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The Sunday Times

January 07, 2007

## Revealed: how Scientologists infiltrated Britain's schools

**Insight: Drugs charity is front for 'dangerous' organisation**

Devotees of the Church of Scientology have gained access to thousands of British children through a charity that visits schools to lecture on the dangers of drugs. A Sunday Times investigation has found that Marlborough College is one of more than 500 schools across Britain where the charity has taught.

Critics of the charity, Narconon, say it is a front to promote the teaching of Scientology — the controversial "religion" founded by L. Ron Hubbard, the science fiction writer.

Schools contacted last week said they knew nothing about the charity's links with Scientology. There is no apparent reference to the church in its drugs education literature.

Narconon's UK website states that its work is based on Hubbard's "drug rehabilitation technology" and displays his photograph; but it refers to him as an author rather than the founder of Scientology.

Narconon promotes a number of unorthodox theories and treatments — based on Hubbard's work — which experts say are not backed by scientific evidence. In California, where Narconon has its international headquarters, the state department of education has advised schools against using the charity.

The UK prisons ombudsman has warned governors to ban it from jails because of its Scientology association. Narconon's international website claims: "The ministry of health in England (sic) has also directly funded Narconon residential rehabilitation." But the Department of Health denies any knowledge of this.

Last week, during a conversation with an undercover reporter, the charity named eight of the schools it has visited. They included Coombe Girls, a state school in New Malden, Surrey, Golden Hillock, a secondary school in Birmingham, the Arts Educational London Schools (AELS), a private school in Chiswick, west London, and Ricards Lodge, a high school in Wimbledon, southwest London.

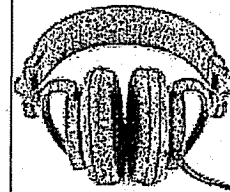
A number of the schools, including Marlborough, refused to comment on their use of the charity. Those that did said they were unaware of its Scientology background.

Parents, a senior MP and a mainstream drug advisory group expressed concern that it was being allowed to teach children.

John Gummer, the former cabinet minister, said: "Scientology is a dangerous organisation. It doesn't stand up intellectually and scientifically. It is rather bad science fiction. If Scientologists have

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been getting into schools under the guise of a drug charity it is very worrying. Schools must know exactly who they are letting in and should not have anything to do with Scientologists."

An undercover reporter approached Narconon last week posing as a businessman interested in hiring the charity to work in a number of schools. Lucy Skirrow, the Narconon director dealing with schools, is a Scientologist from west London. She named Marlborough College — the Wiltshire school whose former pupils include Kate Middleton, Prince William's girlfriend — as a reference to endorse Narconon's work.

Skirrow said: "We lectured to about 56,000 students and teachers last year and we did 38,000 the year before . . . It has an effect . . . Kids say their viewpoints actually do change." She went on to claim: "A lot of behaviour in kids is because they are not getting the right nutrition, then they might end up taking drugs. Then, of course, drugs destroy vitamins in the body and it becomes a worse thing."

Her description of the charity's philosophy appears in more detail on the Narconon website. Here it claims that drugs stay in a user's fatty tissue for years but can be flushed away using a regime of vitamins and saunas. This is derived from the works of Hubbard and is hotly disputed by mainstream drug therapists and scientists.

Perhaps these unorthodox views — and Hubbard's name on the website and in Narconon's annual report — should have rung alarm bells with teachers at Marlborough and the other schools that pay the charity £140 a session to lecture their pupils. But it was not until this weekend — when contacted by The Sunday Times — that the schools appear to have become aware of how controversial Narconon is.

The charity, based in St Leonards, East Sussex, claims to be an independent organisation. But Professor Stephen Kent, a Canadian academic who is an authority on Scientology, said: "The connection between Narconon and Scientology is solid. Of course, Scientology tries to get non-Scientologists involved in the programme, but the engine behind the programme is Scientology."

THE disclosures come as the Church of Scientology is engaged in a push to win new disciples and gain acceptance in British society.

Its critics claim it is a cult that uses hard-sell and mind control to separate devotees from their money and, in more serious cases, from their families. Scientologists reject this and claim to have a good record in resolving family conflicts.

Andreas Heldal-Lund, who has researched Scientology and runs Operation Clambake, a website critical of the organisation, said: "Most people might see them as a bit of a joke because of their beliefs and teachings. But they are in fact the most controversial and dangerous cult in the western world today, and pose a real threat to free speech."

✓ In Britain, Narconon has a number of Scientologists among its trustees and leading members. They include Michael "Woody" Woodmansey, a former drummer for David Bowie.

Two years ago a panel of drug-abuse experts, including four doctors, were asked to examine Narconon's work in schools by the state of California's department of education. One of the panel, Steve Heilig, a director at the San Francisco Medical Society, said last week: "When we reviewed Narconon we all felt it did not reflect scientific knowledge or good educational approaches to this issue. There were a lot of problems with the science of it — there were claims made in

there that drugs remain in your body forever unless you use these very specific techniques such as niacin and saunas.

"That's where you start to get the red flags raised about this link to Scientology because those are the theories that come out of some of the writings of L Ron Hubbard, who was a science fiction writer."

The British government expressed concern about Narconon as long as eight years ago. A 1998 memo from the Home Office's drug strategy unit warned that the charity had its "roots in the Church of Scientology and (is) not in the mainstream of drug rehabilitation".

Tower Hamlets council in east London advises its schools against using Narconon. DrugScope, one of the UK's main drug charities, said: "We feel that the quality of Narconon's information is not objective and non-judgmental. It does not have any credibility."

Stephen Shaw, the prisons ombudsman, advised that inmates in British jails should not receive drug education from Narconon because it is so "closely associated with the Church of Scientology".

The Sunday Times disclosures raise serious questions about how Narconon appears to have slipped through school vetting procedures.

Parents of pupils at Marlborough said they had not been informed of the lectures. "I would have preferred to know there was a connection between the Scientologists and the teaching that was given to my son," one mother said.

It appears that the schools themselves were in the dark. Alison Jerrard, head teacher at Ricards Lodge, said: "We did not have any reason at the time to think there was anything inappropriate, or anything misleading." Of the schools contacted, Marlborough, Golden Hillock and AELS did not comment on Narconon's activities.

Yesterday a spokesman for Narconon said he was satisfied with the validity of the science promoted by his organisation. He added that Narconon would have been happy to declare any links with Scientology if asked by schools.

Skirrow said: "Of course it has very strong links (with Scientology). That's not at all hidden. But I think that some people have got confused that it is Scientology. And it's not."

A spokeswoman for the Church of Scientology said that Narconon is separate organisation which is open to people of all religions. She said: "Narconon has a documented 75%-80% success rate with graduates (recovering addicts), which is the highest in the field. That's why we formed the Narconon Network and why scientologists and non-scientologists continue to sponsor the opening of new centres."

#### **Secrets of a church that believes a galactic warlord caused all our ills**

Established in Phoenix, Arizona, in 1952 by L Ron Hubbard, the science fiction writer, Scientology claims to be the world's fastest growing religion. It opened its first church in Los Angeles in 1954 and now claims 120,000 members in the UK and more than 10m worldwide.

Members progress through a hierarchical structure and, at key levels, new "secrets" are divulged. They progress by paying for courses either in cash or by doing work that benefits the organisation.

The belief system has been described as a regressive utopia, in

which man seeks to return to a once-perfect state through secret processes intended to put him in touch with his primordial spirit.

In 1995 a key secret concerning the way in which Scientologists believe the world was formed was leaked by a disillusioned "operating thetan", one of the organisation's most highly ranked members.

It asserts that 75m years ago an evil galactic warlord called Xenu rounded up 13.5 trillion beings from an overpopulated corner of the galaxy, flew them to Earth and dumped them in volcanoes and vaporised them with nuclear bombs.

This scattered their radioactive souls, or thetans, which were then trapped and implanted with a number of false ideas — including the concepts of God, Christ and organised religion.

These entities attached themselves to human beings and are at the root of our personal and global problems today.

Scientology has proved exceptionally robust and has grown steadily since its launch. In America it dominates entire towns and even in Britain some children have been brought up as Scientologists.

What worries critics most is the religion's secrecy and intolerance of dissent. Members who are critical of the church are declared "apostates" and are excommunicated and often cut off from family and friends who must "disconnect" from them.

In the 1960s Hubbard issued a policy known as Fair Game, which said that all who opposed Scientology could be "tricked, sued or lied to and destroyed".

#### On the inside

Eight weeks ago I was sent undercover to investigate the Scientologists at their new headquarters near St Paul's Cathedral in the City of London, writes a Sunday Times reporter.

My experience shook me. What I had expected to find was an eccentric but largely harmless organisation. What I discovered was a paranoid and dogmatic group which — through a mixture of pyramid selling techniques and subtle intimidation — preys on the vulnerable to expand and enrich itself.

After introducing myself to one of the organisation's "body routers" or "greeters",

I was taken inside, shown a series of videos depicting happy Scientologist families and then given a "personality test". This marked the start of a common theme: a constant digging to establish and mark out my insecurities and character flaws.

I was told the test had revealed that I had problems with "concentration", "depression" and "confidence". But I was not to worry — with only a bit of work Scientology would sort me out.

Over the following weeks I progressed through various courses at a cost of about £200. At the same time they recruited me to become an "expeditor" — the first rung on the ladder to being given a full-time post with the organisation.

I was part of a team that would be paid according to how much money the organisation made each week — a figure partly dependent on how many people we recruited.



I witnessed a number of highly unorthodox tactics and practices:

- The use of a type of lie/stress detector called an "e-meter" to test recruits with a view to finding their "ruins" or vulnerabilities.
- Pressuring new members of staff to divulge and document the minutiae of their sex lives, including the names of all those they had slept with.
- Encouraging members to identify "suppressive persons" in their lives — people who had a negative impact on them, including parents and other family members.

Perhaps the most troubling were the four e-meter tests that I had to undergo. Hooked up to the device, I was grilled on my background, my views on Scientology and my past employment. It felt as if I was being turned inside out so that they could assess the potential for me to become a compliant member.

In another episode I was told to try to concentrate on counting a series of numbers out loud while another student shouted questions at me about my sex life.

The idea was to get me to learn to ignore distractions while focusing all my energies on a single enterprise. It was at around that point that I decided I had had enough.

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Evening News

Thu 18 Mar 2004

## Scientology-link group is banned

ALAN MCEWEN

A DRUG counselling group linked to the controversial Church of Scientology has been banned from Edinburgh University's student union.

The organisation called Narconon put up posters about its services on Edinburgh Student Association (EUSA) notice boards without permission.

Now union officials have pulled the posters down and outlawed any further adverts being displayed.

They are concerned Narconon may be used to recruit new members for Scientology, which has often targeted students in the Capital.

The Narconon posters contain no references to the quasi-religious group despite using the principles of its founder L Ron Hubbard, to treat addicts.

