JCIC)

General

0552. **Aim.** To teach the cadet how to instruct up to and including 1-Star level in the following subjects:

- a. Drill, Turnout and Military Knowledge.
- b. Navigation.
- c. Fieldcraft.
- d. Skill at Arms Theory Lessons without weapons¹.
- e. Expedition Training.

Syllabus

Periods	Contents	Reference (in addition to CFIT Handbook)	Remarks
1	CFIT 1 - Introduction to Cadet Forces Instructional Techniques	ISpec Presentation	
1	CFIT 2 - Introduction to Planning and Preparing Training	ISpec Presentation Lesson plan handout	
1	CFIT 3 - Introduction to Delivering, Training and Assessing Cadets' Performance	ISpec Presentation	
1	CFIT 4 - Introduction to Evaluating Training and Identifying Improvements	ISpec Presentation	
1	CFIT 5 - Introduction to and Planning & Preparing a Skills lesson	ISpec Presentation Worksheet	
1	CFIT 6 - Delivery, Assessment and Evaluation of Skills Lessons	ISpec Presentation Lesson Evaluation Form	
1	CFIT Assessment - Simple Theory Lesson	ASpec Lesson Evaluation Form	Can be taken any time after CFIT 4
1	CFIT Assessment - Simple Skills Lesson	ASpec Lesson Evaluation Form	Can be taken any time after CFIT 6

0553. Notes:

- a. No cadet should instruct other cadets without first having been taught how to instruct.
- b. Cadets may be considered as suitable candidates for a JCIC whilst in training for 3-Star and must hold full 2-Star.
- c. A cadet should be able to prepare a lesson plan and take a lesson in Drill, Turnout, Military Knowledge, Navigation, Fieldcraft, Marksmanship Principles and Expedition at Basic

¹ The rules for cadets conducting SAA training with weapons are contained in [Cadet Training - Ranges](#)

or 1-Star levels. The course should allow for assessment of the cadet's ability to instruct. The Cadet should be graded accordingly to indicate the cadet's ability to instruct in each subject.

Assessment

0554. **Conduct.** Cadets will be continuously assessed and an assessment report should be given on completion of the cadre. Cadets are to be graded as HC (Highly Competent), C (Competent), NC (Not Competent).

0555. **Assessment.** Assessment of cadets should follow the assessment criteria laid down in the [CFIT Handbook](#), in particular Annex D to the CFIT handbook and the appropriate ASpec. Lessons should be evaluated using [Lesson Evaluation Form](#).

Cadet Progression

0556. A Cadet who shows little or no aptitude or understanding (receives a Not Competent report) as a potential instructor will not be debarred from achieving 3-Star level. However, the assessment report/Lesson Evaluation on the cadet will influence the choice of options at 4-Star level and in particular their suitability for selection to attend the Senior Cadet Instructors Cadre (SCIC). Any Cadet who receives a grading of Not Competent will not be able to undertake the SCIC at 4-Star.

SECTION 6

FOUR STAR TRAINING SYLLABUS AND TESTS

SUMMARY

- 0601.** To attain 4-Star status senior cadets must complete either:
- a. The Duke of Edinburgh's Silver Award in which case he must have completed 3-Star before starting the Silver Award.
 - b. One of a number of training options in different combinations detailed below.
- 0602.** The available options are:
- a. Senior Cadet Instructor Cadre (SCIC).
 - b. Leadership and other MOD sponsored courses.
 - c. Progressive 4-Star and unique 4-Star subjects.
- 0603.** The sponsored courses are:
- a. The LAND Command annual Cadet Leadership course.
 - b. The CTC Annual Cadet Leadership Courses.
 - c. The Canadian Cadet Leadership and Challenge Course (Banff).
 - d. MOD cadet courses published annually by HQ LAND.
- 0604.** The progressive subjects available at 4-Star are:
- a. Drill
 - b. Competition Shooting
 - c. Use of Map and Compass
 - d. Fieldcraft
 - e. Expedition Training
 - f. Physical Recreation
 - g. First Aid
 - h. Cadet in the Community
 - i. Band

4-STAR

0605. The unique 4-Star subject is Signals.

0606. The authorised combinations are:

- a. SCIC plus a sponsored course or one progressive or unique 4-Star subject.
- b. Two sponsored courses.
- c. Two progressive or unique 4-Star subjects.
- d. One course plus one subject.