Mark Calder, EUSA vice-president, said the appearance of posters for Narconon had been "a source of concern". He added: "We have to be careful that drug and alcohol rehabilitation groups are impartial and only have a person's wellbeing at heart. We could not be sure that Narconon was independent."

"We carried out research which showed it has strong links with Scientology. We were also concerned that this link was not made explicit so a decision was made to take the posters down."

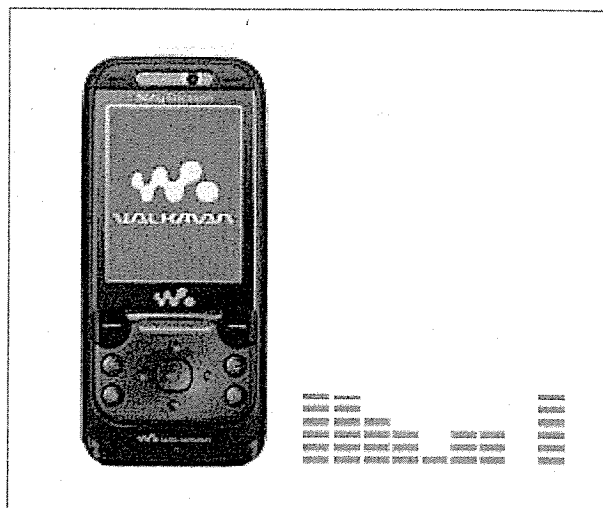
Narconon has denied acting as a recruiter for Scientology, which has a city base in South Bridge.

Eve McKenzie, executive director for Narconon Scotland, said: "Narconon has some volunteers who are Scientologists because Scientologists like to help people. We also have volunteers who are Christians, Jews and Muslims."

"Eighty per cent of Narconon staff are former addicts who have been through the programme and now want to assist others. Our aim is get people off drugs and make them part of the community again."

But she admitted some addicts treated under the Narconon programme later converted to Scientology. She added: "If this was a programme run by a Christian group and it had worked successfully, it would be understandable that the person wanted to learn more about Christianity. But there is no pressure involved."

Narconon, which claims to have helped 250,000 people overcome drug and alcohol addictions, was formed in 1966 by William Benitez, a former heroin addict, with the help of



Hubbard, a science fiction writer.

Graeme Wilson, Say No to Drugs campaign manager for the Church of Scientology UK, said the student union had been "misinformed" about its ties with Narconon.

He added: "The link is Narconon uses the techniques of L Ron Hubbard, but it's a secular organisation and not linked to any one religion."

A spokeswoman for Edinburgh University said the poster ban had not been extended across all of its city campuses.

She added: "The university has received no requests from Narconon or the Church of Scientology to put up posters. Each of our buildings manages its own notice boards. If they did receive a request, it would be considered like any other."

### **Related topic**

- Counselling  
<http://news.scotsman.com/topics.cfm?tid=1522>

**This article:** <http://edinburghnews.scotsman.com/index.cfm?id=314912004>

**Last updated:** 18-Mar-04 13:09 GMT

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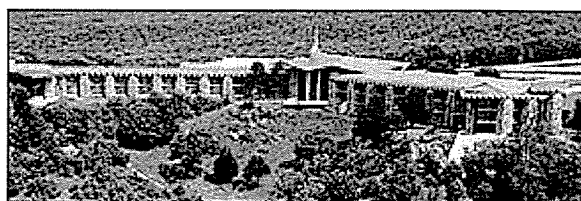
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**FREEDOM**

**What is Narconon?**

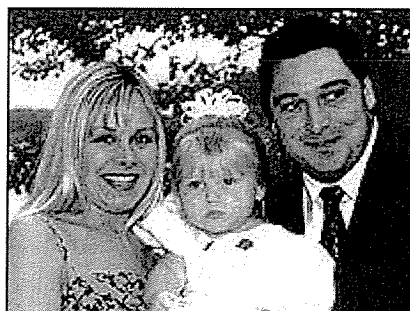
The Narconon drug rehabilitation programme, which uses exclusively the research and discoveries of L. Ron Hubbard, has helped tens of thousands of people to overcome addiction and dependency.



*Narconon Arrowhead in Oklahoma is the largest residential drug rehabilitation facility in the United States and the premier organization for the Narconon programme.*

Though the programme is independent and non-religious, it is avidly supported by Churches of Scientology and their members worldwide — who themselves comprise a 100 percent drug-free community of millions — for its results.

Narconon — meaning literally “no drugs” — was begun in 1966 by Willie Benitez, an addict and inmate in a state penitentiary in Arizona, who found a book by L. Ron Hubbard containing principles about life. Benitez corresponded extensively with Mr. Hubbard, and using principles from his books and guided by letters from the author, he overcame his addiction. Those same elements, and later discoveries and developments of Mr. Hubbard, constitute the programme, which takes an average of four to six months to complete. It is done in four phases including:



*Narconon Arrowhead graduate Richie Armstead: “Narconon saved not only my life, but my*

- 1) withdrawal and detoxification
- 2) communication skills to gain focus and self-control
- 3) restoration of personal ethics and values
- 4) life skills that provide objective methods of dealing with any situation the drug-free individual may encounter so that they are not compelled to return to drug use.

wife Stephanies' too. Thank  
you all for my wonderful life."

There are 110 Narconon centres for  
rehabilitation and/or drug education and  
prevention in 32 nations. The interna  
Narconon training facility is located in the state of Oklahoma in the United  
States, and is the single largest residential drug rehab facility in the nation

The programme is internationally acclaimed by former addicts and their  
families, validated by drug experts, and supported by governments in  
several countries for its success rate: an average of 70 percent of student  
who complete the programme never return to drugs.

◀ PREVIOUS

NI

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Scientology Handbook • Scientology Religion • What is Scientology?

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## urban75 vs Narconon

It seemed that a lot of you took the opportunity to tell Narconon and Earthlink (their ISP) exactly what you thought of the 'similarities' between 'their' design and urban75's.

It seems that so many of you were inspired by their homage, that the Guardian newspaper reported that the ISP felt compelled to comment that they were *'very concerned about the number of unsolicited emails that Narconon and Earthlink were receiving at the request of Urban 75.'*

Strangely enough, their design seemed to change as soon as the emails started coming in.

**What** a co-incidence, eh?!

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**urban75 e-zine:** one of the most popular e-zines on the web with bulletin boards, games, photos, protest, rave, drugs & more. This site is strictly non-profit - no banners, no tie-ins, no ads. »More...

Tues, January 16, 2007

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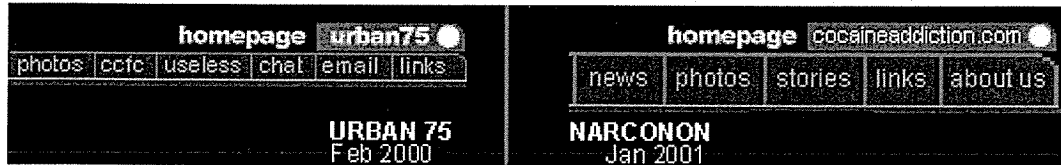
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## Narconon and urban75 - the ultimate *homage*

We've had people pay tribute to our work before, but this truly is a work of **absolute worship**.

It seems that Narconon (drug abuse 'charity' allegedly owned by the Scientologists) were so 'inspired' by a previous design of urban75 that they simply couldn't help themselves!

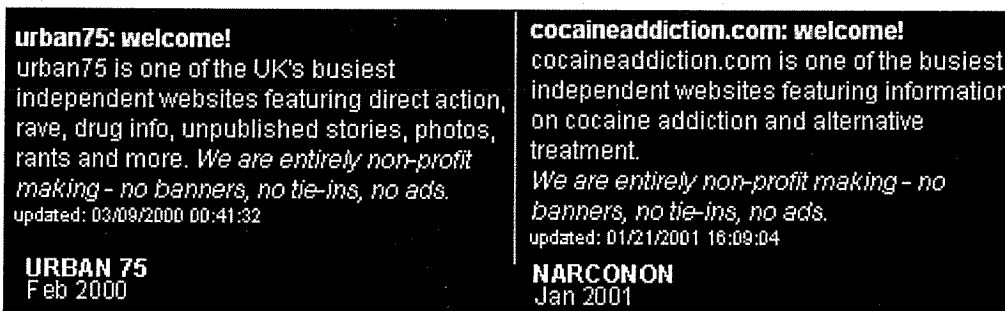


Sharp eyed viewers may just notice the odd passing resemblance to urban75's navigation, graphics and layout. In fact, such was their enthusiasm to be like us that - by a remarkable coincidence - they ended up with a stylesheet that was identical to ours - *line for line* - and the HTML code was dazzlingly similar too - including the **unique** javascript code for the 'whassup' function on our front page **that they weren't even using!**

Someone call Agents Mulder and Scully!

When we get a moment, we'll post up some of 'their' HTML too, and you can gasp at the amazing coincidence that resulted in both sites sharing the identical directory structure, the same image file and javascript naming conventions and even the same comments! Truly remarkable, eh?!

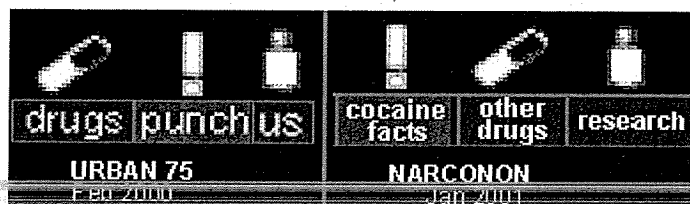
And it wasn't just the design that inspired them so much: they liked the cordial greeting on our homepage so much they just had to have one too!



In fact, they must have truly fallen in love with our homepage - just look at how nicely they go together in our

- > side by side comparison!
- > another side by side comparison!

And boy, did they warm to our icons! If imitation is the sincerest form of flattery, we must have a book of love poems coming our way soon - look at this:

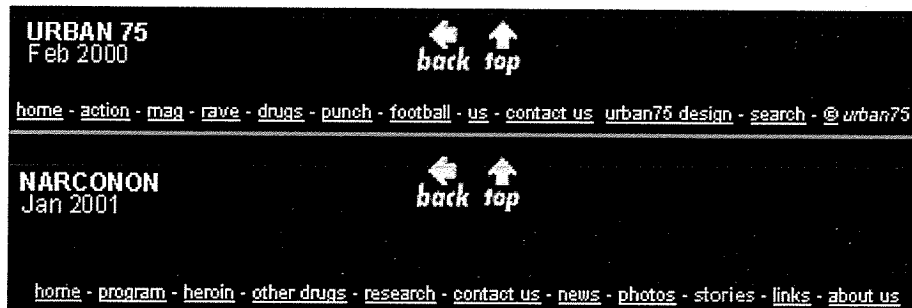


And it wasn't just the homepage that 'inspired' them so. They fell in love with our



inner homepages too. Check out the  
> side by side comparison

All good stories have to end, and we're delighted to tell you that the bottom of each and every page didn't disappoint. We warmed to the welcoming glow of our very own navigation icons and felt right at home with the style of the text navigation:



Now, all these 'similarities' must have got you thinking: 'Whose design came first?'

We can tell you: **ours!** The Narconon sites weren't even online till May 2000 at the very, very earliest (that's when the domain names were registered). urban75 has been online since 1995, and this particular layout and navigation was online way back in May 1999. The icons were used in 1997 and were seen on the Jenny Jones Show in Jan 99, no less!

**Can we prove it?** Most certainly! Our designs have been seen in a host of magazines and TV shows (including NBC in the US and BBC in Europe). But the absolute proof comes in the shape of an internationally published web design book, called '**E-zines**' by US-based Rockport Publishing. This book features six pages of full page screengrabs of urban75, all featuring the **exact same design** that 'inspired' Narconon's sites. The screengrabs are all clearly dated September 1999, as the book's author has kindly confirmed

**So what's been happening?:** Naturally, we immediately contacted Narconon and their ISP, Earthlink, asking them to remove their 'tribute' to us. They didn't reply. We wrote again, offering more proof. And again. And again. And again. (In fact we still haven't receive a single response a year later).

Annoyed by their refusal to return our mails, we suggested to our readers that perhaps they might be able to get a response instead, and provided a nice little ready-made letter for them to send - and would you believe it, their site suddenly started changing! (More...)

First, the intro text disappeared, the chevrons changed shape, the icons were swapped, filenames changed, stylesheets reorganised and renamed, the layout was rearranged and even the useless piece of javascript finally went.

We've registered full and dated backups to our legal representatives and we've also got hundreds of urban75 regulars keeping archives of the disputed pages.  
**Just in case.**

**WHOOPS!** Despite Narconon's efforts to quietly change the design, the excellent web.archive.org has kept dated copies of their websites. Admire the astonishing similarities again here:  
ecstasyaddiction.com  
heroinaddiction.com  
marijuanaaddiction.com

### **The serious bit**

Our biggest concern is that people are going to associate urban75 with Narconon and we wonder if targeting a site such as ours for such an unexpected 'tribute' was entirely accidental. urban75 has long been dedicated to offering impartial advice and information on drug harm reduction, and we naturally are not happy to be associated with Narconon's drug treatment 'techniques'. Either way, we want to make one thing clear: **WE HAVE NOTHING TO DO WITH NARCONON WHATSOEVER.**

>> It's in the news!

The Register  
The Register 2  
The Guardian  
<http://cisar.org>  
Pirated-Sites.com

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"Through my own experience with Narconon, I know it is possible to end any dependency upon alcohol and other drugs and to build a new, successful drug-free life for oneself."  
*Kirstie Alley, Actress, Narconon Spokesperson*

Home: **Welcome**

Home ■ The Narconon Program ■ Successes ■ Contact Us ■ Get Help Now

**Program Info**

Learn more about the Narconon Program and what it can do for you.

**About Us**

View photos and information on our facility.

**Get Help**

Contact us right now for more information

**Stories**

Read what former graduates of Narconon have to say about their new life after Narconon.

**Contact Us**

Contact us for more details.

**Are you losing a loved one to drug addiction or alcoholism?**

**We Can Help Call Us Now!**

**0800 169 4803**  
(24 hr Hotline)

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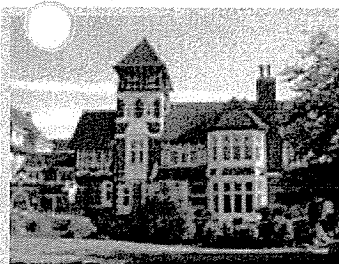
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Some drug information on this site courtesy of The National Institute on Drug Abuse (NIDA).



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## Drug Rehab and Alcohol Treatment

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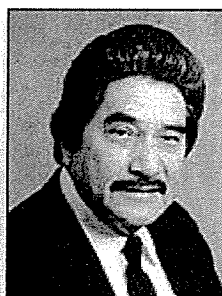
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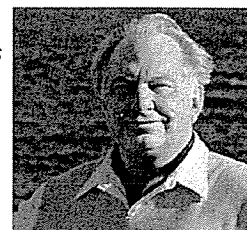
William Benitez, an inmate of Arizona State Prison, founded the NARCONON programme in 1966. Benitez read a book by American author and founder of the Church of Scientology L. Ron Hubbard, and by applying the principles it contained on increasing one's abilities, he and dozens of other inmates were able to permanently end their addictions to heroin. The Narconon programme has evolved from that simple beginning to a worldwide network of drug prevention and drug-free social education rehabilitation centres.



*William Benitez (far right) with the first Narconon group in 1966*

[Click here](#) to read more about William Benitez and the origins of the Narconon Programme.

*"You may have noticed that society is rapidly going downhill... And the most serious part of this is that drugs, both medical and street drugs, have disabled a majority of those who could have handled it, including the political leaders, and have even paralyzed the coming generations." L. Ron Hubbard*



*Read: L. Ron Hubbard and the NARCONON programme*

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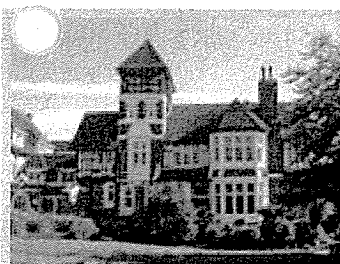
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### **How to Talk to Your Kids About Drugs**

First and foremost it is important to be educated about drugs yourself. This site and others can provide you with information as well as the books and materials that Narconon International offers. There are many other resources available, including several government websites that provide basic drug information, current news, and study results.

Also important is how you talk to your kids. What has never worked in any drug education is to tell a person something from an authoritative viewpoint. As soon as one starts in with that approach, the child will immediately tune the person out. A better approach is to ask them questions and then provide basic, true information.

One can just ask "What have you heard about drugs that is good?"

At this point it is very important for the parent to simply listen to the child's response without interrupting them. Give them your full attention, no matter what they say, be patient and listen carefully.

When they have finished telling you the good things they have heard about drugs, we have found it is best to just say "thank you" or "I understand" to the communication they just gave you. This helps give your child confidence that they can talk to you and that you are interested in what they have to say. It's like having communication with your best friend, only this one happens to be your child.

Now that they have told you what they heard that was positive about drugs, it is time to get them the correct information. The objective is to give the child correct information so they can make sound decisions on their own. We have found that when young people are given the accurate information about drugs their attitude about them changes and they make their own decisions not to use them. Their own solid decision will carry them a long

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way.

When providing them with information, ensure that they fully understand. Consult their understanding and ask for an example of what they have just learned. If they ask a question that you can't answer, it is important that you are honest with them and don't try and make something up. Use the opportunity to work with them to find the answer.

Honestly, patience and good communication are the key to talking to your kids about drugs. Getting their questions answered will help ensure they make the right decision not to use drugs.

## Signs and Symptoms

There are many signs, both physical and behavioural, that indicate drug use. Each drug has its own unique manifestations but there are some general indications that a person is using drugs.

- Sudden change in behaviour
- Mood swings-irritable and grumpy and then suddenly happy and bright
- Withdrawal from family members
- Careless about personal grooming.
- Loss of interest in hobbies, sports, and other favourite activities.
- Changed sleeping pattern; up at night and sleeps during the day.
- Red or glassy eyes
- Sniffly or runny nose

The following are some of the signs and symptoms of specific drug use:

**Methamphetamines:** "Wired," sleeplessness for days and weeks at a time, total loss of appetite, extreme weight loss, dilated pupils, excited, talkative, deluded sense of power, paranoia, depression, loss of control, nervousness, unusual sweating, shaking, anxiety, hallucinations, aggression, violence, dizziness, mood changes, blurred vision, mental confusion, agitation.

**Cocaine:** Impaired thinking, confused, anxious, depressed, short tempered, panic attacks, suspiciousness, dilated pupils, sleeplessness, loss of appetite, decreased sexual drive, restlessness, irritability, very talkative, scratching, hallucinations, paranoia.

**LSD (Acid):** Dilated pupils, skin discoloration, loss of coordination, false sense of power, euphoria, distortion of time and space, hallucinations, confusion, paranoia, nausea, vomiting, loss of control, anxiety, panic, helplessness, and self destructive behaviour.

**PCP:** Sometimes violent or bizarre behaviour, suicide has often occurred, paranoia, fearfulness, anxiety, aggressive or withdrawn, skin flushing, sweating, dizziness, total numbness, and impaired perceptions.

**Inhalants:** Short-lasting euphoria, giggling, silliness, dizziness. Then come the headaches and full-blown "faintings" or going unconscious. *Long-term Use:* Short-term memory loss, emotional instability, impairment of reasoning, slurred speech, clumsy staggering gait, eye flutter, tremors, hearing loss, loss of sense of smell, and escalating stages of brain atrophy. Sometimes these serious long-term effects are reversible with body detoxification and nutritional therapy; sometimes the brain damage is irreversible or only partially reversible.

**Heroin:** Chemically enforced euphoria. "Nodding," which is a dreamlike state, near sleep, drifting off for minutes or hours. For long time abusers heroin may act like a stimulant and they can do a normal daily routine;



however, for others, it leaves them completely powerless to do anything.

**Marijuana:** Compulsive eating, bloodshot red eyes that are squinty (they may have trouble keeping them open), dry mouth, excessive and uncontrollable laughter, forgetfulness, short term memory loss, extreme lethargy, delayed motor skills, occasional paranoia, hallucinations, laziness, lack of motivation, stupidity, sickly sweet smell on body, hair, and clothes, and strong mood changes and behaviours when the person is "high".

**Depressants:** (Tranquilizers and Barbiturates): Decreased inhibition, slowed motor coordination, lethargy, relaxed muscles, staggering gait, poor judgment, slow, uncertain reflexes, disorientation, and slurred speech.

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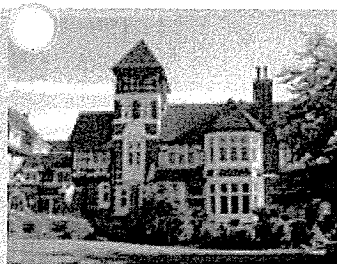
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### Support For the Narconon® Programme

Narconon activities, from free-standing residential treatment centres to drug education, receive support in many ways, varying with the country and community.

#### Direct Government Funding

In parts of Sweden, Denmark, Holland and Switzerland once the Narconon method received official recognition as a drug rehabilitation programme, it became eligible for government funding, as prescribed by local laws, distributed from the Social Boards of each country. Narconon Colombia has received funding for services to youth. The State of Utah in the United States has funded Narconon non-residential services for juveniles on probation for misdemeanour drug charges who are then court-ordered to the programme.

Additionally, Narconon drug education has received federal, state and local funding assistance in many countries.

#### Corporate and Foundation Support

Narconon Boston has supported its full-time drug education, peer leadership and teacher training for over ten years with the help of grants from corporations and foundations interested in the long-term value of this work.

In Sweden, where drug education has been delivered in great quantity across the whole country, the Narconon staff have received repeated grants not just from the government for support of administrative expenses, but from the business community as well, directly toward the cost of school

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lectures.