0607. Reserved.

DRILL

SYLLABUS

0608. Aim. To train the cadet to be a confident instructor of formal drill teaching practices.

0609. Periods	Content	Reference Cadet Training Manual 1990 Edition Vol 1
5	Revise drill movements up and including 3-Star	Chap 2 All Sections
12	Formal drill terminology and demonstrations of how to teach formal drill teaching practices	
1	Qualities of a good instructor	
12	Formal drill teaching practice	Practice

Notes: The turnout of cadets will be checked on all parades and a high turnout of the senior cadet must be maintained at all times.

TEST

0610. Conduct.

a. The Drill Test at 4-Star level is a test of an individual to command and teach formal drill movements in the Basic Training, 1-and 2-Star Syllabi. Trained cadets will be used to make up the squad for instruction.

b. Each Cadet will prepare two 15 min drill teaching practices, one will be foot drill in quick time and one will be rifle drill. The County RSMT or their appointee is to select the two teaching practices from those listed below, sufficient time should be allowed for cadets to prepare their drill teaching practices.

0611. Assessment.

a. The list of Teaching practices is as follows:

Foot Drill Quick Time

Turnings to the flank in quick time
About turn in quick time
Saluting to the FLANKS in quick time

Rifle Drill

Slope arms from the shoulder
Shoulder arms from the slope
Present Arms from the slope

b. Cadets should be marked on the formation in the squad, terminology, personal drill ie demonstrations. Cadets should have at least fifteen minutes preparation time prior to teaching their nominated drill teaching practice.

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Test	Detail	Maximum Marks	Pass Marks
1	Turnout and squad formation - Cadets will be marked on the correct formation for their teaching practice and their personal turnout	30	15
2	Terminology - Correct or appropriate terminology for lesson	30	15
3	Demonstrating - Cadets will be marked for correct drill demonstrations and positioning in relation to the squad	40	20
	Maximum Marks	100	
	Pass Qualification 50% for each phase of the test		

PHYSICAL RECREATION

SYLLABUS

0627. Aim. To encourage physical activities in the Army Cadet Force by including in the syllabus a wide range of challenging pursuits and sports from which each individual can choose one or more to participate in during the training from 1- to 4- Star.

0628. Periods	Content	Reference
12-18	Choose an activity from the list in the handbook and participate in it for a minimum period, attempting to gain standards where appropriate OR	DofE Handbook
16 hours	Gain the CCPR Community Sports Leaders Award (CSLA)	See para 0631 below

TEST

0629. Conduct

- a. One participation point is awarded for each ½ hours training period, up to a maximum of 2 points per week. For those activities with standards at least 12 points must be gained from participation, the remaining points may be gained from achieving a standard, in accordance with the list. If the cadet attempts, but is unable to achieve the required number of points from the standard, additional participation may be undertaken to make up the difference.
- b. For activities which are for participation only, all points must be gained from participation.
- c. Activities must be undertaken under the conditions required by the National Governing Body of the activity chosen and all current safety rules must be observed.
- d. To qualify in team games, the cadet must play in a recognised team playing in a league, or play in a number of representative games during the period of training. Training sessions and selection games will count towards the points required.

0630. Assessment. The number of points required for a cadet to pass in this subject are as follows:

Participation: At least 12 x ½ hours training periods	12 points
Achievement of standards (Max 24)	6 points
Maximum Marks	36
Pass Qualification	36

Note: It is probable that additional participation will be required at this level in order to reach the required number of points.

CPR COMMUNITY SPORTS LEADERS AWARD SCHEME

0631. Introduction

- a. The Central Council of Physical Recreation, which is the National Association of governing bodies of sport and recreation, launched this exciting scheme in 1982 and since then there has been over 800 accredited courses, producing some 6,000 sports leaders.
- b. The Award is non-professional and is intended for voluntary helpers of sports clubs and youth groups for example. It is designed to develop the qualities of leadership, responsibility and self-confidence. There are no pre-entry qualifications required for the first Award.
- c. The Scheme is promoted in association with the Sports Council and other national organisations including the Youth and Community and Leisure Services.