### Other Benefactors and Volunteers

As with other charities, non-profit associations and corporations around the world, many Narconon centres are fortunate to receive support in different forms from volunteer agencies, churches, civic volunteer organizations, etc. This has included, to give only a few examples:

Police and other social agencies giving close support and working hand in hand with drug education teams in Sweden, Norway and other countries.

A Taiwanese Buddhist social betterment group significantly funding and promoting the use of Narconon rehabilitation services for adults and juveniles.

Catholic sisters in Holland fundraising to help provide student scholarships at Narconon Zutphen.

Indigenous Maori organizations in New Zealand donating land, facilities and operating expenses.

Celebrities and other notables giving their names and public drawing power to aid in Narconon fundraising events, as with the many "Narconon All-Stars" softball games in Hollywood, stunt shows, etc.

### Fee-For-Service and Insurance

Many Narconon centres maintain their viability and continued production by charging fees for service. In the United States, where this is the norm, Narconon centres have been largely self-supporting for 25 years.

U.S. insurance companies are increasingly coming to recognize the Narconon programme for its long-term success rate or, to state it more according to the "bottom line," for the low recidivism and drug reversion rate achieved by Narconon graduates. Because of this, health care funders are covering the unique Narconon programme in steadily growing numbers.

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Do you have a web site? Become a sponsor for NARCONON by placing a link on your site like this one.

We are sponsor of the NARCONON® Drug and Alcohol Rehabilitation  
Programme

[www.drugrehab.co.uk](http://www.drugrehab.co.uk)

Thank you very much

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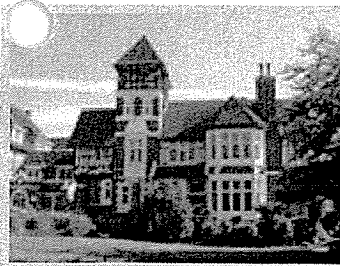
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## NARCONON Drug and Alcohol Rehabilitation

The NARCONON Drug and Alcohol Rehabilitation programme steps are entirely drug-free; that is, the NARCONON programme **does not** use drugs or medications to solve the problems caused by drugs or alcohol abuse, but does use nutrition and nutritional supplements as an important component of its delivery. Thus the programme is neither psychiatric nor medical, but a social education model of drug rehabilitation.

Persons enrolling in the programme must be given a full medical physical and a GP's permission to do the programme with periodic medical review as individually needed. However, NARCONON clients are not considered or treated as "patients" but as "students" who are learning to regain control of their lives. This is an important distinction. A NARCONON student does not enrol to recover from an illness; they enrol to learn something that he doesn't already know. He addresses the disability caused by drug use with new abilities, new skills for life.

NARCONON staff prepare graduating students with re-entry programmes to follow as they re-start their lives on a new foot. But the full NARCONON programme is intended to produce graduates who can stand on their own feet and live drug or alcohol free, ethical lives thereafter. A NARCONON graduate does not go to weekly meetings for months after completion, nor do they describe themselves as "recovering."

A student who has graduated from the NARCONON programme has recovered. He or she has obtained a new orientation in life. The premise of the NARCONON model is that a former addict or alcoholic can achieve a new life. This goal applies (and is routinely achieved) whether the programme is delivered in a residential centre, daily after work, or even in prison.

Once through the programme and well, if they use the tools they have

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practiced and learned at a NARCONON centre, a NARCONON graduate can stay well. This is not theoretical. There are three decades of graduates who will swear by it.

If graduates do run into serious difficulties, they return to their NARCONON centre where they inevitably find a specific part of the programme that they earlier failed to fully understand and therefore could not apply in the travails of daily life. But the majority get through it the first time.

The Narconon programme can be tailor made for each student to fit in with their time schedule and needs, breaks to return to work can be made as required.

Some might consider the time spent on the NARCONON programme a "therapeutic community", but it would be more appropriate to say that NARCONON clients are going "back to college" this time to get real tools for real life.

### A NARCONON Programme Graduate is someone

- Who has completed the NARCONON programme;
- Who knows he is, in fact, capable of living a drug-free, alcohol-free life thereafter;
- Who has improved his or her ability to learn and thus can accept new ideas on how to change life for the better;
- Who has personally absorbed the fundamentals of ethics and morality well enough that he or she can be productive and can contribute to society and will have no further troubles with the legal system;
- Who knows how to solve the problems of life in a rational manner to the best of his ability, without the use of mind-altering drugs or blocking out their troubles with alcohol.
- Each NARCONON programme graduate is expected, no matter the severity of his or her earlier life experience, to achieve and to live a stably drug-free, alcohol free ethical life, once and for all.

There is no such thing as a "victim" in the NARCONON programme way of thinking. Even if life has dealt one a bad hand of cards, the road out is through personal recognition of responsibility for one's own condition.

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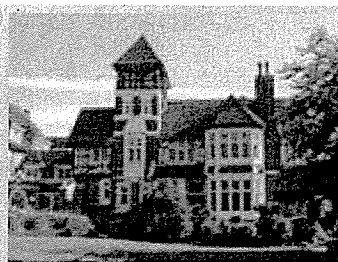
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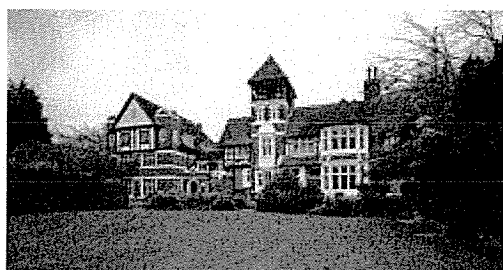
### What you need to know about effective DRUG REHAB!



Stuart Earle, Mayor of Bexhill, said, "I feel extremely humble and very emotional when I have seen the successes that have been displayed here today... Thank you for bringing me into your world because I was unaware, and I feel very proud to stand here today and say welcome." [More](#)



Daniel Galvin Jr., hair colourist to the stars.: "Through drugs I had lost everything-the people I loved, my integrity, my work group, everything! Since doing the Narconon programme with the sauna and courses under my belt, it has allowed me to earn back my integrity, make up the damage to the people I had hurt, and really achieve my optimum business and social objectives." To watch a video from the [Grand Opening](#) click here and see what Daniel has to say.



### Our residential drug rehabilitation centre in St. Leonard's on Sea, Hastings

This Tudor mansion provides the perfect distraction free environment for students to progress through the

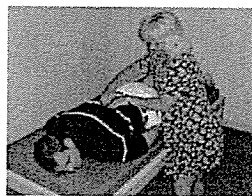
programme. In the relaxed and comfortable atmosphere many friendships are built between students. Facilities include a small gym, pool room, sun lounge, TV and video room, all based in beautifully kept gardens.

**Call us on 0800 169 4803 to arrange an appointment for a no obligation visit.**



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## Drug FREE Withdrawal

The first step in drug rehab, withdrawal from drugs and alcohol, might look sometimes a little bit frightening to people. We, here at Narconon, don't use prescribed drugs to solve the drug and alcohol problem. We use Vitamins and assists (similar to light massage) to ease the pain. Our methods have been tried and tested over 40 years. Most people say it is the easiest withdrawal they have experienced. To see the effectiveness look at the results and ask our students. [Read more about our drug free withdrawal from drugs and alcohol.](#)



## The New Life Detoxification (sauna) programme

The sauna programme produces spectacular results by removing drug residues and toxins. Left alone these residues and toxins can trigger a variety of symptoms, including drug cravings and depression. [Read more about the NARCONON New Life Detoxification \(sauna\) programme.](#)



## Life Skills Courses

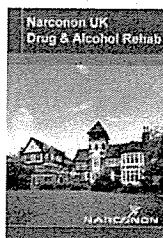
The dictionary says about rehabilitation: **rehabilitate: To put back in good condition**  
In the true sense of the word, rehabilitation would mean to restore something that has been lost. In the field of drug and alcohol abuse it would mean to give the person his/her self respect back and to make him/her feel like a valuable member of society. [Read more about the NARCONON - Life Skills Courses.](#)

## Aftercare

The final portion of the programme is individually tailored to the student, handling his or her personal needs. Our objective being to produce graduates who will remain drug free for life. [Read more about the Aftercare provided by Narconon.](#)

"I am writing to you regarding the change the Narconon programme has made to the life of both myself (even though I don't and haven't had an addiction) and that of my fiancé, Joe (formally a heavy crack user). To give you a brief history, ..."

[Read the whole story here...](#)



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UK News

Saturday 1 March 1997

Electronic Telegraph

Issue 645

## Village raises £175,000 to stop centre for addicts

By Paul Stokes

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### External Links

««« [Narconon](#)

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VILLAGERS raised more than £175,000 in three days to prevent a local nursing home becoming a centre for former drug addicts.

Residents of Burton Leonard, near Ripon, North Yorks, were celebrating exchanging contracts to buy Crown House last night. Members of the 473-strong community have spent money that they had intended using to pay off mortgages, buy a car or go on holiday.

They acted after learning that a charity, which bases its rehabilitation methods on those promoted by the Church of Scientology, had applied for planning permission to use the building. It was decided at a hastily-called public meeting to form Burton Leonard Management Ltd and offer villagers £500 shares in the property.

Around 50 were responsible for pledging the money towards preserving the building, which overlooks the village green and stands opposite the local school. Gerlinde Godber, village postmistress, said: "This is a quiet village and we were concerned for the safety of the children and everyone else. It was never a case of 'Not in my back yard'. It was just not an ideal spot for it. This has been the effort of a community united. We needed to act quickly and we did." The charity Narconon (No Narcotics) had hoped to turn the property into a centre for 16 addicts, replacing a similar unit which closed last year in Kent.

It would have been leased to them by Kenneth Eckersley, an ex-council chairman and magistrate from Bingley, West Yorks, who now lives in Sussex and is the executive director of Addiction Recovery Training Services. He had intended exchanging contracts with Rosemary Swann, owner of Crown House, yesterday.

Mr Eckersley, 69, said he had postponed the transaction so that he could have the chance to explain to villagers that the proposed centre was "not the ogre" they thought. The villagers will march through Burton Leonard tomorrow to celebrate.

They have three months to rehouse the remaining nursing home residents before re-marketing the property for sale to what they consider to be a suitable cause. Denis Muldoon, chairman of Burton Leonard Management Ltd, said: "I'm so relieved. Our village has been threatened by these people. Although the problem has gone away from us, we feel for any other community that is threatened in this way." Mr Eckersley said he had been willing to pull out of his transaction providing the village met the cost of up to £4,500 which he had incurred.

He said: "As a charity we are not in the business of frightening old ladies or

worrying young mothers. I'm not going to go into a village full of hate. It's not my business to make people fearful of where they live."