0632. The Community Sports Leaders Award (CSLA)

- a. The CCPR, which has been promoted in many parts of the country, is a structured training scheme, supported by the governing bodies of sport who form an integral part of the Award. The Award is a basic general course and will be a required pre-entry qualification for the Higher and Expedition Awards. Although the CCPR CSLA is not a required entry for governing body of sport Award Courses, it will be of help to those candidates wishing to qualify for these specialist coaching Awards.
- b. Successful students are already joining youth clubs and local sports clubs, providing voluntary assistance to qualified coaches and trainers and are thereby increasing their knowledge and expertise.
- c. Essentially a voluntary scheme with no direct job opportunities, sports leaders have been able to find employment in some sports centres and many others have been encouraged to take other sports coaching and proficiency awards, thus equipping them for service within the sport and leisure industry.
- d. The CCPR CSLA is recognised for the Duke of Edinburgh's Award (Service Section - Silver level).
- e. The following is a synopsis of the CCPR CSLA Course whose seven units excluding the assessment and ten hours of voluntary service, may be covered over a total of sixteen hours.

0633. Synopsis of Course

- a. Unit 1
Organisational Method
Whilst it is envisaged that some sports leaders will have specific groups, there can be no doubt that all leaders face the common problem of dealing with quite large groups.
- b. Unit 2
Fitness for Sport
This Unit provides an awareness and a clearer understanding of the general principles of fitness training on which Sports Leaders may plan their activities to improve their own personal performance of others.

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- c. Unit 3
Organisation of Leagues
and Competitions
Sports Leaders would be expected to know how they can organise leagues, ladders, knock-out competitions. Consideration should also be given to the problems associated with classifying people for competitions.
- d. Unit 4
Improvisation, Minor
Games. Potted Sports
and Skills Courses
Leaders may have limited facilities and equipment but, given flexibility and adaptability, can still organise a meaningful session that can be enjoyed by the group.
- e. Unit 5
Games and Activities
Experience
This Unit provides practical opportunities for participation in activities, which by their very nature, lend themselves to both illustrating leadership skills and demonstrating how a low skill, fun based approach to activities is most likely to lead to a continued participation and greater enjoyment.
- f. Unit 6
Emergency Aid Procedure
This Unit must be taught by the holder of a Voluntary Aid Society First Aid Trainer's Qualification.
- g. Unit 7
Know your Friends
All Community Sports Leaders need to be aware of the environment in which they will be working. Information should be provided to Course Members on the National, Regional and local agencies involved with sport and recreation in our society.

0634. Assessment

Ten Hours Approved and
Logged Voluntary Service

The assessment is based upon course progress with verbal/practical (not written) observations. To gain the Community Sports Leaders Award certificate, participants must complete ten hours of voluntary work experience in a Sports/Youth club under the supervision of a qualified tutor.

Note: For further information and details about the CCPR Award, contact

The Organising Secretary
CCPR Community Sports Leaders Award
Francis House
Francis Street
LONDON SW1P 1DE

Tel: 0181 828 3163

CADET AND THE COMMUNITY

0635. Aim. To train the senior cadet to play his part as a leader in a community project.

0636. Periods	Content	Reference Cadet Training Manual 1990 Edition Vol 1
30 hours (60 x 1/2 hour)	<p>Either</p> <p>To assist in the planning, organisation, and leading of a community project, approved by the Cadet Commandant (ACF) for 3-Star cadets. Involvement in the project must run over at least a three month period.</p> <p>OR</p> <p>Over a six month period, make a study of the social welfare needs in the local community and provide at least thirty hours service spread over a period of three months on the decided project.</p> <p>On completion of the project, he must give a lecture to the rest of the detachment on study or project selected, based upon a submitted written report.</p>	Chap 8 Sect 8
1 x 1/2 hour	<p>A talk on further involvement in the Duke of Edinburgh's Award by a County Representative</p> <p>PLUS for cadets taking the BTEC Award only - Develop Cadets' Awareness of some of the main issues facing individuals and the Public Services in relationship to Society. Detailed guidelines will be laid down by EDEXCEL/BTEC.</p>	

ACF BANDS

0637. Test conditions for musical, drill and turnout are to be laid down and performed to the satisfaction of the Cadet Commandant (ACF) advised by the drum-major and as the requirements of Regimental duties dictate.

CORPS OF DRUMS (less PIPE BANDS)**0638. Side Drum**

Serial	Performance	Test Conditions	Test Standards	Reference Drummers Handbook AC 71333	Notes
(a)	(b)	(c)	(d)	(e)	(f)
1	Achieve the training objectives as laid down for the side drum at 3-Star		Correctly	As indicated	To the satisfaction of the instructor
2	Explain the principles of the production of sound and their relationship to the side drum (includes Bass drum)	As regimental duties require using relevant drills and wearing the appropriate order or dress	a. Drills and dress correct. b. Musical proficiency to the standard prescribed by the instructor. c. Drills and music as a coordinated whole to the satisfaction of the Cadet Commandant (ACF)	Chap 5 Sect 27 Chap 6 Sect 32	
3	Play any march from the corps repertoire as dictated (slow or quick) including Victory beatings as appropriate		Without music both static and on the march		As dictated by instructor. Critical objective
4	Act as leading side drummer		Musical proficiency to the satisfaction of instructor		This to include the demonstrated ability to instruct other side drummers in the correct beating of parts and instruction in duty parade side drummer

0639. Bugle

(a)	(b)	(c)	(d)	(e)	(f)
1	Achieve the training objectives as laid down for the bugle at 3 Star		Correctly	As indicated	To the satisfaction of the instructor
2	Explain the principles of the production of sound and their relationship to the bugler			Chap 5 Sect 27-29	
3	Adopt and perfect basic exercises for bugle		Accurately to specified tempo	Chap 13 Sect 52	In entirety. Critical objective.

Serial	Performance	Test Conditions	Test Standards	Reference Drummers Handbook AC 71333	Notes
(a)	(b)	(c)	(d)	(e)	(f)
4	(If a bugle band) Sound any march as dictated by the instructor from the Corps repertoire		a. Drills and dress correct. b. Musical proficiency to the standard prescribed by the instructor. c. Drills and music as a coordinated whole to the satisfaction of the Cadet Commandant (ACF)		This to include any bugle marches as appropriate to a level consistent with 4-Star
5	Act as first or solo bugle		Musical proficiency to the satisfaction of instructor		This to include the demonstrated ability to instruct other buglers in correct soundings of calls/marches and instruction in duty piquet drummer routine

0640. Flute

(a)	(b)	(c)	(d)	(e)	(f)
1	Achieve the training objectives as laid down for the Flute players at 3 Star	As regimental duties require, using relevant drills and wearing the appropriate order of dress	a. Drills and dress correct. b. Musical proficiency to the standard prescribed by the instructor. c. Drills and music as a coordinated whole to the satisfaction of the Cadet Commandant		To the satisfaction of the instructor.
2	Explain the principles of the production of sound and their relationship to the Flute			Chap 5 Sect 27-28	
3	Adopt and perfect the techniques and basic exercises for Flute		Accurately to specified tempo	Chap 13 Sect 46-50	In entirety. Critical objective.
4	Play the full chromatic scale of the instrument	As regimental duties require, using relevant drills and wearing the appropriate order of dress	Ascending and descending as quavers at m m d-90	Chap 12 Para 1233	Critical objective
5	Play any march from the Corps repertoire as dictated (show or quick)	Without music both static and for march	Accurately		As dictated by the instructor. Music may be used if it is the policy to use wrist lyre.
6	Act as first or solo bugle		Musical proficiency to the satisfaction of Bandmaster/Drum Major		This is to include the demonstrated ability to instruct other flute players in the correct playing of parts and instruction in drum and flute duty

4-STAR

0641. Presentation

Serial	Performance	Test Conditions	Test Standards	Reference Drummers Handbook AC 71333	Notes
(a)	(b)	(c)	(d)	(e)	(f)
1	Be able to instruct others in the assembling, wearing and caring for full dress uniform		Correctly		In accordance with regimental custom

0642. Musical Theory

1	Achieve the training objectives as laid down in 3-Star				
2	Be conversant with the theory of music in order to satisfy an examiner		The examination may be either oral or written and set by the instructor in conjunction with the manual sections as annotated.	Chap 11 Sect 55-59 incl	A more extensive knowledge of Sect 59 is required than that at 3-Star

CORPS OF DRUMS (PIPE BAND)

0643. Piper Practical Skills

1	Read at sight and play on the practice charter a four-parted March including all embellishments	Unit Board as laid down by the Cadet Commandant (ACF) advised by the Pipe Major	To the satisfaction of the Board		
2	Maintain his bagpipe to a satisfactory standard				
3	Tune and balance his bagpipe to a satisfactory standard				
4	Play on the bagpipe the Regimental Slow and Quick Marches appertaining to his own Regiment				
5	Play on the bagpipe the following routine calls of his unit: Reveille, Lights Out, Meal Pipes, Retreat				
6	Submit the following to the Board and be prepared to play one of each: 1. Three two parted Marches 2. Three two parted Strathspeys 3. Three two parted Reels				

0644. Musical Theory

Serial	Performance	Test Conditions	Test Standards	Reference Drummers Handbook AC 71333	Notes
(a)	(b)	(c)	(d)	(e)	(f)
1	Demonstrate knowledge of the rudiments of music including: 1. How musical sounds are produced and in particular how they are produced by the bagpipe. 2. The theory of Pitch and Duration. 3. The theory of prolonging musical sounds without altering the shape of the note character.				