Planning permission had been submitted to use Crown House for up to 16 former drug addicts or "students", as the charity refers to them. Among the opponents was David Mellor, a retired deputy chief constable, who has two children and lives in the village. His wife Bridget said: "Our children can walk to school or to the shops to buy sweets and I feel safe for them to do so. Everyone keeps an eye on everybody else. It is a safe place to live. I don't know how stable some of the residents of the centre would have been," she said. Andy Hale, 49, a former bank manager, who moved to the village from Watford, said: "Our aim is to sell it to a buyer who will find a more suitable use for it, preferably as a house."

Mr Eckersley denied that there was a direct link between Narconon and the Church of Scientology. But he admitted that the Narconon system of dealing with drug addiction was based on principles approved by that organisation's founder, L Ron Hubbard. Toxins from drugs left in the body are treated with vegetable oil and vitamins. Once a "student's" system is purged they are taught how to live within the community.

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#### **Next report: Teenager cleared in Leah Betts drug trial**

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## FAIR CONFERENCE Wednesday 25th October 2006

# "MECHANISMS OF CONTROL - How Cults Exploit Human Weakness"


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### INTRODUCTION AND WELCOME

- 09.45  **Tom Sackville** Tom Sackville was the MP for Bolton West from 1983 to 1997. He served as a Government Whip, then Minister in the Department of Health and at the Home Office. He has chaired the Committee of FAIR since 2000 and is Vice President of FECRIS.
- 09.55  **Audrey Chaytor: 'WHAT IS FAIR?'**  
Audrey Chaytor has three children and six grandchildren. A long serving FAIR Committee member, past Chairman and now Hon. Secretary. She is devoted to her listening and advising role in helping families survive and overcome the trauma of cult involvement.

### KEYNOTE ADDRESS

- 10.05  **Professor Stephen A. Kent** Ph.D., Professor of Sociology, University of Alberta, Canada  
**'MECHANISMS OF CONTROL - How Cults Exploit Human Weakness'**  
Professor Kent teaches a graduate course at the University of Alberta, Canada, on the sociology of sectarian groups. He has published articles in numerous sociology and religious study journals and has worked extensively with the media, various government agencies and the judiciary, on issues related to controversial groups.

### EXPERIENCES OF CULT VICTIM FAMILIES

- 10.50  **Paul Cooper: 'RELATIONSHIP DIFFICULTIES WITH THE MOONIE SON I LOVE'**  
Paul is head of a firm engaged in seeking compensation for clients of large financial institutions. His elder son is a Moonie with a Moon-selected wife: the Coopers are in contact but fear that their son will remain within the cult.
- 11.30  **Friedrich Griess: 'CULTS ACROSS EUROPE -From the Third Reich to Present Day'**  
Friedrich Griess has been President of FECRIS (the European Federation of Cult Watching Groups) since 2005. Educated at the Benedictine Monastery of Melk in Lower Austria, he studied engineering at the Technical University of Vienna and later worked for the Halden OECD Reactor Project. His daughter has been a member of the Norway based 'Smiths Friends' cult for over 20 years.
- 11.50  **Jane Hamilton: 'KEEPING SCIENTOLOGY WORKING - How this Group Maintains Influence over its Members'**  
Jane Hamilton is a self-employed graphics designer living in Denmark. She joined Scientology as a staff member and in 1980 married a Scientologist. She separated herself from the organisation after the birth of her second child.
- 12.10  **Maria Pia Gardini: 'NARCONON AND SCIENTOLOGY'**  
Maria Pia Gardini was a successful film producer working in Italy and the United States. Her daughter became involved in drugs, to which she continued to be exposed while at Narconon in Paris: she became HIV positive and was recruited by Scientology. Mrs Gardini found herself under pressure to pay Scientology large sums to continue so-called drug treatment and contact with her daughter. Following the death of her daughter she now lives in Italy.
- 12.30  **Pamela Lichtenwalner: 'CONFRONTING COERCIVE GROUPS IN SCHOOLS - Narconon around the world'**  
Pamela Lichtenwalner is an American Educator and Teacher. In 2004 she successfully challenged Narconon drug education in state-sponsored and charter schools in California. More recently she helped to prevent similar Narconon involvement in Israel and Scotland.

## A POLICY INITIATIVE

### 14.00 **Michael Gove MP: 'FREEDOM AND RELIGION: What Governments should do to Protect Basic Liberties'**

Michael Gove writes regularly for national and local newspapers, most recently The Times. He was elected in May 2005 as the Member of Parliament for Surrey Heath, and has since been appointed Shadow Minister for Housing. He appears regularly on television and radio, notably as a panelist on Radio 4's The Moral Maze. He is Chairman of Policy Exchange, a think tank which has proposed innovative policies on policing, local government and terrorism.

## THE INTERNATIONAL PERSPECTIVE

### 14.15 **Professor Alexander Dvorkin PhD: 'THE INFLUENCE OF ACADEMICS ON THE CULT DEBATE'**

Alexander Dvorkin is Professor of Church History and President of the St Irenaeus of Lyon Centre of Religious Research, Moscow. He later graduated from the Russian Orthodox Seminary in New York. He lectures on cults in Russia and abroad, is on the editorial board of Dialog Publications' periodical Spirituality East and West and has published Sectovedenye (Cultology).

### 14.45 **Eric Scheibeler: 'THE RISE AND EXPANSION OF COMMERCIAL CULTS'**

Eric Scheibeler is a former Federal Auditor for the US Government. His book Merchants of Deception has been published in over 20 countries. Eric works with Stephen Hassan to assist victims of the direct-selling organisation Amway Corporation and related groups.

### 15.15 **Professor Rod Dubrow-Marshall: 'WELLSPRING RETREAT, OHIO - Lessons for the rehabilitation of ex-cult members in the UK'**

Professor Dubrow-Marshall is Dean of the Faculty of Humanities and Social Sciences, University of Glamorgan, Wales. His principal research is on social influence, including the psychological effects of cult membership. He is on the committee of FAIR and the Advisory Board of the International Cultic Studies Association (USA) and the UK representative on the General Assembly of FECRIS.

## CULTS AND POLITICS

### 16.00 **Julian Chater: 'THE CLASSICAL CONTEXT - Historical Evidence that Cults have not been Restricted to Religious Groups'**

Julian Chater has an MA in Classics and has worked in finance and the internet industry. He is now a self-employed writer. He has studied cults in the course of examining the social and political history of the Roman Empire.

### 16.15 **Dennis Tourish: 'BLIND-FAITH DEVOTION AND CULTISM IN POLITICS - Far Right and Left Reconsidered'**

Dennis Tourish is Professor of Management at Aberdeen Business School. He has co-edited or co-written five books including On the Edge: Political Cults Right and Left, has published over 60 academic papers and book chapters on a wide range of issues including cults, lectured widely on cult issues and recently advised the British Medical Council. He has appeared extensively in the media, including a recent Australian Broadcasting Corporation's radio discussion on the cultic dimensions of the London bombings.

### 16.45 **Discussion** - chaired by writer and broadcaster Virginia Ironside - and Closing Remarks

Like any other marketplace, the drugs market is based on supply and demand. But successive governments have been persuaded by some drug experts to concentrate on curtailing supply — and have failed. However centuries of history show that, without demand, supply to any marketplace will automatically dry up.

Recent international experience has also shown that demand can only be significantly reduced with both effective prevention and rehabilitation, which do exist — including in Narconon, which began as a rehabilitation programme in 1966 in the United States. (see also “What is Narconon?”)

Nile and others involved in drug education efforts point to a trend over the past quarter of a century that has been undermining prevention, a trend they say is due to a growing pharmacological dominance in the rehabilitation field.

“We see more and more attention to drug-based treatments, like methadone and naltrexone which replace one drug for another, or simply giving prescription heroin,” said Nile. “This all goes hand in hand with defeatism that drug abuse is inevitable, that we have to learn to cope with it, and reduce the harm.

“Of course we need to reduce harm, but not at the expense of prevention. Today there is very little serious talk anymore of prevention.”

Prevention advocates concur that it has to be achieved by working with prospective end-users of drugs at an early age, and following up with them throughout their school years — to avoid having their natural curiosity and hunger for information filled with drug propaganda, of which there is plenty.

“Drug users and pushers have permeated the youth culture with messages that encourage kids to throw caution to the wind,” said Nile. “We hear everything from the idea that cannabis is just a ‘natural herb’ to the argument that Ecstasy isn’t any worse than alcohol. We correct these and many other misleading ‘facts’.

“We don’t use shock tactics, we don’t whinge. We tell them ‘we’ll supply the facts, but we’re not going to tell you how to think. You have to make your own decision.’ That gets their attention from the beginning. That’s why they listen to us,” said Nile.

And they do listen, in the U.K. and in other nations. Most of the drug education specialists in the Narconon network have been trained in the successful lectures of one Narconon graduate, Bobby Wiggins of Boston, Massachusetts in the U.S., who developed his programme from Narconon drug education lectures originally formulated in 1979.

As a former hard-core drug addict himself, Wiggins is the leading drug education specialist in the worldwide network; reduction of drug use of as much as 70 percent has been reported in some schools as a result of his lectures. In response to demand, Wiggins has trained up scores of other lecturers and recorded his own lectures on video. The drug education has reached close to 1,000,000 students, adults and groups, including a lecture delivered by Wiggins in the House of Lords in 1997.

"Narconon's format is derived from years of research into the true nature of drugs and their effects on the mind and the individual as well as on the body," said Nile.

The lectures are presented with an even-handed approach and normally allow twenty minutes at the end of the session for open questions. Much of the information contained in the Narconon presentation cannot be found elsewhere — including how drugs create "blank" periods, what they do to person's thinking, and how they remain locked in the fatty tissues of the body for years. For most attendees, the facts presented in a Narconon lecture are eye-opening, and teachers report pupils discussing what they have learned for days afterwards.

Over the years, Narconon speakers in the U.K. have imparted their information across the social spectrum, from inner-city youth clubs in Manchester to a top private girls' school attended by Royals.

Since the beginning of 2001, Narconon has delivered drug prevention education to thousands of schoolchildren up and down Great Britain and the Channel Islands. They have also made civic presentations and media appearances, and presented lectures to the Metropolitan Police at their training facilities.

Narconon's expanding drug prevention success is based on one simple principle: If you give the truth, it satisfies the demand for knowledge — a demand which lies and drug propaganda might otherwise fulfil.

Today, as it has done for nearly two decades in the U.K., Narconon is living up to that principle.

◀ PREVIOUS

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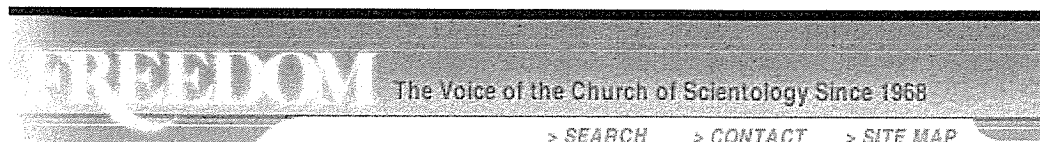
**FREEDOM**

editor@freedommag.org

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## 'Filling the Moral Vacuum'

Freedom in United Kingdom:

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## FREEDOM

### Providing Youth With a Future

#### Narconon's Drug Prevention Education Keeps Kids off Drugs

Standing in a Sussex school classroom after a lecture in early February, visiting drug education speaker Noel Nile collected up his papers while the last of the students ambled from the room, carrying books and backpacks. He looked up to see two older teenage girls enter the room. As they approached, he did not make an instant recognition, but they were vaguely familiar — like the thousands of other faces of youth he has lectured over the last eight years.