0645. Drummer Practical Skills

1	Pass re-assessment in skills as for 3 Star	Unit Board as laid down by the Cadet Commandant (ACF) advised by the Drum Major	(1) Musical proficiency to the satisfaction of the Drum Major (2) Music, drill and turnout as a whole to the satisfaction of the Cadet Commandant (ACF)		
2	Play on the drum a 4 part march, 2 part Strathspey and 2 part reel				

0646. Musical Theory

1	Explain time and time signs, ornaments and embellishments				
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4-STAR

FULL MILITARY BAND

0647. Pass Grade 5 in the 'Associated Board' or 'Trinity College' practical examination as laid down in the respective syllabus.

Notes:

1. The Syllabi referred to above are those of either the Associated Board of the Royal Schools of Music or the Grade Examinations for Trinity College of Music London.
2. The recognised instrumentation of the Military Band is as follows:

WOODWIND

Flute & Piccolo	(1)
Oboe*	(1)
Eb Clarinet (opt)	(1)
Bb Clarinet	(5)
Eb Alto Saxophone	(1)
Bb Tenor Saxophone	(1)
Eb Baritone Saxophone	(1)
Bassoon *	(1)

BRASS

French Horn X	(2)
Bb Cornets	(4)
Trombones	(3)
Euphoniums +	(1)
Eb Tuba	(1)
BBb Tuba	(1)

PERCUSSION

(minimum)	
Snare Drum	(1)
Bass Drum	(1)
Cymbals	(1)
(Optional)	
Glockenspiel	
Xylophone	
Tambourine	
Timpani	

* Not normally used on parade, but very important for concerts etc. (Bassoon and Oboe) players can be utilised as percussion players, eg cymbals on parade.

0648-0650 Reserved

SENIOR CADET INSTRUCTORS CADRE

SYLLABUS

0651. Aim. To initiate the senior cadet into the art of leadership and to train him how to instruct up to and including 2-Star level in the following subjects:

DRILL, TURNOUT AND MILITARY KNOWLEDGE
SKILL AT ARMS
MAPWORK
FIELDCRAFT

0652.	Periods	Contents	Reference
			Cadet Training Manual 1990 Edition Vol 1
	12	Methods of Instruction	Chap 1 Sect 1-9
	12	Drill Turnout and Military Knowledge	
	12	Skill at Arms	
	12	Map and Compass	
	12	Fieldcraft	
	2	Leadership, Cadet Management and duties of a Senior Cadet NCO	
	8	A 24 hours exercise in the course of which the Senior Cadet will:	
		a. Have the opportunity to show his organising ability during preparation for the exercise beforehand.	
		b. Have the opportunity to show his ability to command.	
		c. Have an understanding of the Order Process.	
	10	Administration, Revision and Testing	
	<u>80</u>		

Notes:

1. Ideally the cadre should take place during annual camp. However it is considered that it could be organised over three fairly concentrated weekends or during a school half-term break.
2. The 8 periods allotted to the 24 hour exercise are for preparation, and clearing up afterwards.
3. During the cadre cadets can be examined by the Cadet Training Team (CTT) staff to qualify for the Business and Technology Education Council (BTEC) First Certificate in Public Services Award provided they are registered applicants.

4-STAR

TEST

0653. Conduct. The test is designed to determine whether the senior cadet has leadership qualities and is capable of becoming an instructor, and will be in the form of continuous assessment throughout the course.

0654. Assessment. Will be based on:

- a. Knowledge of subjects.
- b. Ability to instruct.
- c. Ability to lead.

0655. Pass Qualification. An average or above average report.

Note: A below average or failure report will result in failure to qualify for 4-Star level, but the cadet may subsequently undertake other subject(s) to quality (see paragraph 13b page 7).