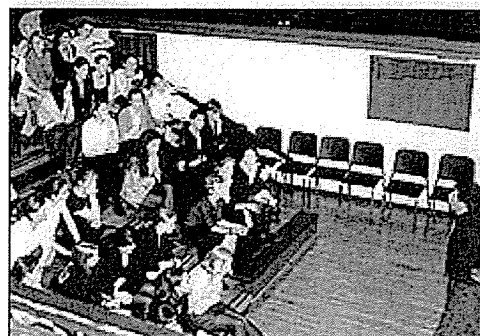
As the girls would explain, they had attended a lecture Nile gave there two years ago about drugs. They'd both left school since then, but had just heard from friends that he would be at the school again, and made a point to drop in to thank him.

"I've never been tempted to try drugs because of what I learned that day," said one of the girls.

"Me neither. I've never taken drugs," said the other.

It is results like these that have kept Nile and others in the drug education programme at Narconon, a registered U.K. charity, motivated to continue over the past twenty years.

"You can't go anywhere in the U.K. today — the streets, clubs, playground across the country — without seeing some aspect of drugs," said Nile, the



*Narconon, an internationally recognized drug rehabilitation programme, has been delivering prevention drug education to schools across the U.K. since the mid-1980s, enjoying continuing success with its unique format.*



director of drug education for Narconon U.K. "It threatens tomorrow's workforce, managers and leaders. Whether you're rural, urban or provincial or rich, poor or in the middle classes, it's a threat.

"Facts and truth are the only things that can overcome it. We're doing that every day, one by one."

Much of the dance and music culture, the films and media for teenage audiences all play their current part in encouraging youth to experiment with narcotics. As Nile sees it, there has never been a time when the peer pressure to try drugs has been greater amongst youth, and there has never been a time when the need to address it has been more pressing.

Narconons operate in many countries around the world, delivering internationally recognized drug education and rehabilitation programmes. Here Narconon has been delivering prevention drug education to schools across the U.K. since the mid-1980s and has enjoyed continuing success with its unique format.

The content of the Narconon lectures has been mostly culled from the extensive research into drugs by humanitarian L. Ron Hubbard, and is captured in the education's title: "The Truth About Drugs". Lectures are richly illustrated with real life examples, helping students learn of the actual physical and mental consequences of substance abuse and how it can affect their lives for years to come.

After each lecture, students are encouraged to write what they learned, and how it might help them.

.....  
 "I've never been tempted to try drugs because of what I learned that day."  
 — *Attendee of a Narconon Lecture delivered by Noel Nile*  
 .....

"I know a lot more now and I won't be as naive in the future," wrote one student who attended a Narconon drug education lecture.

"This was good," said a student after another lecture, "because it made sure we understood everything that was said in a non-biased way."

"You can tell people what you have learned and tell people that drugs are BAD," another student remarked.

"It shows real life drug problems rather than just facts, so it makes you think a lot more," said another.

These and thousands of other comments like them over the years are the routine result of the Narconon drug education lectures.

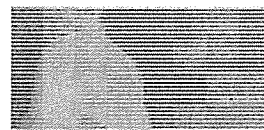
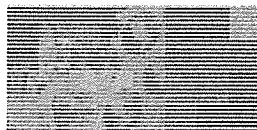
With the vast amounts of money involved in the illegal drug trade — now said to be the third largest industry in the world — customs officers, police and other law enforcement agencies are stretched to the limit by the rising tide of drug use.

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**Crime and punishment****Alarm in prisons at Scientology drug cures aimed at inmates**

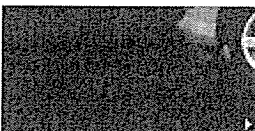
- Officials unable to stop advice sent to inmates
- Experts criticise sauna and vitamin therapies

**Diane Taylor and Hugh Muir**  
**Tuesday November 15, 2005**  
**[The Guardian](#)**

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The Prison Service has warned that activists linked to the Church of Scientology are targeting offenders in British jails with unauthorised anti-drug and education programmes. Narconon, the drug detox and rehab programme developed by Scientology founder L Ron Hubbard, and Criminon, his drugs education and rehab programme, are both being offered to prisoners through correspondence courses. Though officials frown on the programmes, they are unable to stop the practice because they cannot justify tampering with inmates' mail in these circumstances.

Narconon is also under fire for its drug treatment programmes within the community. The group advocates that cocaine users detox by spending five hours a day in saunas and ingesting large doses of vitamins to cleanse the body of narcotics. But health experts and drug charities have told the Guardian that there is no scientific basis for the programme personally developed by Hubbard.

In an internal memo, Martin Lee, head of the Prison Service's drugs strategy unit says Narconon has been making direct and indirect contacts with prisoners. "An assessment by the drugs strategy unit of the Narconon correspondence course, which I understand is offered to prisoners, concluded that the course did not fulfil the requirements of 'what works' principles nor would it qualify as an accredited or validated programme," he says.

He notes that Narconon offers courses free of charge but adds. "It is important, however, to ensure that any proposed intervention, whether free or not, is compatible with the existing treatment strategy and fit for purpose."

The Prison Service has taken legal advice about the prospect of intercepting inmates mail relating to Criminon but has been told those powers only apply in situations which involving

[Tories demand inquiry into criminal records row](#)

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national security, prevention of crime or the maintenance of discipline.

The separate controversy over the charity's detox programme relates to treatments available at its base in St Leonard's on Sea in East Sussex where residents pay £15,000 for an average three to four month stay. Literature for the controversial detox programme says drug residues can remain in the system for years but can be expunged by treatments combining exercise and vitamins with lengthy sessions in the sauna. The organisation's US website says: "Exercise that produces circulation of blood deep into the body followed by long periods of time spent in a dry sauna at low heat, has produced amazing detox results. Even cocaine users who had not used for many months have experienced beneficial detox from cocaine while in the sauna."

But experts have told the Guardian that the programme does not bear scrutiny. Release, the national drugs and legal advice charity said: "We are not aware of any recognised scientific evidence base to support the detoxification techniques described in the Narconon literature we have seen."

Rosie Brocklehurst, director of communications at Addaction, said: "We have concerns about the Narconon centre. We know that cocaine produces strong psychological cravings, treating them in a sauna is ridiculous." Narconon has also faced criticism for its attempts to work in schools. Two education authorities, Trafford in Manchester and Tower Hamlets in east London, confirmed to the Guardian that their schools have been warned not to allow the charity access to classrooms.

Though popular with celebrities including John Travolta and his wife Kelly Preston, Tom Cruise and Kirsty Alley, a Narconon patron, Scientology has a controversial past. In 1984 at the high court Mr Justice Latey said: "Scientology is both immoral and socially obnoxious. It is corrupt, sinister and dangerous. It is corrupt because it is based on lies and deceit."

At the St Leonard's centre, Narconon director Jim Mulligan insisted that critics have an axe to grind. "If you are successful, you will get knocked," he said.

He said the programme deserves and may seek NHS funding, adding: "I wish the people criticising us would talk to our graduates."

Dominique Cook, a fellow director, said she had seen addicts transformed.

A Criminon spokeswoman said they ran a number of courses. "None of them have been inspected by the Prison Service," she said. "Next summer we will have been delivering our courses into UK prisons for 10 consecutive years. We have helped thousands of inmates, according to their own testimonials."

**Special report**  
[Drugs in Britain](#)



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## Spot the difference

Website copying may be widespread, but there are some simple measures you can take to protect your copyright. Chris Alden explains  
[More net news](#)

**Chris Alden**  
**Guardian**

**Thursday March 1, 2001**

Mike Slocombe, the designer and creator of [Urban 75](#), isn't the type you would expect to get agitated about the rights of the copyright holder.

He wears dreadlocks. He opposes legislation that threatens individual freedom of expression. He won't accept banners, tie-ins or ads on his site, funding it instead through freelance web design. But when Slocombe discovered last month that an organisation in the US had built web pages that looked like his own, even he was put out.

"I got emails from people in America saying, 'Are you involved in this site, or did you design it?' So I took a look, and shrieked in horror as I saw what looks like my site."

Parts of the [pages in question](#) - published by Narconon, a drug treatment programme in the US - were, Slocombe says, a close match to earlier designs on Urban 75. The look and feel were confusingly similar. Certain graphics were identical. Sections of code - including, Slocombe points out, JavaScript for a pop-up window not used on the Narconon pages - were almost identical.

Even phrases were remarkably similar, Slocombe says. A Google search on the Urban 75 catchphrase - We are entirely non-profit, no banners, no tie-ins, no ads - returned only Narconon, Urban 75 and sites linking to Urban 75.

The main difference, it seems, is ideological. Urban 75 offers information about drugs without condemning their use, but Narconon actively promotes treatment of addiction through techniques developed by L Ron Hubbard, the founder of the Church of Scientology.

Slocombe alleges that a copyright violation had taken place -

but Gary Smith, Narconon's executive director, in an email to Online, said he "does not believe the websites in question include any copyright infringement".

The question of copyright on the internet is complex. "It's widely recognised," says Michael Chissick, the head of the online law team at Field Fisher Waterhouse, "that most things on a website - the software, text, photos, music, film - are copyright-protected works."

But it is normal practice for developers to, say, look at each other's code to educate themselves. Any page can be viewed as source code (a function in all browsers) or even copied (offline viewing, again a function in later browsers). A simple email of thanks will usually suffice.

It is also permissible to copy work if it is not a "substantial" portion of protected work, qualitatively speaking, or if it is not original. Work may also be explicitly placed in the public domain - free graphics libraries are available to developers, often in return for a link or a credit.

Despite such resources, copying is widespread, as the Lancashire designer Julia Hurst of spreadtheworld.com can testify. The man whom she says ripped off her site even advertised in the magazine of her local chamber of commerce.

"There was an advert for a web designer setting up three or four miles from me. I went to have a look at his site - and found it was my site.

"It looked different, but the words were verbatim. It was lifted wholesale, even to the extent that where he'd copied one page he'd put his pictures in but left my text."

She solved the problem by sending an email complaint - not only to her rival, but also to the local chamber of commerce and her ISP. The site was down within a few days.

If email doesn't do the trick, headed paper might. When a site in America copied whole pages from her site, Hurst asked her solicitor to write a letter. "They'd copied whole pages and put at the bottom 'Reproduced by kind permission of' - which gave them credibility, when courtesy was one thing they'd never extended me. That one the lawyer's letter sorted out."

But in the end, says Chissick, you need to be prepared to back up your claim. "If you haven't much money, the first thing you should do is write. If that doesn't work, your only real recourse is the courts - and that's what they're there for."

It helps if you are well known. If many people can vouch for the fact that they saw your website at a certain date, or if screengrabs appeared in the press, that will be better proof than computer records that might more easily be fabricated.

But while a copyright case in the same country might not be too problematic, says Chissick, things could be more challenging overseas. It is usually the law in the country in which the website is hosted that will apply.

"As always with the internet, there's a difference between what the law says - thou shalt not copy somebody else's copyrighted work - and the practice."

The good news is that most countries are signatories to the Berne convention, which requires states to recognise "moral rights of integrity and attribution". But the law may still vary from place to place. In the US, the 1998 Digital Millennium Copyright Act says an online service provider must take down a website if you allege it violates your rights - or become liable for damages.

Slocombe, a long-standing opponent of tough legislation such as the Criminal Justice Act and the RIP Act, describes this law as open to misuse, because protest sites that can't afford to fight legal claims could end up being intimidated.

But if the website declares it will defend itself against your claim, you have just 10 days to bring a case - or the service provider must put the site back up. So you have to be prepared.

The problem for a one-man show such as Urban 75 is that hardball is an expensive game to play. The Church of Scientology, famously litigious, has been an aggressive defender of its online copyright.

So Slocombe used a radical tactic: posting comparisons of the two sites on Urban 75, plus a section (later removed) inviting his readers to email concerns to Narconon and its service provider, Earthlink.

Earthlink has not replied to either the Guardian or, we understand, Urban 75. The company was founded by a Scientologist, Sky Dayton, although it has distanced itself from the church.

Narconon, it appears, did get a reply. According to Smith's email, "Earthlink did not see that there was any problem with the Narconon websites". The ISP, he adds, was "very concerned about the number of unsolicited emails that Narconon and Earthlink were receiving at the request of Urban 75."

But Urban 75 has won small victories. Narconon took down the "no tie-ins" phrase the day Slocombe wrote to them. They tweaked the graphics - replacing the orange chevrons first with an orange blob, then yellow arrows. They eventually removed the JavaScript function. Narconon made such changes, Smith says, because it "wanted to resolve all concerns amicably".

Small victories, but valuable to Slocombe, a man wedded to his online obsession. "I don't want people confusing my work with theirs."

#### **How to protect copyright online**

Companies have responded to copyright protection requirements by offering digital rights management services, which attempt to track copyrighted work on the net. Examples include [www.siteprotector.com](http://www.siteprotector.com) and [www.contentguard.com](http://www.contentguard.com).

To prove copyright in graphics, digital watermarking has been

built into image manipulation programs such as Adobe PhotoShop. You buy into the service from a company such as Digimarc, and they will give you a watermark to use on your images. Under the US Digital Millennium Copyright Act, interfering with such watermarks or other anti-copyright devices will create copyright liability. Although not having it does not mean you aren't protected, it is always a good idea to put a clear copyright notice on your site. A licence or disclaimer telling users they are welcome to make copies for personal, but not commercial use, is typical.



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### Narconon UK

Narconon has been a registered charity in the UK since 1974 (registered charity No. 267386). Since that time it has delivered [drug education](#) programmes nationally.

In 2005 the first residential Narconon drug rehabilitation centre was opened in the UK in St. Leonards-on-Sea.

If you have or know someone that needs help with a drug or alcohol problem please phone 0800 169 4803 to arrange a personal consultation.

[View our residential drug rehabilitation centre.](#)

### Narconon world wide

Narconon centres around the world are educating hundreds of thousands of people and rehabilitating thousands of addicts. The Narconon programme is a non-profit public benefit organisation dedicated to eliminating drug abuse through prevention, education and rehabilitation.

The Narconon network consists of over 190 rehabilitation and drug prevention centres around the world. Our rehabilitation centres produce graduates, whom have demonstrated they can live stable, ethical, productive, drug-free lives. The Narconon drug prevention centres educate hundreds of thousands of people each year with live presentations and bring the truth to many more through video presentations and written materials.

The Narconon drug rehabilitation programme is an entirely drug-free social education programme. The key to the success of the Narconon programme is the Drug Rehabilitation Technology developed by author and humanitarian, L. Ron Hubbard. This methodology has been used successfully by hundreds of thousands of people around the world to rid themselves of the need for drugs and to regain control of their lives.

The Narconon drug prevention and education programme takes a comprehensive approach to preventing drug use through effective educational programmes with school children, parents and educators, training for leaders and professionals, and broad information campaigns.

Narconon International, the administrative and promotional international coordinating office in Hollywood, California, was formed up long after the network of individual Narconon centres had existed. With dozens of staff speaking many languages, Narconon International licenses new centres worldwide. Beyond providing managerial expertise to the network, its senior function is to monitor and support the highest level of technical and administrative excellence. The International office has also spearheaded drug



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education delivery and other drug prevention events to hundreds of thousands of students around the world. Supporting the office is Friends of Narconon International, whose staff have produced and distributed drug education videos and leaflets including "The Truth About Drugs: What is it?" and "Marijuana: The Myth". The Narconon International Science Advisory Board has also sponsored research, outcome studies, and international peer-review conferences on L. Ron Hubbard's sauna detoxification protocol, including conferences in Los Angeles in 1995, Stockholm in 1997, and Oklahoma in 2001.



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## Jobs with Narconon

Narconon U.K. is looking for productive positive and willing personnel for our residential facility in Hastings. No prior experience necessary. We will get you trained to work for the most successful, private rehabilitation programme in the world. Narconon UK forms a part of an international network of 40 centres around the globe.

Help us bring effective results for those individuals whose lives have been shattered by drug and alcohol addiction.

If you decide to be part of our team we can provide you with the best working environment as well as board and lodgings. Please contact us for current information on job openings.

Please let us know if you have any expertise in any of the following areas:

- Office Administration
- Public Relations
- Counselling
- Legal working Matters
- General Maintenance
- Medical
- First aid
- Cooking
- Gardening

Here is what some of our staff have to say about being part of the Narconon Hastings team.

"As a staff member at Narconon I have one of the most remarkable and satisfying jobs a person can have. I help people who have been dragged down by the perils of drugs to climb back up the ladder to a life we all take for granted.

It has been a journey likened to climbing Everest, but to be there giving people the footholds they need to reach the top and be free from the ravages of drugs is a feeling and job like no other. To help a person get their life back and be with them along the way sharing their wins and progress is something I can never tire of. It's a career as different and varied just like the people who come here. "

Matt H. Course Supervisor Narconon Hastings

"I came to Narconon to get help out of my drug addiction in February 2006. I graduated on the 1st of September the same year, then I became a staff member. Personally I find it very rewarding to be working for the place that saved my life. I really enjoy being there for the students and helping them to progress through their course.

The main post that I do is to help people who are reaching out to be helped. I listen to many members of the public everyday and I try to bring them to an understanding that there is hope and I play a part in giving these people that hope. I could not want more from a job.

I really enjoy working with people who are dedicated and devoted to helping others and saving lives. That is what we do and that is what I do, SAVE LIVES. "

Allan S. Intake Counsellor Narconon Hastings

For more information call: 01424 42 00 36 and ask for the "Department of Personnel and Communications"



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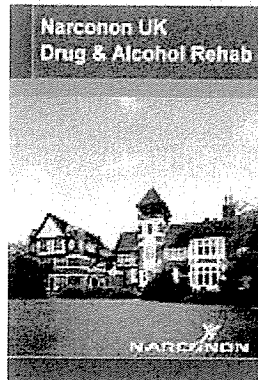
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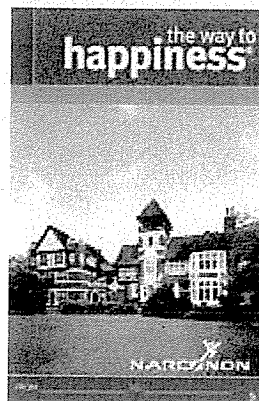
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## Narconon St. Leonards-On-Sea



Our **residential drug rehabilitation centre** is located in St. Leonards-on-Sea, near Hastings and provides space for 40 students. The fully trained staff approach each student as an individual with the care and support necessary to ensure they make it through the programme.

This Tudor mansion provides the perfect distraction free environment for students to progress through the programme. In the relaxed and comfortable atmosphere many friendships are built between students. Facilities include a small gym, pool room, sun lounge, TV and video room, all based in beautifully kept gardens. See our [photo gallery](#).

## Narconon St. Leonards-On-Sea Grand Opening

The Grand Opening of Narconon St. Leonards-on-Sea took place on March 5th, 2005. Daniel Galvin Jr., hair colourist to the stars, was the first speaker. He completed the Narconon programme in the U.S. five years ago and described, quite emotionally, how it saved his life.



Said Daniel: "Through drugs I had lost everything--the people I loved, my integrity, my work group, everything! Since doing the Narconon programme with the sauna and courses under my belt, it has allowed me to earn back my integrity, make up the damage to the people I had hurt, and really achieve my optimum business and social objectives."

Geoffrey Davis, Chairman of the National Drug Prevention Alliance, validated the accomplishments of the Narconon® network over the years and his joy in seeing this new facility opening. "The charity I represent, the National Drug Prevention Alliance, has followed and morally supported the journey to today's Narconon St. Leonards-on-Sea opening with interest and admiration." In fact, he was so impressed with the programme that he expressed an interest in



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setting up a Narconon centre in his own five-bedroom house!

Andrew Loog Oldham, former manager of the Rolling Stones, shared his story: "I was about three weeks away from dying when I met some very special people who helped me get well enough to do the detoxification programme, part of the method used by the Narconon centres. The programme was an amazing experience for me personally. It was a glorious seven weeks as the acid came out first, followed by the coke, morphine derivatives, and inoculation poisons, as well as the suntans and all the drugs of life."

A plaque was presented to Mike Holland, a community leader and the landlord of the building, for all the help he had given. He spoke about the very big changes he has seen in his son, who is currently on the program. His plan is to set up a foundation in Brighton to be able to enrol people at Narconon St. Leonards-on-Sea.

Stuart Earle, Mayor of Bexhill, ([speaking on behalf of the Mayor of Hastings](#)) said, "I feel extremely humble and very emotional when I have seen the successes that have been displayed here today... Thank you for bringing me into your world because I was unaware, and I feel very proud to stand here today and say welcome." He also admired the professional building restoration and plans to bring colleagues from his Council and members of the Rotary Club to visit. Two Members of Parliament, including the MP for Brighton, attended as well.



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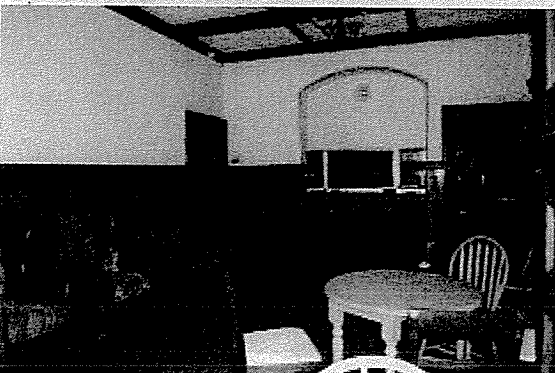
## Narconon Photo Gallery



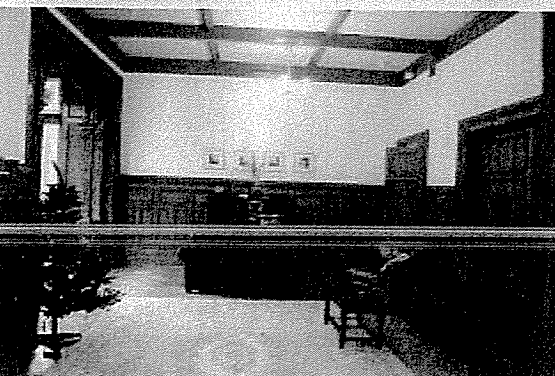
Narconon,  
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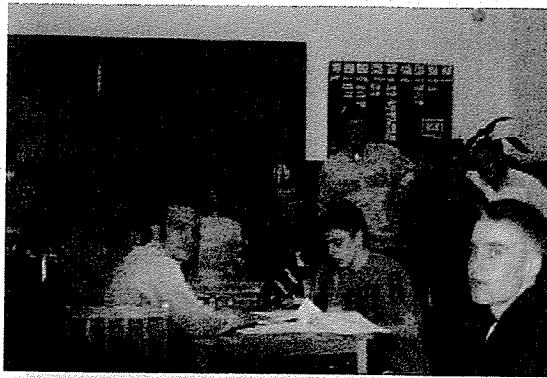
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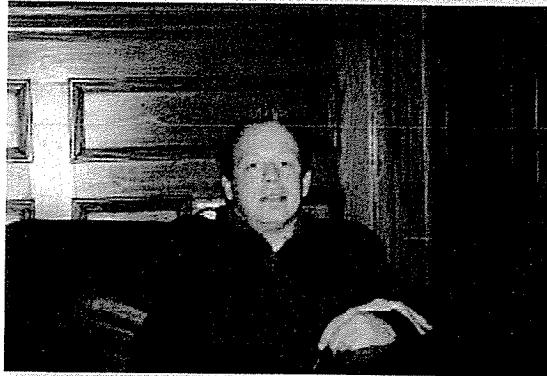
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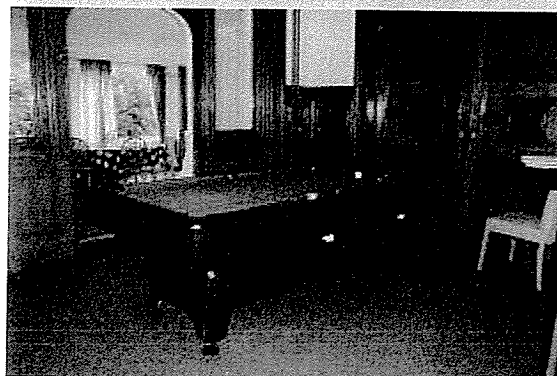
Students in the course room



Matt - Narconon course room supervisor



Students in the Sauna



Pool Room



Dining Room



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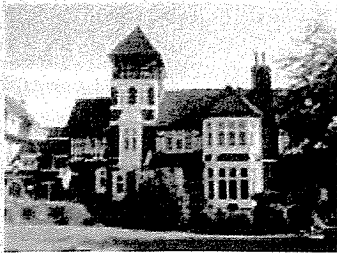
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**NARCONON**  
UNITED KINGDOM

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To contact us by e-mail:  
[we.help@drugrehab.co.uk](mailto:we.help@drugrehab.co.uk)

or use the form below

Your First Name

Your Last Name

Your e-mail address

Telephone or if none  
Mobile

Mobile / Cell phone /  
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Town/City you live in

If not in the list

Country if not UK

Person you wish to help

☐ self ☐ other

If other, who are you concerned about?

Name



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**Relationship**

**Does the addict want help?**

☐ yes    ☐ no

**Drugs abused**

**Best time to reach you**

**Any question or details?**

[Submit](#)

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**Narconon UK**  
**Cable Ne Ferne**  
**2 Albany Road**  
**St Leonards on Sea**  
**East Sussex**  
**TN38 0LN**  
**Telephone: 01424 420 036**

[Map to find Narconon UK](#)



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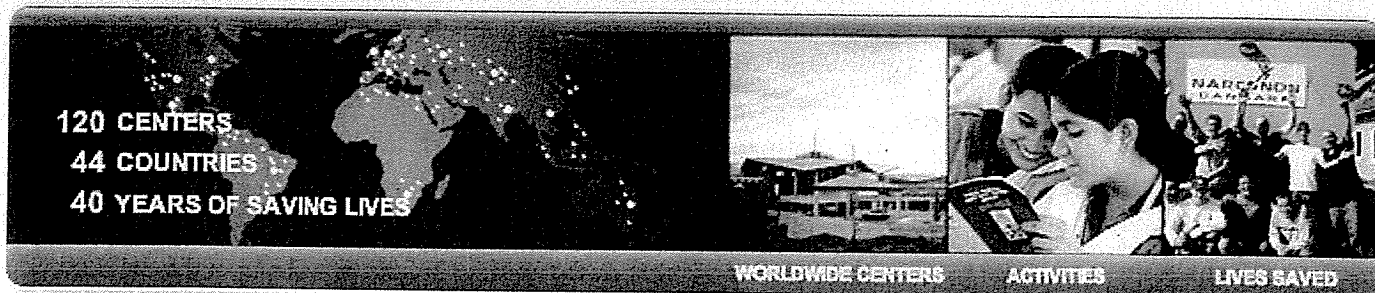
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## Welcome to Narconon International!

Narconon is a non-profit drug rehab program dedicated to eliminating drug abuse and drug addiction through drug prevention, education and rehabilitation.

The Narconon network consists of over 100 drug rehab and drug prevention and education centers around the world.

Our rehab centers and programs produce graduates, the majority of whom have demonstrated they can live stable, ethical, productive, drug-free lives.

The Narconon drug prevention and education centers educate hundreds of thousands of people each year with live presentations and bring the truth to many more through video presentations and written materials, thus reducing and eliminating drug addiction and abuse.

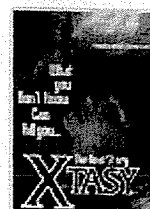
**For immediate help with an alcohol or other drug problem, call 1-877-947-5900.**

**For outside the U.S. visit our worldwide directory to contact a center near you.**

## DRUG REHAB HELP

**877-947-5900**

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**Xtasy, The Real Story:**  
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**10 Things Your Friends  
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## DRUG REHAB & DRUG ADDICTION TREATMENT

Program Description - Research Studies - Narconon First Step Program - New Life Detoxification

## PARENT CENTER

How To Talk To Your Kids - Drug Education Booklets - Signs & Symptoms - More Information - Get Help

### THE HISTORY OF NN



**FOUNDER  
WILLIAM BENITEZ**

Founder William Benitez  
Source of Methodology - L. Ron  
Hubbard  
History of the Narconon Network  
Support For The Narconon Program

### NARCONON NEWS



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Narconon Hawaii

### DRUG INFORMATION



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Marijuana	Cocaine
Meth	Alcohol
LSD	Oxycontin
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Drug rehab centre servicing England, Scotland, Ireland and Wales.

### **Narconon Hastings**

Caple Ne Ferne  
2 Albany Road  
St. Leonards-on-the-Sea, East Sussex  
England TN38 0LN  
Phone: 44 1424 436 065  
Toll Free: 0800 169 4803

Email: [info@drugrehab.co.uk](mailto:info@drugrehab.co.uk)  
Website: [www.drugrehab.co.uk](http://www.drugrehab.co.uk)

The Narconon Hastings drug rehab centre is located on the southeast coast of England near the historical town of Hastings. The fully trained staff approach each student as an individual with the care and support necessary to ensure they make it through the programme.

Narconon Hastings is housed in a beautiful Tudor mansion that provides the perfect distraction-free environment for students to progress through the programme.

Narconon Hastings, England, drug prevention and rehabilitation treatment center -- grand opening 2005 The Grand Opening of Narconon Hastings took



place on March 5th, 2005. The Executive Director introduced the first speaker, Daniel Galvin Jr., hair colourist to the stars. He completed the Narconon program in the U.S. five years ago and described, quite emotionally, how it saved his life.

Said Daniel: "Through drugs I had lost everything--the people I loved, my integrity, my work group, everything! Since doing the Narconon program with the sauna and courses under my belt, it has allowed me to earn back my integrity, make up the damage to the people I had hurt, and really achieve my optimum business and social objectives."

### **ADDITIONAL LINKS**

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East United States Centers  
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Narconon Canada Centers  
Narconon Latin America Centers  
Narconon Africa Centers  
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Narconon® network over the years and his joy in seeing this new facility opening. "The charity I represent, the National Drug Prevention Alliance, has followed--and morally supported--the journey to today's Narconon Hastings opening with interest and admiration." In fact, he was so impressed with the program that he expressed an interest in setting up a Narconon center in his own five-bedroom house!

Andrew Loog Oldham, former manager of the Rolling Stones, shared his story: "I was about three weeks away from dying when I met some very special people who helped me get well enough to do the L. Ron Hubbard detoxification program, part of the method used by the Narconon centers. The program was an amazing experience for me personally. It was a glorious seven weeks as the acid came out first, followed by the coke, morphine derivatives, and inoculation poisons, as well as the suntans and all the drugs of life."

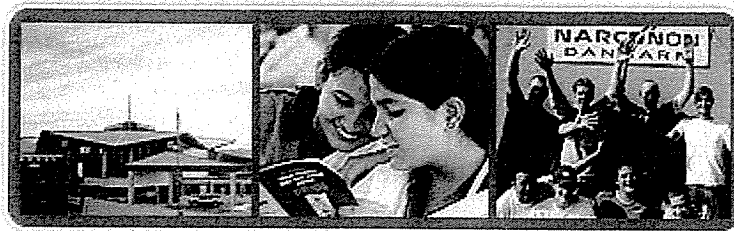
A plaque was presented to Mike Holland, a community leader and the landlord of the building, for all the help he had given. He spoke about the very big changes he has seen in his son, who is currently on the program. His plan is to set up a foundation in Brighton to be able to enroll people at Narconon Hastings.

Stuart Earle, Mayor of Bexhill, (speaking on behalf of the Mayor of Hastings) said, "I feel extremely humble and very emotional when I have seen the successes that have been displayed here today... Thank you for bringing me into your world because I was unaware, and I feel very proud to stand here today and say welcome." He also admired the professional building restoration and plans to bring colleagues from his Council and members of the Rotary Club to visit. Two Members of Parliament, including the MP for Brighton, attended as well.



For more information on Narconon Hastings please visit their website at [www.drugrehab.co.uk](http://www.drugrehab.co.uk)

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